



Integrity Hockey League – Penalties & Suspensions

The Integrity Hockey League requires each of our participants to read and accept the Integrity Hockey League Code of Conduct, Rules Guide, and Penalty & Suspension Guide.

1 DEFINITIONS

- 1.1 Player – An individual who has signed all necessary forms, paid Integrity Hockey League dues/Rink Fees, and agreed to abide by the Integrity Hockey League Code of Conduct.
- 1.2 Substitute – An individual who is registered with the league to fill in for Players who are unable to attend their game.
- 1.3 Penalties – Penalties shall be actual playing time and shall be divided into the following classes: Minor/Bench Minor, Major Penalties, Misconduct Penalties, Match Penalties, and Penalty Shot.
- 1.4 Penalty Minute Cap - Maximum number of penalty minutes a player/substitute can accumulate in an Integrity Hockey League sanctioned event before further disciplinary actions are assessed.
- 1.5 Probation – A player/substitute who accumulates 35+ penalty minutes in any single regular + post season. This will result in the player/substitute being capped at 25 penalty minutes. Exceeding these cap results in an indefinite suspension.
- 1.6 Suspension – A player/substitute is not eligible to participate in an Integrity Hockey League sanctioned game until disciplinary actions have expired.
- 1.7 USA Hockey – National Governing Body for the sport of ice hockey in the United States.

2 PENALTIES

- 2.1 Penalties called against a player/substitute participating in an Integrity Hockey League sanctioned game will be scored according to USA Hockey Rules and Regulations. After the sanctioned game, a score sheet will be delivered to the Integrity Hockey League officials, where penalty minutes will be assessed and tallied.
- 2.2 Any player/substitutes who incurs four (4) penalties in the same game shall be immediately ejected from the game. This ejection does not include an automatic game misconduct penalty. This ejection does not include an automatic one game suspension or any additional penalty minutes recorded against the player's penalty total for the season.
- 2.3 In compliance with USA Hockey rule 601, Integrity Hockey requests that the officials ensure that profanity is not a part of the game. Please give a maximum of one warning per game, and then issue unsportsmanlike penalties as necessary.
- 2.4 Our players (Christian or non-Christian) are human beings playing a competitive sport and can get caught up in the bravado just like anyone else. Therefore, we ask that the officials issue penalties as necessary to help us maintain the highest standards to make sure we are able to better accomplish our outreach objectives through fun and safe play.
- 2.5 Each Player/Substitute participating in an Integrity Hockey League sanctioned event shall have a Penalty Minute Cap where disciplinary actions will be assessed.
- 2.6 Once the penalty minutes have been calculated, each player/substitute will be evaluated against the Penalty Cap Guidelines. These guidelines are presented to each player prior to registering with the Integrity Hockey League, but the Integrity Hockey League reserves the right to modify the Integrity Hockey League Caps at any time reasoning its sole discretion. Captains will be made aware of any modifications.
- 2.7 The Player Penalty Caps for Integrity Hockey League leagues as of this date are:
25 minutes – One game suspension
35 minutes – Indefinite Suspension
- 2.8 Once a player reaches or exceeds the season suspension penalty cap, that player is suspended for the remainder of the current season and is **not eligible to receive a refund**.





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All Players suspended for the season must submit a written petition requesting to be readmitted to the league. The Commissioner/Chaplain Team will review the petition and will vote by majority whether to recommend to the President if the player is to return to the subsequent season. The Commissioner/Chaplain Team will make a ruling within 30 days after receipt of petition.

- 2.9 In addition to the possible suspension(s) as a result of the aforementioned penalty cap, the Commissioner/Chaplain Team has the authority to recommend additional action(s) involving the Player(s), Captain(s), and/or team(s) that are involved in any matter(s) identified within this document and/or USA Hockey guidelines. The recommendations are made to the President of the organization, who has authority to approve them.
- 2.10 Penalty minutes carryover from the regular season into the post-season. All penalty minutes accumulated expire once the regular and post-season is over.
- 2.11 Any Player/Substitute who receives a 5-minute major for fighting will be suspended for the remainder of the current season and is **not eligible to receive a refund**.
- 2.12 Regarding divisions C1, C2, C3, D1 & D2, no player is eligible to score more than three (3) goals per game, including OT, in both regular season and playoffs. If a player scores a fourth (4th) goal in a game, the player who scored the goal is assessed a 2:00 minor penalty for unsportsmanlike conduct and results in an End Zone Face-off.

This does not apply to the B division. If a player scores more than three (3) goals in a single game, there shall be no disciplinary action applied to that player.

- 2.13 Regarding divisions C1, C2, C3, D1 & D2, A seven (7) goal lead shall be considered ‘safe’ in the final five minutes of the third period. In the final five minutes of the game, if any player/substitute of the team scores a goal that results in a goal differential in excess of seven (7) goals, the player who scores the goal receives a 2:00 minor penalty for unsportsmanlike conduct and results in an End Zone Face-off.

This does not apply to the B division. If a player scores a goal resulting in the lead to be in excess of 7 goals, there shall be no disciplinary action applied to that player.

3 SUSPENSIONS

- 3.1 Suspension Guideline:

Infraction	IHL	USA Hockey
Game Misconduct	-	1 game suspension
2 nd Game Misconduct	1 game suspension	1 game suspension
3 rd Game Misconduct	Indefinite suspension	-
Match Penalty	-	Indefinite until hearing
25 Penalty minutes in current season	1 game suspension	-
35 Penalty minutes in current season	Indefinite suspension	-
Past due registration fees	Indefinite until paid	-
Fraudulent registration information	Indefinite until resolved	-
Fighting	Indefinite until hearing	-

- 3.2 If a player/substitute exceeds a penalty minute cap and receives a game misconduct that player shall receive multiple suspensions. For example, if the player is given a 10 minute Game Misconduct and those 10 minutes cause the player to exceed the 25 PIM cap, the player will be suspended for a number of two (2) games; one (1) game for going over the penalty minute cap, and one (1) game for the game misconduct.
- 3.2.1 Any penalty minutes resulting from a Game Misconduct do not count against the cumulative season penalty minute total.





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- 3.2.2** A Game Misconduct Penalty results in an automatic suspension from USA Hockey. A second Game Misconduct penalty will result in both a one game suspension from USA Hockey and a one game suspension from the IHL. If a player receives three Game Misconduct Penalties in one season (including playoffs), it will result in an indefinite suspension from the IHL.
- 3.3 Any player/substitute who receives a suspension will begin serving that suspension(s) at the next scheduled Integrity Hockey League game for the respective division in which the suspension was earned. Any player who attempts to participate in any Integrity Hockey League game while suspended is subject to further disciplinary actions including possible season suspension. In addition, suspension period(s) not fulfilled will carry over into subsequent season(s).
- 3.4 If a player is subbing for another team and receives a penalty warranting a suspension, that player must serve the suspension missing a game with their full-time team, not the team they were subbing for.
- 3.5 All Players suspended for the season must submit a written petition requesting to be readmitted to the league. The Integrity Hockey leadership council will review the petition and will vote by majority whether or not to reinstate the player for the current season. A ruling must be made within 30 days after receipt of petition.
- 3.5.1 The petition for Reinstatement form can be found on the Integrity Hockey League website under the Forms and Requests page.
- 3.6 Integrity Hockey League reserves the right to issue any player a suspension at will. The suspensions will be evaluated on a case by case basis and will be based on the severity of the misconduct.

