



**BRITISH COLUMBIA  
FOOTBALL CONFERENCE**

# **RULES & REGULATIONS 2026**

# BCFC RULES AND REGULATIONS May 2026

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# BCFC RULES AND REGULATIONS May 2026

## **BRITISH COLUMBIA FOOTBALL CONFERENCE**

### **Rules and Regulations**

**Revised May 2026**

These Rules and Regulations relate to the administration and day to day operations of the British Columbia Football Conference ("BCFC" or the "Conference") and the operation of its sanctioned pre-season, regular season and play-off games.

Situations not covered by these Rules and Regulations shall be referred to the Elected Directors. Their rulings shall be binding and remain in force until the **next revision of the Rules and Regulations**.

Inter-Conference Play-Off Games will be governed by the Rules and Regulations of the CJFL.

***The British Columbia Football Conference offices will be closed from Dec 15 to January 4. All timelines will be adjusted to represent this time if required.***

### **PROCEDURE TO AMEND THESE RULES AND REGULATIONS**

Proposed additions, amendments and/or deletions must be passed by a 75% majority of the Board of Directors of the BCFC.

Proposals for changes to existing Rules and Regulations must be:

- a) Submitted in writing at least 14 days in advance of the Board of Directors Meeting prior to the Annual General Meeting of the BCFC and
- b) Signed by a minimum of two team and/or elected or appointed directors.

The existing rules and regulations shall remain in force until the conclusion of the current playing season. Additions, amendments, and/or deletions will be considered at the Board of Directors Meeting prior to the Annual General Meeting and ratified by the membership at the subsequent Annual General Meeting.

# BCFC RULES AND REGULATIONS May 2026

## **Section One – Membership**

Categories of membership in the BCFC are:

- a) Team Member
- b) General Member
- c) Affiliate Member
- d) Corporate Associate Member
- e) Honorary Life Member

### **1.1 APPLICATION FOR MEMBERSHIP**

- a) Persons wishing to become a Member of the BCFC must apply in writing to the Conference Secretary along with payment of the applicable membership fee.
- b) Membership fee is set at \$5.00 (Five Dollars) per calendar year for General and Affiliate Members.
- c)
  - d) Membership applications will be presented for approval at the next meeting of the Directors following application for membership.
  - e) Persons must be a member for at least 60 days in order to be eligible to vote at any General Meeting.

## **Section Two - Conference Appointees and their Responsibilities**

### **2.1 OPERATING COMMITTEE**

- a) The Operating Committee shall consist of the Elected Directors and designated appointees and will be responsible for the day-to-day operations of the Conference.
- b) Communication of concerns regarding Conference Rules and Regulations and procedures must be made in writing to the Conference Operating Committee.
- c) The following committees and Conference Officials may be appointed by the Operating Committee and ratified by the Board of Directors prior to the season to undertake the prescribed duties.

### **2.2 CONFERENCE GAME COMMISSIONER**

The Conference Game Commissioner will

- a) Over-see all games sanctioned by the Conference.
- b) Receive all game reports and is empowered to investigate, rule on and discipline, if necessary, all pre, post and in-game infractions involving players, coaches and other team personnel authorized to be located in the team bench area.
- c) All discipline rulings must be forwarded to the Team President, or designate. A ruling should be delivered no later than 5.00 P.M. the Thursday following the infraction. If unusual circumstances are involved the Team President, or designate will be informed of the delay.
- d) Receive any officiating concerns and forward same to the contracted officials' association.
- e) Be responsible for the administration of Section Nine (Pre and In Game Requirements and Procedures).
- f) Provide a weekly written report during season outlining all disciplinary action taken.

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## 2.3 CONFERENCE HEAD COACH

The Conference Head Coach will

- a) determine and maintain records of coaching certification levels of member teams' coaching staffs
- b) determine trainers' levels of qualification of each member team
- c) Organize coaches, trainers, equipment personnel and players skill development clinics when appropriate.
- d) Be responsible for reviewing the Coaches Code of Ethics with all coaches in the Conference.
- e) Submit a written report to the Conference at each Conference Meeting outlining any coaching concerns and recommendations.

## 2.4 CONFERENCE REGISTRAR

The Conference Registrar will

- a) Review online registration and drug education course completion by players and coaches for each member team.
- b) Confirm registration once all requirements are complete.
- c) be responsible for the administration of Section Four (Player Recruiting, Eligibility and Registration Procedures)
- d) Review Official Game Day Roster as provided by Game Day Supervisor after each game for player and coach eligibility.
- e) A written report at all Conference meetings outlining the status for all teams.

**NOTE:** Teams will maintain and retain copies of all registration records for their team. Registration records shall be retained for 5 years.

## 2.5 CONFERENCE DRUG EDUCATION COORDINATOR

The Conference Drug Education Coordinator will

- a) Determine and maintain record of Doping Control Officer for each member team.
- b) Be responsible for administration of CJFL drug education policies.
- c) A written report at all Conference meetings outlining the status for all teams.

## 2.6 CONFERENCE STATISTICIAN

The Conference Statistician will

- a) receive and summarize the various statistical categories
- b) arrange and conduct mandatory training clinics for Team Statisticians at their discretion
- c) Forward each week a current statistical report to the Conference President, Conference Media Rep, Team Head Coaches and others as required.
- d) A written report at all Conference meetings outlining the status for all teams.

## 2.7 FIELD OFFICIALS

Field Officials will be assigned to each sanctioned game through the contracted officials' association.

All comments concerning officiating performances must be made in writing accompanied by supporting videotape clips when available, to the Conference Games Commissioner. Following review by the Conference Games Commissioner, incidents may be directed to the Evaluator of Officials for clarification and/or further action.

# BCFC RULES AND REGULATIONS May 2026

## **2.8 CONFERENCE MEDIA REPRESENTATIVE**

The Conference Media Representative will assemble and distribute Conference and team media information, game scores, statistics and other information for the promotion of the Conference.

## **2.9 CONFERENCE WEBMASTER**

The League Webmaster will maintain the league website as directed by the BCFC board of Directors.

## **2.10 CONFERENCE SCHEDULER**

The Conference Scheduler will draft the Conference game schedule and present it to the Board of Directors for approval.

## **2.11 CHAMPIONSHIP CHAIRPERSON**

The Championship Chairperson will assist teams with organizational arrangements for Cullen Cup, National Semi-Final Game and Canadian Bowl and oversee the operations of these events.

## **2.12 GAME DAY SUPERVISORS**

A Game Day Supervisor will

- a) Be the Official BCFC Witness of the game.
- b) Collect and distribute Official Game Rosters to the necessary parties
- c) Will communicate with the Game Officials – re: Game ejections when needed
- d) Submit the Official Game Report to the League Game Commissioner and copying the League Registrar as to any infractions observed in the game infrastructure along with a copy of the game day rosters

The Game Supervisor will not be responsible for:

- a) Controlling team/bench personnel or the sidelines
- b) Informing team of dress code violations
- c) Any on field game infractions/penalties
- d) The game supervisor not be required to take up a position between the team benches, they can sit in the stand or away from any bench area.

## **2.13 RULES AND DISCIPLINE COMMITTEE (This committee will not be involved in the Operating Committee or Board of Directors)**

The Rules and Discipline Committee will

- a) Consist of up to seven (7) members, but not less than five (5) members, any three of whom will be appointed to review, investigate, and when necessary, apply suitable disciplinary measures on all matters duly placed before the committee.
- b) Have up to three members present to review the assigned incident.
- c) The Conference President will maintain a list of suitable candidates eligible to serve on the Rules and Discipline Committee.

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## **Section Three – Team Responsibilities**

### **FINANCIAL**

#### **3.1 BONDS**

As of January 1<sup>st</sup>, each member team must have on deposit with the Conference a Two Thousand, Five Hundred Dollar (\$2,500.00) performance bond. Teams failing to meet this requirement will be placed on non-playing status.

Teams placed on non-playing status must satisfy all outstanding assessments and/or miscellaneous expenses by means of deductions from their bond. In the event the amount of the bond does not satisfy the amount payable by the team the Conference may undertake any measures necessary to collect the outstanding amount.

Teams terminating their involvement with the Conference shall be entitled to a refund of their deposit less any regular assessments and/or miscellaneous expenses due the Conference. In the event the amount of the bond does not satisfy the amount payable by the team, the Conference may undertake any measures necessary to collect the outstanding amount.

#### **3.2 TEAM REGULAR ASSESSMENTS**

Prior to each playing season the Directors will establish an operating budget. The budget will be funded by equal assessments payable by the participating teams.

#### **3.3 PAYMENT OF REGULAR ASSESSMENTS**

- a) Teams must pay the amount due by payments, the amount of which will be determined prior to June 1<sup>st</sup>. of the playing year. The payment dates will be July 15<sup>th</sup>, August 15, and September 15<sup>th</sup> unless otherwise directed by the conference executive.
- b) Teams unable to fulfill their payment obligation must contact the BCFC Treasurer before the payment due date.

