



KONDOS ICE HOCKEY LEAGUE

CHILD SAFE STANDARDS GUIDE FOR TEENS

Three Important Messages

The **three key messages** to always keep in mind are:

1. Kondos Ice Hockey League should be fun, safe, and enjoyable
2. You should never feel uncomfortable around others in the Kondos Ice Hockey League, particularly adults
3. If you don't feel safe or comfortable, **it's okay to speak up.** We want you to **tell an adult that you trust** – whether that's your Mum or Dad, guardian, captain, committee member, or another member of your Kondos Ice Hockey League club or family

Your rights

We believe that all kids involved in our sport should:

- Feel comfortable;
- Feel safe;
- Have a right to contact your parents/guardians or others if you feel unsafe, uncomfortable or distressed at any time when you are involved in the Kondos Ice Hockey League;
- Be provided with clear directions and given the chance to positively change your behaviour if Kondos Ice Hockey League staff, coaches, volunteers or officials believe that you have broken any rules or policies or you have misbehaved;
- NOT be subject to disciplinary action involving verbal or physical punishment, or any form of treatment that could reasonably be considered cruel, frightening, humiliating or like you are being put down; and
- Contribute suggestions or feedback about the Kondos Ice Hockey League.



Our Commitment to you in Kondos Ice Hockey League

Kondos Ice Hockey League now has a Child Safety Policy that aims to make sure you are protected from harm. When involved in [sport/activity], we want it to be enjoyable for everyone. So, we'll try to make sure that activities are suitable for your age and development and are led by qualified people.

Kondos Ice Hockey League commits to:

- Doing our best to make sure that you are protected from harm;
- Trying to make sure that **you are not alone** with staff, coaches, volunteers or officials where they can't be seen by other adults;
- Trying to make sure that **Kondos Ice Hockey League staff, coaches, volunteers and/or officials stay within their role**. This means that they cannot be employed for looking after you or visiting you at your home unless with the permission of your Parent/Guardian. They are not allowed to friend you on Facebook, take photos or footage of you for Instagram, YouTube, Snap Chat or other forms of social media unless they are doing this through official club communication channels with the consent of your parent/guardian.
- **Communication between you and coaches, officials and volunteers** in our sport must be regarding your involvement in Kondos Ice Hockey League unless your Parent/Guardian has given their permission for you to have contact with them at a particular time;
- **Guiding teens fairly, respectfully and appropriate to their age and background;**
- **Reporting and responding to any incidents** of abuse or neglect towards teens involved in Kondos Ice Hockey League.
- Where and when possible, our **Kondos Ice Hockey League staff, volunteers and officials wearing a uniform and/or having an appropriate name badge visible** on when on duty.



What to do if you have concerns:

- If at any stage you feel uncomfortable, unsafe or worried, you should let your parent / guardian or a trusted adult in Kondos Ice Hockey League know what has happened – they will want to support you.
- All you need to do is tell someone about what happened and they will do their best to make sure that you feel safe and protected from harm.

Responsibilities of Teens in Kondos Ice Hockey League

When you are involved in Kondos Ice Hockey League, you also have some responsibilities.

These include:

- Letting a member/parent/guardian know if you are unhappy or you don't feel safe;
- Treating other participants and adults with respect;
- Following the rules when involved in Kondos Ice Hockey League;
- Remembering that there are others involved in Kondos Ice Hockey League. You are certainly free to choose your own friends. However, don't stop other teens or younger kids from enjoying and participating in Kondos Ice Hockey League; and
- Listening to others and respecting their opinions.