



MOSH PERFORMANCE CENTER

We are all excited to provide opportunities for practice and competition at the MOSH Performance Center. In order for us to provide a safe environment to our participants, coaches, spectators and employees, we all need to respect and adhere to these guidelines. Please follow our recommendations to help ensure we can continue to provide these opportunities!

GUIDELINES FOR ATHLETES

- MASKS ARE MANDATORY for all players at all times.
- Players should use their own equipment.
- Players are asked to keep their gear and equipment separated from other teammates.
- We recommend players wipe down their equipment with disinfecting wipes after practice/competitions.
- Players should maintain 6 ft and avoid contact with teammates/opponents as much as possible throughout practice/competition to the extent the game allows.
- Prior to arrival at the MOSH Performance Center, players should be checked by a parent for a fever or any symptoms of COVID.
- In the event a player has symptoms of COVID, they should seek medical attention and follow the guidelines set forth by their doctor and the CDC.

GUIDELINES FOR COACHES

- MASKS ARE MANDATORY for coaches at all times.
- Coaches should refrain from giving players high fives and handshakes with opposing coaches or officials.
- Coaches should limit drills that involve players touching or coming in close contact with each other at practice.
- Coaches are asked to help remind players to follow social distancing guidelines.
- If a player is showing shortness of breath, lack of energy, coughing or other symptoms of COVID, we ask that coaches ask a parent to assess the athlete and seek medical attention.

GUIDELINES FOR SPECTATORS AND PARENTS

- MASKS ARE MANDATORY for all parents and spectators.
- Parents and spectators are encouraged to observe social distancing guidelines and maintain 6 feet between others.
- Parents and spectators should complete a self assessment including checking for a fever prior to attending any functions at the MOSH Performance Center
- If a parent or spectator is experiencing any symptoms of COVID, they should not attend any functions at the MOSH Performance Center until they have been cleared by their local health official to do so.

SUSPECTED AND CONFIRMED CASES

In the event a player, coach or spectator experiences symptoms of COVID19 (including but not limited to cough, fever, shortness of breath, etc.) please immediately isolate and seek medical care.

If a player, coach or spectator does have a confirmed case, please contact your local health official.