All unpaid amounts will incur interest at the rate of three percent (3%) per month on the unpaid principal amount starting five (5) days after the due date.

#### **3.4 MISCELLANEOUS EXPENSES**

Shall consist of special assessments and/or levies, fines, football costs and other unbudgeted expenses.

#### **3.5 PAYMENT OF MISCELLANEOUS EXPENSES**

All miscellaneous expenses, including debts incurred after the season, shall be due and payable seven days after receipt of notification.

#### **3.6 PENALTIES FOR DELINQUENT PAYMENT**

Teams failing to submit payments for assessments and/or miscellaneous expenses by the due date will immediately lose all voting privileges.

# BCFC RULES AND REGULATIONS May 2026

## 3.7 END OF REGULAR SEASON DELINQUENT PAYMENT

Teams failing to submit payment for assessments and/or miscellaneous expenses outstanding forty-eight (48) hours following the completion of the last regular season game shall be placed on non-playing status unless arrangements have been made to satisfy the debt with the Conference Treasurer. It is the responsibility of the team to contact the BCFC Treasurer and/or the BCFC President. No leniency will be given to teams that do not contact the BCFC Treasurer and/or the BCFC President.

If the team fails to uphold the arrangement, the team will be placed in non-playing status.

## 3.8 ATTENDANCE AT CONFERENCE SANCTIONED MEETINGS

- a) Conference sanctioned meetings (including meetings of Head Coaches, Trainers, Statisticians, or other team personnel) must be attended by the appropriate team representative. Failure to comply may result in a five hundred dollar (\$500.00) fine.
- b) Teams may attend by telephone or video conference with express permission of the BCFC President.
- c) Team representatives ("Team Directors") will be appointed at the Annual General Meeting. Teams must also name an alternate representative at that time.
- d) If the appointed team representative is unable to attend a Board of Director meeting, he/she may send the designated alternate. *If neither attends a \$500 fine will be levied.*
- e) Teams shall have the right to be represented at any Board of Directors meeting by not more than two persons who shall not be players, trainers, or coaches of the team.
- f) At the discretion of the BCFC President an e-mail vote may be used to establish a consensus regarding operational and other non-essential matters.

## 3.9 TEAM STATUS REPORTS

- a) **CERTIFICATE OF GOOD STANDING:** The Conference Secretary will request Certificates of Good Standing from the Province of BC on May 1st. Failure to meet the requirements will result in the team not being scheduled and a motion made to the Board of Directors to place the team on non-playing status.

## 3.10 COACHING CERTIFICATION

Coaching Certification is mandatory for all coaches in the BCFC. As per CJFL Rules and Regulations Returning Coaches must be certified to the minimum CJFL requirements. Coaches who do not meet the minimum requirements are not eligible to coach. Teams not complying with the required standards will be subject to the following sanctions:

- a) 1<sup>st</sup> offence: a fine not to exceed Three Thousand Dollars (\$3,000),
- b) For any subsequent offence, forfeiture of any game in which the coach has participated.

## 3.11 COACHES INFORMATION

By June 1<sup>st</sup> each year Teams must provide a list of all coaches to the BCFC President, Registrar and Conference Head Coach.

In order to coach in the first game of the season:

- a) Coaches must have fully and accurately completed the CJFL Registration Form by June 15<sup>th</sup>
- b) Coaches must have completed CCES/CJFL Drug Education by midnight June 15<sup>th</sup>.
- c) All mandatory courses and requirements must be completed by midnight June 15<sup>th</sup>
- d) Any coach that has not completed the above will not be eligible to coach in Week 1 of the season.

# BCFC RULES AND REGULATIONS May 2026

Teams must provide BCFC President, Registrar and Conference Head Coach the names of coaches added to the team after June 1<sup>st</sup> within 7 days of them joining the Team.

Coaches added to the team after June 1<sup>st</sup> but before July 15<sup>th</sup> must complete registration, CCES/CJFL Drug Education and mandatory courses and requirements by midnight July 15<sup>th</sup>. Any coach that has not completed their registration and mandatory courses and requirements by midnight July 15<sup>th</sup> will not be eligible to coach in Week 1 of the season.

Coaches added to the team after July 15th must have completed registration, CCES/CJFL Drug Education and mandatory courses and requirements by Wednesday midnight of the week before the first game in which they wish to participate.

**Coaches who do not comply with this section are not eligible to coach in the BCFC. If a team is found to have an ineligible coach on its roster, the team may be fined up to \$3000.**

## 3.12 COACHES CODE OF ETHICS

- a) All coaches coaching in the BCFC must read the Coaches Code of Ethics and adhere to the Code of Ethics of the BCFC.
- b) Substantiated charges of unethical behaviour will result in fines and/or suspension.
- c) Unethical behaviour fines shall be a minimum of \$500 (Five Hundred Dollars) to a maximum of \$3,000 (Three Thousand Dollars).
- d) Unethical behaviour suspensions shall be a minimum of one game to a maximum to be determined by the Rules and Discipline Committee.
- e) One game suspensions cannot be appealed.
- f) BCFC Code of Ethics – **Appendix - A**

## 3.13 QUALIFIED TRAINERS

Team trainers must have, at the minimum, a current Level II First Aid by June 15 of each playing year.

Qualified trainers must be present at all practices and exhibition, regular season, and play-off games played under the jurisdiction of the BCFC. Failure to comply could result in a fine not to exceed Three Thousand Dollars (\$3000)

## 3.14 EXHIBITION GAMES

Exhibition games involving member teams of the BCFC (including out of conference opponents) must be pre-approved by the Conference President. The home team is responsible to pay the officials' costs (including travel, per diem and game fee). Both teams must supply the Game Supervisor with a Game Day Roster that lists all players and coaches participating in the game (not restricted to 55 players). The home team must upload the game film for the Conference Game Commissioner and the Officials.

## 3.15 ALUMNI GAMES

Host team must provide proof of insurance to the Conference President, two (2) weeks prior to Alumni Game.

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## 3.16 WAIVER REQUIREMENTS

Prior to participating in any team or Conference sponsored evaluation session, training camp, practice session alumni or exhibition game, all players must: sign either a Conference registration form or waiver release.

- a) Before June 1<sup>st</sup> players must sign a waiver release
- b) On or after June 1<sup>st</sup> players must be registered and confirmed.

**NO EXCEPTIONS.**

## 3.17 GAME FOOTBALLS

Each team will be required to provide two (2) brand new, properly inflated, unaltered, conference approved footballs for each home game (excluding playoffs). Three (3) footballs must be made available during inclement weather. Balls must be from the current year unless otherwise approved.

## 3.18 PLAYER INFORMATION

Player information including medical numbers must be readily available in case of emergency situations. Player information must be on the field at all practices and games.

## 3.19 NON-PLAYING STATUS

A member team may be relegated to non-playing status under terms of specific provisions of the Rules and Regulations or by a 75% majority vote of the BCFC Board of Directors. The process may be initiated by:

- a) An application filed by the affected member team, or
- b) A petition for reassignment signed by three or more Directors, or
- c) A motion placed before a meeting of the Board of Directors

The request, if approved, shall be effective for one season. Subsequent application(s) may be made to the Directors on a season-by-season basis. An application or petition must be filed and approved no later than March 1st of the current playing year. Failure to apply for playing / non-playing by March 1st will result in expulsion of the team.

Teams granted non-playing status shall retain voting rights on the BCFC Board of Directors.

Teams granted non-playing status must pay a seasonal maintenance fee in an amount equal to ten percent (10%) of the assessment levied against teams holding playing status. The noted assessment must be paid in full at the time of the first assessment payment of the other teams.

Teams granted non-playing status choosing to attend the AGM of the CJFL must underwrite all costs related to such attendance.

Teams applying for and granted non-playing status after March 1st must pay a Conference assessment equal to the amount paid by playing member teams.

Consistent with other rules governing players registration, players registered to the reassigned (non-playing) team/s, shall be declared free agents as of March 1st or the date non-playing status is approved by the BCFC Board of Directors, whichever is the latter.

For consideration for re-instatement to playing status, team must follow procedures as outlined in the BCFC Re-Instatement Policy - **Appendix - B**

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## 3.20 TEAM NAMES AND COLOURS

Requests for changes to team names, colours, logos, and uniforms must be approved by the Board of Directors before changes are announced.

Change to legal name of a team as registered under the Societies Act of BC requires that the Conference be notified in advance. Failure to do so will render team ineligible to play as team will no longer be considered registered.

## 3.21 EQUIPMENT

Teams are responsible to make sure all equipment is safe and meets current acceptable certification standards.

Teams are required to have equipment personnel who have been trained in equipment safety standards.

## **Section Four - Player Recruiting, Eligibility and Registration Procedures**

### 4.1 PLAYER ELIGIBILITY

To be eligible for play in the BCFC players must be:

- a) Within the age limits as set by the Canadian Junior Football League (CJFL).
- b) A Canadian citizen or Permanent Resident of Canada or eligible as per CJFL Rules. Proof of residency and birthdate shall be Canadian Birth Certificate, Canadian Citizenship documents, Canadian Passport, Permanent Resident Card or documentation as set by the CJFL.
- c) Not registered to another CJFL team.
- d) Registered by midnight Wednesday in advance of playing his first Conference game in compliance with Clause 4.4.
- e) Not under suspension or ineligible for any other reason.
- f) If a player on a CJFL/BCFC Protected List chooses to play in or dresses for a game in any Conference deemed to be equal to or greater than the CJFL in calibre after September 15<sup>th</sup>, that player will be ineligible for further participation during that season.

### 4.2 INELIGIBLE PLAYERS

Should a team include on their Game Day Roster, dress or play a player who is not eligible, the offending team will forfeit game(s) in which the ineligible player is on their Game Day roster and may be subject to a fine not to exceed Three Thousand Dollars (\$3000.00).

### 4.3 HIGH SCHOOL, MINOR OR COMMUNITY FOOTBALL ELIGIBILITY

A player who has previously registered with a high school football program may not register with the BCFC if he is still eligible to play high school football unless he obtains permission in writing from his high school team. High School eligibility is deemed completed the year his class graduates from grade 12.

A player returning to high school or minor or community football after signing with the BCFC must obtain a release from the BCFC team.

A player returning to play with high school or minor or community football after the end of the BCFC season is considered released from the BCFC and the BCFC team with which he was previously signed cannot protect him.

# BCFC RULES AND REGULATIONS May 2026

## 4.4 REGISTRATION REQUIREMENTS

Each player must fully complete the approved CJFL Registration Form using his full legal name. Proof of age and residency conforming to CJFL Rules must be provided to the Team Registrar who will attach it to the CJFL Online Registration Form.

Any player who has been previously registered with another CJFL team must provide a copy of his release which will be attached to his registration form.

## 4.5 REGISTRATION DEADLINES

All player registrations

- a) Must be completed through the CJFL online registration program by Wednesday midnight prior to participation in their first Conference sanctioned game. If for any reason the Registrar cannot be contacted all registration matters must be directed to the Conference President and/or CJFL Registrar.
- b) Failure to comply with registration deadlines will render player ineligible to play.
- c) Teams are not permitted to sign or register any new player prior to June 1<sup>st</sup> of the current playing year.

## 4.6 UNDERAGE PLAYERS

Should a player be under the age of nineteen (19) years all documents required and filed with a team and/or Conference Registrar must be signed by a parent or legal guardian of the player.

Players under the age of 19 at date of signing must provide a CJFL Underage Player Form duly signed by the player and his parent or legal guardian which will be attached to the CJFL Registration Form.

Should the Conference Registrar determine that the Underage Player Form or any other required form has been signed by someone other than the parent or legal guardian the penalties will be as follows:

- a) Forms determined to be signed by a player will result in a two (2) game suspension for the player.
- b) Forms determined to be signed by a Team Official will result in a two (2) game suspension for the official and a \$1,000 fine.
- c) Forms determined to be signed by someone other than a player or Team Official will result in a two (2) game suspension for the player and \$1,000 fine for the team.

## 4.7 APPROVAL OF REGISTRATION

Prior to a player participating in any Conference sanctioned exhibition, regular or post-season game his team must have received confirmation of approval from the Conference Registrar, or in their absence, the Conference President or CJFL Registrar.

## 4.8 DRUG EDUCATION

All players participating in BCFC games must have completed the Drug Education Program as established by the Canadian Centre for Ethics in Sport and the CJFL by Wednesday midnight prior to their first game.

# BCFC RULES AND REGULATIONS May 2026

## 4.9 PROTECTED PLAYERS

- a) The maximum number of protected players shall be sixty-five (65).
- b) No players may be registered after midnight September 15<sup>th</sup> of the current playing season.
- c) **October 1<sup>st</sup>** is the Protected List Declaration Day and as of midnight of that date Team Protected Lists are frozen for the remainder of the playing season.

## **Section Five - Release, Transfer and Tampering of Players**

### 5.1 RELEASE AND TRANSFER OF PLAYERS

- a) A player registered to a member team shall remain property of said team for the current (year of signing) season plus the next playing season, unless player's name does not appear on the Protected List. A request for a release must be directed to the Team President or Team Director with a copy to the Conference President. All requests must be made in writing, signed by the player and include complete and specific reason(s) for the requested release.
- b) Team must respond to the player within seven (7) days of the release request. Player Releases are at the sole discretion of the team who has registered the player and are governed by the CFJL Rules for Player Releases.
- c) A copy of each release must be sent to the Conference Registrar, Conference President and CJFL Registrar.
- d) Players duly registered to a member team are not allowed to attend any other member team functions such as, but not limited to, information sessions, spring camps, off-season training etc. without written permission.
- e) Releases may only be granted by a Team President or Team Director, not Head Coaches.
- f) Should a player be released by a BCFC team to another BCFC team, the team that releases player will be compensated \$750 by team receiving player should player be selected for the BCFC All Star Team during the calendar year in which he is released. Teams understand the spirit of this rule is not to provide compensation to a team that releases a player in order to give him a better opportunity for playing time.

### 5.2 TAMPERING

Tampering is deemed to be soliciting verbally or in writing (or other method of communication) with a player or individual registered to another team.

- a) Any team, team individual, executive, director, coach, trainer, manager, player or associate can or may be charged up to a maximum of three thousand dollars (\$3,000.00) per player for any tampering violation.
- b) Protest against such action by a member of the BCFC must be filed in writing and accompanied by a deposit in the amount of five hundred dollars (\$500.00). The Rules and Discipline Committee will meet without undue delay, investigate the allegations and render a decision within 10 business days of receipt of the charge by the Committee. Teams whose protest is not upheld will forfeit their \$500.00 deposit to the Conference.
- c) Tampering complaints must be filed within 30 days of the incident under consideration.

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## **Section Six - Filing of Game Protests or Complaints**

### **6.1 FILING A PROTEST**

- a) Should a member team wish to Protest the out-come of a game, a formal protest must be filed.
- b) The protest must be filed with-in forty-eight (48) hours of the conclusion of the game under consideration.
- c) A notice of protest must be signed by the team Conference representative or the alternate and must be accompanied by payment in the amount of Five Hundred Dollars (\$500.00). In the event the protest is up-held the deposit will be refunded in full.
- d) the protest must be filed with the Conference President
- e) Officiating decisions (including misinterpretation of penalties) cannot be protested.

### **6.2 FILING A COMPLAINT**

- a) A complaint may be filed by any member of the BCFC pursuant to a violation of conference rules and regulations, code of ethics, coaches' code of ethics, tampering and the guidelines dealing with media interaction and public announcements. In addition, any action, statement or behavior which places into disrepute the conference, a director or directors, a member team or any person or persons associated with another team or teams, officiating or game officials, the game of football or any person associated with the game of football, are subject to a complaint.
- b) the complaint must be filed within ten days of the incident under consideration

The complaint must be filed with the Conference President in accordance with Section Seven (7) — Processing of Complaints and Protests.

## **Section Seven - PROCESSING COMPLAINTS AND PROTESTS**

### **7.1 PROCESS**

- a) All complaints and protests must be in writing and signed by the Team President or Team Director or a member of the BCFC, and fully detail the reasons for the complaint or protest. E-mailed submissions must be signed or the original signed copy forwarded by fax, courier or mail. Preliminary notice may be filed by phone subject to a signed written confirmation
- b) All complaints and protests must be submitted to the Conference President
- c) Upon receipt of a complaint or protest the Conference President may declare the incident frivolous or vexatious and advise the complainant that an investigation will not be held and the matter considered closed.
- d) If the Conference President determines that the complaint or protest is legitimate, he/she will strike a Rules and Discipline Committee to investigate.
- e) Upon receipt of a complaint or protest the Rules and Discipline Committee will gather all relative information, including, but not limited to, the calling of witnesses if deemed necessary. In addition, the party named in the complaint or protest must be contacted and advised of their right to file a defense in regards to the matter under consideration. Any team or BCFC member that does not participate when called upon may be levied up to a \$500 fine.
- f) Within twenty (20) days in the case of a complaint and three (3) days in the case of a protest the Rules and Discipline Committee shall meet and rule on the matter at hand. Both parties must be advised of the date and location of the meeting and advised of the ruling with-in seventy-two (72) hours of said meeting.
- g) Both parties must be advised of their right to appeal the decision.

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## 7.2 DISCIPLINARY ACTION

Following their investigation the Rules and Discipline Committee are empowered to impose discipline as noted;

- a) Require an oral or written apology.
- b) Issue a written reprimand. A copy to be retained by the BCFC.
- c) A suspension for a specific term.
- d) A life time suspension from any involvement in the BCFC
- e) Forfeiture of a game;  
Note---the successful team to be awarded two points in the Conference standings---the game shall be recorded as a 1-0 victory---player statistics shall be entered and recorded.
- f) Order a replay of the game---player and team statistics shall not be recorded.
- g) Assess fines or impose other sanctions as deemed appropriate.

## **Section Eight – Appeals**

Appeals will be handled in the following manner:

- a) Application to appeal a ruling must be forwarded to the Conference President within Seventy-Two (72) hours of the issuance of the original ruling.
- b) The application must be in writing and fully outline the reason(s) for the appeal application. An e-mailed application must be signed or the signed original forwarded by fax, courier or mail. A preliminary phone notification must be confirmed in writing.
- c) The application must be signed by the Team President or defendant in the case of an individual requesting the appeal and accompanied by payment in the amount of Five Hundred (\$500.00) dollars. In the event that the appeal is successful the noted deposit will be refunded in full.
- d) The appeal arbitrator will be chosen from the members of the Rules and Discipline Committee who did not participate in the original ruling.
- e) One game suspensions levied by the Conference Game Commissioner cannot be appealed.
- f) All appeal decisions are final and binding.

## **Section Nine – Pre and In Game Requirements and Procedures**

### 9.1 MAXIMUM NUMBER OF PLAYERS

The maximum number of players dressed shall be sixty-five (65) with a travel roster set at fifty (50) during the regular season.

### 9.2 OFFICIAL GAME DAY ROSTER

Member teams are required to forward a copy of their Game Day Roster no later than 10 p.m. (PT) of the Thursday prior to their scheduled game to the BCFC Registrar, the BCFC Statistician AND their next opponent. Roster may contain names of up to 55 players and 20 working team personnel (coaches, trainers, equipment persons, etc.). Up to 5 changes are permitted to the Game Day Roster up one hour before game time.

**Non-Dressed Roster must be submitted with official game day roster.**

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## 9.3 SIXTY MINUTES PRIOR TO GAME TIME

Both teams are required to provide ten (10) signed and dated Official BCFC Game Day Rosters to the Game Day Supervisor for distribution to:

- a) Conference Game Commissioner
- b) Statisticians
- c) PA Announcer
- d) Internet Game Announcers

Teams must ensure that all players on the Official BCFC Game Day Roster are properly registered, equipped and dressed in accordance with BCFC/CJFL and Canadian Amateur Rules. Only players dressed for the game may appear on the Official BCFC Game Day Roster which must be signed by a team official. Players whose name is on the Official BCFC Game Day Roster who are not dressed for the game must be so indicated with an "X" beside their name on the signed Official BCFC Game Day Roster. The non-dressed roster must be submitted with players' name and jersey #.

## 9.4 GAME DAY SCHEDULE

Teams must comply with Pre-Game Countdown as supplied by the BCFC. This schedule will be monitored by Game Day Supervisor and infractions reported to Conference Game Commissioner.

## 9.5 ROSTER VIOLATIONS, LATE STARTS, NON-APPEARANCE, OTHER VIOLATIONS

Prior to, during, and following a Conference sanctioned game should a member team:

- a) Dress in excess of the prescribed fifty-five (55) man roster.
- b) Fail to field a team at the scheduled time,
- c) Fail to kick-off within 5 minutes of prescribed time
- d) Fail to appear at scheduled game site
- e) Fail to complete a game
- f) Dress or play a registered player whose name is omitted from their Game Day Roster
- g) Fail to abide by the rules and regulations of the Conference or are involved in any action which could bring into disrepute the Conference or the game of football

Within 24 hours the noted violation must be reported in writing by the Game Day Supervisor to the Conference Game Commissioner (or in his absence the Conference President).

Failure to comply with sections 9.1, 9.2, 9.3, 9.4, 9.5 may be subject to a fine not to exceed Five Hundred Dollars (\$500.00)

## 9.6 TEAM HEADSETS

Each team is responsible for the supply of their own headsets to provide communication between the spotter's booth and the team bench. Use of other electronic devices is subject to pre-approval by Conference. Games Commissioner or Game Day Supervisor may disconnect any non-approved devices.

## 9.7 GAME UNIFORMS

The home team will be required to wear dark or coloured sweaters and the visiting team shall wear white or light-coloured sweaters. Other arrangements may be made by prior agreement between the two teams.

Teams wishing to change or purchase new uniforms must have design and concept approved by the BCFC prior to order. Notification of any changes or pending order requests must be sent to the BCFC President in writing (email with design proofs and/or photos). Response will be given within 72 hours.

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### 9.8 DRESS CODE

Each team is required to dress in a professional manner and will be subject to a penalty if any of its players fail to comply. The following is the expected and required dress code:

- a) Each member team must have 2 sets of game jerseys. The visiting teams' jersey must not conflict with the base colour of the jersey worn by the home team.
- b) The team jersey shall be tucked inside the top of the pants and shall remain tucked in throughout the game. If the jersey is pulled out during the game the player will be required to tuck it in during a break in the play. The team jersey may be tailored to the top of the pants. If an undershirt is worn un-tucked, it must not extend more than 4" below the belt of the game pants and conform with the team colours in 9.8 (c). Taping or knotting the team jersey is not permitted.
- c) The sleeves of a long-sleeved undershirt worn beneath the short-sleeved team sweater must be an approved team color with white being acceptable to all teams. Players are permitted to wear different color long sleeves, provided they are one of their team approved colors. Approved colors are as follows:
  - Kamloops = blue and orange (white is acceptable as well)
  - Langley = blue and gold (white is acceptable as well)
  - Okanagan = brown and orange (white is acceptable as well)
  - Valley = forest green and black (white is acceptable as well)
  - Vancouver Island = black and red (white acceptable as well)
  - Westshore = black and red (white acceptable as well)
- d) Uniform stockings shall be worn in such a manner that no part of the player's leg or knee is exposed. A white sock may be worn outside the uniform stocking provided that the team colours are clearly visible.
- e) Where a team does not provide coloured team socks, stockings worn must be a uniform colour and worn in a uniform fashion by all players.
- f) White tape may be used on wrists and hands but tape used on any other part of the uniform must be the same colour as the equipment being covered. If during the game a player is injured and requires an external application of tape to his uniform to enable him to play, it will be permitted as a temporary remedy only, and it will be the responsibility of the team to remove such tape at the first opportunity during the game.
- g) Spats may be white or the same colour as team socks.
- h) Pink items worn by players in support of breast cancer may only be worn during Conference games in the month of October. Players wishing to wear pink must pay a \$10 fee to the Conference which will be forwarded to the Canadian Cancer Society as a donation on behalf of that player.

**Dress Code Penalty:** Member teams must ensure that the provisions of the dress code are adhered to. Offending players may be subject to the provisions of the playing rules and obvious offenders will be reported to the Conference Game Commissioner via the report filed by the Game Day Supervisor.

Sanctions will be applied as follows:

- 1) Written warning from the Conference will be given to the team for any infractions.
- 2) Failure to correct dress code violation after verbal warning will result in the following fines:
  - a) Player first offence--\$50.00
  - b) Player second offence--\$100.00
  - c) Player third offence--\$200.00

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## 9.9 UNIFORM AND EQUIPMENT

No player shall wear equipment of any kind which may injure an opponent, except as is necessary in the manufacture of the protective equipment. The referee may remove from the game any player who is wearing equipment which, in his/her opinion, endangers the opponents.

- a) A player shall wear soft kneepads at least ½ "thick, thigh pads, hip pads, tailbone pad, shoulder pads, helmet, and shoes which meet the specifications of the Canadian Amateur Rule Book. **Equipment Penalty:** The offending player shall be removed from the game until the illegal equipment is replaced. Substitutions shall be permitted.
- b) All player numbers must conform to those listed on the Game Day Roster. Players shall retain the same number throughout the game except when permission to change is given by the referee, i.e. torn jersey. Any change in number must also be reported to the Game Day Supervisor and Head Coach of the opposing team.
- c) All players while on the field will be required to wear their helmets at all times, exception allowed for injured player.  
**Penalty:** Unsportsmanlike as per Canadian Amateur Rule Book (10-yard penalty).
- d) Equipment must be up to date and must meet current safety standards.

## 9.10 MOUTHPIECES

It is mandatory players wear a mouthpiece while participating in a BCFC game. It is the responsibility of the coach and referee to ensure this happens.

## 9.11 EYEGLASSES

Any player participating in a BCFC sanctioned game wearing vision correction will be limited to:

- a) Contact lenses or,
- b) Eyeglasses designed and approved for athletic use and prescribed by a licensed eye care practitioner.

## 9.12 VISORS

As per the Canadian Rulebook for Tackle Football, only clear visors are allowed. There are **no** exceptions.

## 9.13 TEAM BENCH CONTROL

A maximum of twenty (20) working team personnel (coaches, trainers, equipment persons, etc.) shall be allowed in the bench area during a game. The authorized personnel must be identified on the Game Day Roster and clearly identified by means of team jackets or shirts and official BCFC ID.

- a) Injured or non-dressed players will be allowed in the bench area, but must be identified by a jersey. Injured players who are at risk will not be allowed on the bench if they pose an accident or liability risk to themselves or others.
- b) All registered players may be within the team bench area. Any non-roster players must be in alternate game jersey. A separate roster must be provided to the game supervisor prior to game indicating non-roster player name and jersey number.
- c) Team personnel not wearing official BCFC ID are not permitted in the bench area during games.

Non-compliance with the requirements of this clause may be subject to a fine not to exceed Two Hundred Dollars (\$200.00)

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## 9.14 GAME TIME-OUTS

- a) Each team is entitled to two time-outs per half consistent with the amateur playing rules.

## 9.15 PLAYER or TEAM PERSONNEL DISQUALIFICATION

- a) A player or team personnel disqualified from further participation during a game shall remain suspended until the incident is reviewed by the Conference Game Commissioner. Every effort must be made to expedite the handling of incidents of this nature. Unless unusual circumstances are involved a ruling should be delivered no later than 5.00 P.M. the Thursday following the infraction.
- b) The offending person disqualified from the game:
  - (i) A player must proceed directly to the dressing room to change out of the playing uniform and is not permitted to return to the game field or bench area. If the player leaves the dressing room, they are the responsibility of the team for any and all actions or behaviours. The Team and said player may be subject to further discipline based on Code of Conduct.
  - (ii) other personnel must leave the park immediately.

## 9.16 SUSPENDED PLAYERS AND OTHER TEAM PERSONNEL

- a) Players will be identified by placing a line through their name and placing an "S" in the "X" column.
- b) Coaches and other team personnel will be identified by placing a line through their name.
- c) Suspended players, coaches and other team personnel will not be permitted within the park on game day.

## 9.17 TRAVEL DAMAGES

Team representatives (players, coaches etc.) of the BCFC who are travelling may be liable for suspension and/or fines equaling the dollar amount of damages in the case of reported and documented misconduct and damages. Damages and thefts in hotel rooms - all team personnel registered in the room or rooms may be liable for game suspension and/or fines.

## 9.18 OBJECTIONABLE CONDUCT

Should any coach, player or other authorized occupant of the team bench area incur two objectionable conduct penalties during a game, the following action shall be taken:

- a) The offending person shall be ejected from the contest – a player must proceed directly to the dressing room (refer to 9.15 (i) for procedure), and other personnel must leave the park.
- b) If the source of objectionable conduct is not able to be identified, the Head Coach will be ejected.
- c) Such ejections will be reported by the Game Day Supervisor and dealt with by the Conference.
- d) There will be **zero tolerance** for any racial slurs, taunting, derogatory remarks, or obscene gestures that are directed towards the opponents, a game official, or spectators. Any player or team personnel found guilty of such offences will receive an automatic three (3) game suspension. Any subsequent infractions will be further reviewed up to a life time ban.
- e) Teams crossing directly in front of opposing teams' bench (within 5 yards) when entering the field either pre-game or at half-time may be interpreted as taunting and the Head Coach receiving up to a three (3) game suspension.
- f) Team warm ups, stretching, and any pre-game or half time activities, all personnel must stay on their own side of the 45-yard line. Any infractions may be interpreted as taunting and will be subject to the Head Coach receiving up to a three (3) game suspension.
- g) Filed entry points are determined by the home team. If a team entry point is on the opposing side of the game field (corner or endzone), the entering team will be allowed to transit across the opponent's side of the field, but must proceed past their own 45-yard line with no stoppage. Any infractions may be interpreted as taunting and will be subject to the Head Coach receiving up to a three (3) game suspension.

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## 9.19 POST GAME

- a) Following game each team must ensure bench area and change room(s) are cleaned.
- b) Teams must ensure players conduct themselves in a controlled manner when leaving park area.
- c) Final score is to be forwarded to the BCFC media person immediately following the game.

## 9.20 FAILURE TO APPEAR

Any team who fails to appear at a scheduled game site will compensate the Home Team a minimum of \$10,000.00 for lost revenue and expenses incurred and confirmed. The team may also be placed in non-playing status at the discretion of the BCFC Executive.

## 9.21 MEDIA

All media, including team photographers, must be clearly identified by a Field Pass supplied by the home team.

Team photographers and other media personnel are not permitted in the bench area during a game.

## 9.22 INTERNET BROADCASTS

If the home team provides an online video stream of its game, the home team has the option of being the sole video broadcast. Competing audio broadcasts are permitted.

## **Section Ten - Home Team Responsibilities**

### 10.1 DRESSING ROOMS

There must be a secure dressing room available for visiting team and game officials. Equal change room facilities with showers for both teams must be provided.

### 10.2 BENCH AREA

Bench areas are to be located between the 45- and 15-yard lines when both teams' benches are located on the same side-line or between the 40-yard lines when the benches are on opposite side-lines. Any bench location changes must be requested in writing to the BCFC President. Changes will be at the discretion of the BCFC. In all cases the bench areas must be at least three (3) yards from the playing field sideline. Bench area must be clearly marked and secure from spectators.

### 10.3 VIDEO TAPING OF CONFERENCE GAMES

It is the responsibility of the Home Team to film all Conference games. Film must meet the minimum game filming standards as per the CJFL policy:

- a) All game film interchange must be done through the conference approved video exchange provider as per the deadlines set out by the BCFC.
- b) Each member team must file with the Conference the name of their film contact, both daytime and evening contact information must be available.
- c) Instructions for coverage required dealing with various play situations will be provided by the Conference with the intent of establishing consistent Conference wide coverage and standards.

The CJFL game film policy information will be supplied to all member teams no later than June 15<sup>th</sup>.

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## 10.4 DISTRIBUTION OF GAME FILM

It is the responsibility of the home team to distribute game film by uploading video to the conference-approved video exchange provider: Saturday games must be uploaded and shared by 12PM (noon) Sunday. Sunday games must be uploaded and shared by 9PM game day.

All pre-season games are to be made available to the two competing teams and BCFC personnel.

Variances in delivery (uploading) or coverage quality or suitability will be handled in the following manner:

- (i) In the event of non-delivery on the prescribed date – CONTACT THE RESPONSIBLE TEAM IMMEDIATELY – CONFIRMING THE NOTICE IN WRITING TO THE CONFERENCE GAME COMMISSIONER.
- (ii) In the event of other filming complaints full details must be filed in writing and received within seven (7) days of the date of the game, to the Conference Game Commissioner with a copy to the supplying team.

## 10.5 PENALTY FOR FAILING TO MEET DELIVERY REQUIREMENTS

- a) All reported filming variances, either delivery and / or quality, will be investigated by the Conference Game Commissioner in conjunction with the Conference Head Coach.
- b) Failure to comply with the above noted delivery schedule will result in a fine of up to \$500.00 per game.
- c) Providing substandard tapes (uploads) to opposing teams will result in a fine of up to \$500.00 per game.

## 10.6 GAME DAY SUPERVISOR

Game Day Supervisor will complete and forward to the Conference Game Commissioner the required Conference report along with a copy of each competing team's Game Day Roster. The noted information must be forwarded within 24 hours of the completion of the game. Game Day Supervisor is responsible for checking and distributing Game Day Rosters.

## 10.7 STATISTICIAN

### If Non-Conference Function:

- a) Each member team is required to have not less than two Conference sanctioned statisticians in attendance at all Conference home games.
- b) A \$500.00 per game fee may be charged to the team if the Conference Statistician Supervisor has to act as a game statistician.
- c) Attendance at Conference sponsored stats training is mandatory for all team statisticians. Failure to attend is subject to a \$500 fine.
- d) Home team statistician must provide a complete and acceptable statistical game report to the Conference statistician by 12 noon the following day.
- e) Failure of a team to provide statistics as noted will result in a fine not to exceed:
  - Five hundred dollars (\$500) for the first incident in a season.
  - One thousand dollars (\$1,000) for any subsequent incident(s) in a season.

## 10.8 P.A. ANNOUNCER

A suitable PA announcer must be available at all Conference games.

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## 10.9 YARDSTICK CREW

- a) A yardstick crew consisting of one down box person and two yardstick persons will be provided by the home team at all Conference sanctioned games.
- b) Home team is responsible for providing a set of yardsticks and downs box.
- c) Identifiable attire will be provided by Conference.

## 10.10 SPOTTING LOCATION

- a) The home team must provide a spotting location to both competing teams.
- b) The location provided to the visiting team must be equal in size, suitability and field location as that provided for the home team
- c) The spotting location must be properly and safely secured if scaffolding or scissors lifts are used.

## 10.11 REFEREE'S MICROPHONE

The home team must make available a microphone system for use by the Game Referee that is connected to stadium PA to project game related information. Said equipment to be equipped with a switching device allowing the Referee control over the microphone's output.

Penalty for failure to provide the required equipment (in working condition):

- i. for the first offence a fine in the amount of Five Hundred Dollars,
- ii. for a second or any subsequent offence a fine in the amount of One Thousand Dollars.

## 10.12 GAME PROGRAM

- a) If a BCFC team produces a game program that will be made available at home games, the program must display the BCFC and CJFL logos. The program will also display any BCFC and / or CJFL sponsorship material as requested.
- b) In lieu of a game program, teams must produce a roster sheet ("hot sheet") for home games that displays the BCFC and CJFL logos, current game rosters for each team and any BCFC and/or CJFL sponsorship material.

## 10.13 SCORE / TIME CLOCK

Home team must provide a permanent or temporary score/time clock which is visible to both teams and spectators regardless of weather conditions.

## **Section Eleven – Final Regular Season Standings and Play-Off Structure**

### 11.1 POST SEASON PLAYOFFS

The top four teams who finish the regular season from 1<sup>st</sup> to 4<sup>th</sup> place will qualify for post season playoffs.

### 11.2 PLAYOFF FORMAT

**Series A** – the first-place team vs. the fourth-place finishing team in sudden death play at the home field of the first-place team.

**Series B** – the second-place finishing team vs. the third-place finishing team in sudden death play at the home field of the second-place finishing team.

**Series C**—the winners of series A and B in sudden death play at the home of the team finishing higher in the regular season.

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## 11.3 TIES

Ties in standings following regular season play will be decided by the following:

Ties in standings following regular season play will be decided by the following:

- a) Should two or more teams be tied in the final standings at the conclusion of the regular season schedule, final standing positions shall be determined by applying the following:
  1. Based on the games played against the other tied team(s). The relative standing of each tied team to be determined by awarding two points for each game won and one point for each game tied and dividing the total by the number of games played.
  2. If the teams are still tied at this point, then a position of points scored against divided by the number of games played against the other tied team(s).
  3. If the teams are still tied at this point, then a position of points scored divided by the number of games played against the other tied team(s). The high(est) percentage will prevail.
  4. If the teams are still tied at this point, then a position of total points scored against during the regular season.
  5. If the teams are still tied at this point, then a position of total points scored during the regular season. The high(est) number will prevail.
- b) Should more than two teams be tied:
  1. The formula will be applied with the successful team awarded the higher(est) final standing position.
  2. The formula will again be applied considering the remaining tied teams with the successful team awarded the higher(est) final standing position.
  3. The procedure will be repeated until all positions are established.

## Section Twelve - BCFC Play-offs

### 12.1 PLAYOFF GAMES

All BCFC play-off games are operated under the jurisdiction of the Conference directorate with approved visiting team costs (as detailed below) covered by the BCFC. Maximum play-off roster is forty (40) players.

Bench control for play-off games – a maximum of 40 players including injured and non-dressed players and 15 support personnel wearing official BCFC ID are permitted in the bench area during a play-off game.

Semi- final participants who host the game will submit a cheque for Two Thousand dollars (\$2,000.00) to the Conference.

Cullen Cup host team will submit a cheque for Three Thousand dollars (\$3,000.00) to the Conference.

Cheques must be submitted within seven (7) days of the conclusion of the game.

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### 12.2 VISITING TEAM TRAVEL EXPENSES

Visiting team travel expenses will be based on the following:

- a) **Travel Expense** – will be restricted to no more than fifty-five (55) team personnel, players, coaches, etc. Team will be responsible for any cost over the fifty-five (55)
- b) **Transportation** – by the most economical means available between the four (4) districts (Interior, Mainland, Vancouver Island, and North)
- c) **Equipment Vehicle** – If visiting team requires an additional vehicle the BCFC will only pay for one (1) vehicle plus driver as follows:
  - a. Vancouver Island to Interior or vice versa – Ferry cost and two hundred twenty dollars (\$220.00) travel allowance for support vehicle including tolls.
  - b. Lower Mainland to Vancouver Island or vice versa – Ferry cost plus seventy-five (\$75.00) travel allowance for support vehicle including tolls.
  - c. Lower Mainland to Interior or vice versa – Total of one hundred and eighty dollars (180.00) travel allowance for support vehicle including tolls.
  - d. Victoria to Nanaimo, Kelowna to Kamloops or vice versa – Fifty Dollars (\$50.00) travel allowance for support vehicle including tolls.
  - e. Any travel to the North will be at the discretion of the Executive and must be determined ahead of time.
- d) The BCFC will only pay for one (1) day bus travel, one (1) pre-game and one (1) post game meal for games played between Interior and Mainland teams or games played between two Island or two Interior teams. In the event the game involves an Interior team and a Mainland team and the kick-off is scheduled for prior to 3.00 P.M. an extra day's allowance may be paid at the discretion of the Executive.
- e) Due to ferry travel, Vancouver Island traveling to the Mainland or Interior or vice versa the BCFC may pay for two (2) days bus charges plus one (1) overnight accommodation. The BCFC will pay for one meal on day of departure, a pre-game meal and a post-game meal as per re-imburement schedule.
- f) **Hotel Accommodation** – If approved by the BCFC, up to fifty dollars (\$50.00) per person per day including tax. Based on seventeen (17) rooms plus one (1) room for bus driver
- g) **Meals** – Breakfast – Fifteen Dollars (\$15.00) including tax and tip  
Lunch – Twenty Dollars (\$20.00) including tax and tip  
In lieu of Breakfast and Lunch – A Pre-game meal – Twenty Dollars (\$20.00) including tax and tip  
Dinner/Post Game Meal – Twenty-five Dollars (\$25.00) including tax and tip
- h) All team play-off travel receipts (bus, rooms, meals, etc.) must be received and accompanied with a summary page within three (3) weeks after their last BCFC play-off game. DO NOT net play-off expenses with any amounts owing to the Conference. Failure to provide travel expenses within three (3) weeks will result in a three-hundred-dollar (\$300.00) deduction from the play-off expenses. Expenses not received by BCFC Treasurer by December 15<sup>th</sup> of the current playing year will not be paid.
- i) Travelling teams should confirm all allowable costs with the BCFC President ahead of their departure. Expenses not received by BCFC Treasurer by December 15<sup>th</sup> of the current playing year will not be paid

# BCFC RULES AND REGULATIONS May 2026

## 12.3 PLAY-OFF OVERTIME FORMAT

If a game is tied at the end of the fourth quarter, the overtime format will be as per the current Canadian Amateur Rule Book for Tackle Football –Section 3 - Article 6 - Tie Game.

## 12.3 PLAY-OFF OVERTIME FORMAT (cont.)

When the score is tied at the end of the 4th period and it is necessary to declare a winner, the procedure to break the tie shall be the prerogative of the governing football association, with the consideration that the safety of the athlete is of prime importance. Any such procedures shall be communicated in writing to both teams, and to the Referee, prior to the game in which the procedure may be used. In the event that no such regulations have been prepared, the following procedure shall be used.

The following tie-breaking system will be used when a game is tied after four periods. Amateur football playing rules apply with the following exceptions:

- a) Immediately after the conclusion of the fourth quarter, officials will instruct both teams to retire to their respective team areas. The officials will assemble at center field and review the tie-breaking procedure.
- b) The officials will escort captains to the centre of the field for the coin toss. The winner of the toss shall choose one of the following options:
  - 1) Offense or defense, with the offense at the opponent's 35-yard line to start the first series.
  - 2) Which end of the field shall be used for both series of that over time period:
- c) The loser of the toss shall exercise the remaining option for the first extra period and shall have the first choice of the two options for subsequent even-numbered extra periods.
- d) Extra periods: An extra period shall consist of two series with Team A and Team B each putting the ball in play by a snap on or between the hash marks of the 35-yard line; which becomes the opponent's 35-yard line. The snap shall be from midway between the hash marks on the 35-yard line, unless a different position on or between the hash marks is selected before the ready for play.
- e) Team Series: Each team retains the ball during a series until it scores or fails to make a first down. The ball remains alive after a change of team possession until it is declared dead.
- f) Scoring: The team scoring the greater number of points during the regulation and extra periods shall be declared the winner. There shall be an equal number of series, as defined in Canadian Amateur Rule Book for Tackle Football (e) above, in each extra period, except if Team B scores during a period other than on the try for extra point(s). Example: On the first possession of a period, Team A scores a touchdown. If the score is still tied after three extra series having been played by each team, any subsequent touchdown must be followed by a two-point conversion.
- g) There shall be no team time-outs during overtime play.

## 12.4 EMERGENCY EXPENDITURE OF CONFERENCE FUNDS

Should unexpected conditions present a situation requiring the expenditure of additional Conference funds, application for approval must be made to the Conference President or Treasurer. Expenses not approved in advance will be borne by the team.

# BCFC RULES AND REGULATIONS May 2026

## 12.5 NATIONAL SEMI-FINAL GAME

Under current CJFL rules when the BCFC hosts the National Semi-Final Game the BCFC is responsible for per diem and accommodation costs for the visiting team to a maximum of fifty (50) people. The BCFC will advance payment in the amount of 80% of the estimated per diems and accommodation costs, said amount to be repaid from gate receipts.

In addition to above expenses, the BCFC will also provide the following:

- a) One thousand dollars (\$1,000.00) towards a hospitality room
- b) Pre-game meal of up to twenty dollars (\$20.00) per person to a maximum of fifty (50) people for the BCFC representative
- c) When the National Semi-Final Game is played elsewhere, the BCFC will pay for the BCFC President or designate to attend the game.

## 12.6 CANADIAN BOWL

Out of conference – BCFC will pay the following expenses for one (1) team representative per Team and two BCFC Operating Committee members: airfare, taxi between hotel and airport, accommodation, CJFL sponsored events such as CFL luncheon, banquet of champions and tickets to Canadian Bowl game.

Meals not covered above will be reimbursed in accordance with the travelling team playoff expenses  
g) Meals for BCFC Operating Committee members. Meals not covered above will not be reimbursed to Team Representative by the BCFC but will be between the Team Representative and their team.

- Hosting –**
- a) BCFC will pay the following expenses for one (1) team representative per team and BCFC Operating Committee members: travel costs and accommodation if necessary and tickets to CJFL sponsored events that are listed above.
  - b) BCFC may contribute up to one thousand five hundred dollars (\$1,500.00) for hospitality room.

## Section Thirteen - BCFC Annual Awards and All Stars

### 13.1 ANNUAL AWARDS

The following awards will be presented annually:

a) **KEN SMITH EXECUTIVE OF THE YEAR**

*President of the Surrey Rams from 1972 to 1973 and then from 1975 to 1985. Elected to the BC Football Conference Board of Directors in 1988 and is currently a Director at Large. In 1992 named the first recipient of a Life membership in the BCFC. In 1993 he received a life membership in the Canadian Junior Football League. In 2001 the BCFC created the Ken Smith Executive of the Year Award. In 2007 he was a Pioneer Award Winner at BC Lions Orange Helmet Awards. In 2009 he received the Ed Henick Meritorious service Award from the Canadian Junior Football League.*

As chosen by the BCFC Board of Directors. The recipient may be any team executive or BCFC Board member.

b) **RANJI MATTU COACH OF THE YEAR**

*Head Coach of the Vancouver Blue Bombers from 1947 to 1950. The 1947 Blue Bombers were undefeated and won the Canadian Championship on News Years Day 1948 against the Hamilton Tigers. This was described as a Dominion Championship and the first for the City of Vancouver. Ranji was elected to the BC Junior Football 50-year dream team in 1997. The 1947 Vancouver Blue Bombers were inducted into the BC Football Hall of Fame in 2011.*

As chosen by the Head Coaches of the member teams

## BCFC RULES AND REGULATIONS May 2026

c) **DAVE COOK MEMORIAL AWARD** – (Most sportsman like team)

*Vice President of the Juvenile Division of the Big Four Junior Football Conference (BCFC) from 1973 to 1985. Game Commissioner and Time Keeper at many games in 70s and 80s. Secretary from 1985 to 87. Executive Assistant from 1987 until 1991. He ran the 50/50 draw at the BC Lions games from 1986 to 1991 and raised a considerable amount of funds for junior and amateur football. He received a BC Football builder's award in 1989. He was also a volunteer for the St. Johns Ambulance and active in the Order of the Amaranth in many positions including the Royal Patron of this social and philanthropic organization.*

As chosen by the Conference officiating staff

d) **RON WHITE AWARD** - Presented to a player who exhibits exceptional athletic ability as well as outstanding citizenship and community involvement.

*One of the founders of the Richmond Raiders in 1974. President of the Raiders from 1978 to 1982. President of the BC Football Conference from 1982 to 1992. Deputy Commissioner of the Canadian Junior Football Conference from 1992 to 1996. Commissioner of the Canadian Junior Football League from 1996 to 2003. Member of the 1997 BCFC 50-year Dream Team. Director at Large with the BCFC from 2008. BCFC Drug Education Coordinator from 2008. CJFL Drug Education Coordinator and Liaison to the Canadian Centre for Ethics in Sport from 2008. Football BC Builders Award in 1989. CJFL Life Member in 1989. BCFC Life Member in 2004. Ed Henick Meritorious Service Award in 2004. The Bob Ackles Life Time Achievement Award in 2007.*

As chosen by Ron White

### 13.2 PLAYER AWARDS

The following outstanding player awards will be presented annually:

#### OFFENSE

Outstanding Receiver  
Outstanding Offensive Back  
Outstanding Offensive Lineman  
Most Valuable Offensive Player  
Outstanding Special Team Player  
Returner of the Year

#### DEFENSE

Outstanding Defensive Lineman (David Nagy Memorial)  
Outstanding Linebacker  
Outstanding Defensive Back  
Most Valuable Defensive Player  
Rookie of the Year

### 13.3 ALL STAR TEAMS

Will be selected annually consisting of:

- Offensive – 5 linemen, 2 running backs, 4 receivers, 1 quarterback
- Defensive – 4 linemen, 4 linebackers, 5 defensive backs.
- One punter and one place kicker.

### 13.4 METHOD OF SELECTING PLAYER AWARD WINNERS AND ALL STARS.

- Nominations for all-stars are submitted by BCFC Head Coaches and a selected group of BCFC personnel (Nominating Committee), based on who they believe should be the All-Stars. This is done by position as per 13.3.
- From the nominations submitted, the players with the most nominations at each position move forward to the selection process.
- The players with the most selections at each position are distributed to BCFC Head Coaches, the selected group of BCFC personnel, and pre-selected media personnel from each BCFC team areas (Selection Committee).
- The Selection Committee is provided a list to select the all-stars from based on the Nomination Committee's selections. The players that receive the most votes from the Selection Committee are the all-stars based on the position they play. See 13.3
- Only the Nomination Committee will select the Major Awards for the Conference from the nominated player list that is distributed.
- Major Awards are awarded to the player that receives the most votes from the Nomination Committee.

APPENDIX - A

# British Columbia Football Conference

## CODE OF ETHICS

**Purpose:** This Code of Ethics has been developed to promote and protect the best interests of the game of football within the British Columbia Football Conference. The primary purpose is to clarify and distinguish ethical and approved professional practices from those that are detrimental. Its secondary purpose is to emphasize the purpose and value of football and to stress proper functions of coaches and team officials in relation to the BCFC, its teams, players, and the public.

The ultimate success of the principles and standards of this code depend on the football coaches and team officials.

**COACHES:** It is the responsibility of all coaches to ensure they are up to date on all the latest coaching techniques by attending clinics and that they also meet the certification requirements as set down by the CJFL and BCFC.

**TEAM OFFICIALS:** Should supervise their programs and personnel so as to maintain the principles, integrity, and dignity of the organization that they represent and those of the BCFC. They are ultimately responsible for all facets of their program and the personnel operating within their sphere of influence.

## ARTICLE ONE

### 1) Responsibilities to Players

In their relationship with players under their care, coaches and team officials should always be aware of the tremendous influence that they wield. The coach through his own example must always be sure that the young men who have played under him are finer and more decent men for doing so. The coach should never place the value of a win above that of instilling the highest desirable ideals and character traits in his players. The safety and welfare of his players should always be uppermost in his mind and they must never be sacrificed for any personal prestige or selfish glory.

In teaching the game of football the coach must realize that there are certain rules designed to protect the player and provide common standards for determining a winner and a loser. Any attempts to circumvent these rules, to take unfair advantage of an opponent, or to teach deliberate unsportsmanlike conduct, have no place in the game of football, nor has any coach guilty of such teachings any right to call himself a coach. The coaches and team officials should set the example for winning without boasting and losing without bitterness. A coach, who conducts himself according to these principles, need have no fear of failure, for in the final analysis, the success of a coach can be measured in terms of the respect he has earned from his own players and from his opponents.

Prompt and professional medical attention is a responsibility of the coach. The diagnosis and treatment of injuries is a medical problem; a coach or team official should not involve themselves with the diagnosis of any injury. It is important that a solid, independent, and competent program of diagnosis and treatment be established and that the coaches and team officials support such a program in the best interest and well-being of their players, and the most minute details of a physician's orders are carried out.

Under no circumstances should a coach or team official authorize or tolerate the use of illegal or performance enhancing drugs. All medicines used by athletes should be under the direction of a physician or other appropriate medical personnel.

All coaches and team officials should know and understand rules of eligibility and not violate any rules that would jeopardize their organization or players under their direction.

## **ARTICLE TWO**

### **2) Responsibility to the Organization**

The function of the coach is to educate athletes through participation in the game of football. This primary and basic function must always be upheld.

Coaches and team officials shall conduct themselves as to maintain the principles, integrity, and dignity of the BCFC and their organization.

The coach and team official should maintain a professional and positive relationship with their organization. A coach should not exert pressure on his organization to allow players to participate who are not eligible. Likewise, team officials should not exert pressure on a coach to allow players to participate who are not eligible.

The coach should constantly be alert to see his program is being conducted and promoted properly. The coach should lend his experience and training to his association in the solution of football problems. Where differences of opinion arise and the organization overrides the coach's judgment, discretion should be exercised in airing such differences outside of the organization's meetings.

It is highly important that coaches and team officials privately and publicly support the BCFC and their organization in all policies, rules, and regulations regarding football.

## **ARTICLE THREE**

### **3) Rules of the Game**

The Points of Emphasis which appear in the Canadian Amateur Football Rulebook shall be considered an integral part of this Code of Ethics and should be carefully read and observed.

Each coach should be acquainted thoroughly with the rules of the game. He is responsible for having the rules taught to, interpreted for, and executed by his players.

The coaches and team officials must adhere to both the letter and the spirit of the rules.

Coaches, who seek to gain any advantage by circumvention, disregard, or unwillingness to learn the rules of the game, are unfit to be associated with the BCFC and football. A coach is responsible for adherence of the rules by all parties directly involved with the team. The integrity of the game rests mainly on the shoulders of the coach; THERE CAN BE NO COMPROMISE.

A coach must remember always that IT IS NOT the purpose of football to hurt or injure an opponent by legal or illegal methods.

A coach is responsible for ensuring that the players do not feign injuries in order to gain an advantage not intended by the rules. An injured player must be given full protection under the rules. The feigning of an injury by an uninjured player for the purpose of gaining additional undeserved time for his team is dishonest, unethical, unsportsmanlike, and contrary to the spirit of the rules. Such tactics are a discredit to players and coaches and have no place in the actions of a person of integrity.

**Good Sportsmanship:** Habit formation is developed on the practice field. Where coaches permit, encourage, or condone performance that is dangerous to an opponent, they are derelict in their responsibility to teach fair play and good sportsmanship. This aspect of coaching must be attacked just as vigorously as the teaching of offence and defense, and to the players it is far more important than all the technical aspects of the game combined. Any coach or team official who fails to stress this point, or who permits, encourages or defends the use of unsportsmanlike tactics shall be considered guilty of the most serious breach of football ethics.

## **ARTICLE FOUR**

### **4) Officials**

No competitive contest can be played satisfactorily without impartial, competent officials. Officials must have the respect and support of team officials, coaches, and players. On and off the record criticism of officials to players or to the public shall be considered unethical.

There should be a cooperative relationship between coaches and officials' associations, with frequent interchange of ideas and suggestions. Coaches should, whenever possible, accept invitations to attend officials' rules meetings. Similarly, coaches should extend invitations to officials to discuss rule interpretations with their teams, and on occasion to officiate at scrimmages for mutual benefits.

It should be recognized that slow motion study of controversial decisions by officials is far different from on-the-spot decisions that must be made during the course of a game. To show such critical plays and to purport incompetence by an official as it relates to those controversial plays must be considered unethical conduct.

On game day officials should be treated in a courteous manner. They should be provided with a private room in which to meet and dress for the game. Conferences between coaches and officials shall always be conducted according to procedures established by the BCFC or the officials association. In every respect the Official Rule Book shall be followed in coach-official relationships, on the field, during and following the game. Any criticisms which the coach or team official may have concerning officiating, complaint should be made in writing and correlated with film evidence in accordance with BCFC rules. For a coach or team official to address, or permit anyone in the bench area to address, uncomplimentary remarks to any official during the progress of the game, or indulge in conduct which might incite players or spectators against the officials, is a violation of the rules of the game and must like-wise be considered unworthy of a member of the BCFC.

## **ARTICLE FIVE**

### **5) Public Relations**

Members of the news media should be treated with courtesy, honesty, and respect. Derogatory and misleading statements should be avoided. Direct questions should be answered honestly or not at all. If good judgment indicates an honest response would be prejudicial to the best interests of the game, ethical procedure demands that the question not be answered. In such instances "I would rather not discuss it at this time" or "No comment" is justifiable.

Coaches and team officials should assume the responsibility of teaching their players how to conduct themselves in interviews in the best interest of football and their respective organization.

Coaches should endeavour to keep personal matters, injuries, or disciplinary problems relating to the team as private as possible while acknowledging the need to respond to questions from the media.

Coaches and team officials should avoid talking in public about unethical recruiting and illegal game tactics.

## **ARTICLE SIX**

### **6) Scouting**

Direct exchange of film is mandated and encouraged by the BCFC. It is unethical conduct to violate BCFC rules on the exchange of film.

It is unethical to make available to any individual or team any video or film in which your team does not appear unless prior arrangements have been made in writing.

# BCFC RULES AND REGULATIONS May 2026

## **ARTICLE SEVEN**

### **7) Recruiting**

All CJFL and BCFC rules pertaining to player eligibility shall be strictly observed. The Team President and Head Coach must accept total responsibility for the activities of all the assistant coaches and team officials.

It is against the rules to recruit a player who is currently registered with another team who is a member of the CFJL or BCFC. The player must be properly released from his team before he can be recruited.

Negative recruiting is a serious breach of ethics by any coach or team official. In discussing the advantages of their own team, the coach and team official must confine their statements to an honest and forthright presentation of the facts. Derogatory and / or slanderous statements about other teams, its coaches, administrators, or players cannot be accepted. Only the coaches and team officials who understand and commit their actions to observing this concept can further enhance the image of the BCFC.

It is unethical for any coach or team official to make statements to any prospective athlete that knowingly cannot be fulfilled.

## **ARTICLE EIGHT**

### **8) Game Day and Other Responsibilities**

It is vitally important that coaches' and team officials' actions and behaviour at all times brings credit to themselves, the BCFC, their organization, and the game of football.

Image is everything. Under CJFL and BCFC rules teams must be dressed in a uniform manner with socks pulled up and jerseys tucked into the top of the pants. It is important that coaches and bench personnel are also attired in a uniform manner.

As we are striving to portray a professional image everyone should be dressed the same. IT DOES MAKE A STATEMENT. Look at what your team is wearing. Is that the kind of statement that you want for your organization?

Before and after the game rival coaches should meet and exchange friendly greetings.

During the game, coaches should act in a controlled and professional demeanour so as not to make themselves conspicuous; the center of attention should be the game and the players. Coaches should interact with their players in a respectful, non-degrading manner while encouraging them to perform at their highest level. The attitude of the coaches toward game officials should be on a respectful, professional, and controlled level of communication. The Head Coach must accept the responsibility for his side line and game behaviour of all his players and bench personnel regarding action towards fans, game officials, and players and coaches of the opposing team.

In the interest of enjoyment and growth of the game, team officials and coaches should encourage the type of fan support that is conducive to producing an environment of good sportsmanship and healthy competition.

## APPENDIX - B

### Reinstatement of Non-Playing Team to Playing Team

#### Steps to Re-Instatement

1) Team must make application in writing to the BCFC no later than **October**

**31.** The application must include the following:

A cheque for \$2000.00. A complete business plan. A financial plan and forecast for the next three years, including current financial statements.

A complete list of any outstanding debt, along with the name and contact information for a person from the business that is owed money.

A complete list of the executive of the team that includes all contact information. List should include President, Vice-President, Secretary and Treasurer. Should also have at least six to eight other board members. Please include length of term of members.

The \$2000.00 would be used as a deposit for next season's dues or towards any outstanding debt with the BCFC. If team is not accepted, the deposit would be returned, unless there is an outstanding debt to the BCFC.

2) By **December 31** – 50% of any outstanding debt to the Conference must be paid, as well as:

Current copy of your constitution.

Provide list of coaching staff, with name, address, phone number and email address. All coaches must be certified to BCFC / CJFL standards. (One Level III Technical coach, Two Level II Technical coaches, all remaining coaches must be Level I Technical. All Coaches must have a minimum of Level I Theory)

A comprehensive policy detailing the make-up of your playing roster. Include recruiting plans, the ratio of import and local players and the financial ability of the team to sustain the noted program for the period of at least three years.

File completed Conference forms as specified (To be provided) Remainder of any outstanding debt to the Conference must be paid.

Names and contact information for Team Registrar, two Game Statisticians and Game Announcer  
Letter of permission from City stating the use of game facility that has sufficient change rooms for visiting teams and game officials. Facility must also have a score clock.

3) Prior to February 1st a BCFC Board of Directors meeting will be convened and team will have an opportunity to make a presentation and a vote for re-instatement would be held. Under BCFC Constitution, successful applicant must secure 75% of voting membership.

To maintain full playing rights, the reinstated team may also be required to:

Pay entire current season dues by May 15<sup>th</sup>.

Maintain at least 38 players on the game roster.

Successful applicants will be responsible to provide drug seminars, certification information, game stats, game film and to follow any and all Conference duties and responsibilities as outlined in the BCFC Rules and Regulations.

## APPENDIX - C

### CJFL Rule Q. COACHING CERTIFICATION

1. The CJFL supports the National Coaching Certification Program (NCCP) and encourages all coaches to participate.
2. The following is the minimum levels accepted by the CJFL  
2002 - One coach Level III Technical, two coaches Level II Technical, all other coaches Level I Technical and all coaches with a Level I Theory.
3. Teams are to forward their complete coaching lists and the current level of certification for each coach plus their passport number (certification number) to the CJFL Commissioner or designate by July 1st.
4. Teams can apply to the Commissioner or designate for a hardship exemption for new coaches who have not been active in the CJFL for a minimum of two years.
5. Coaches who received a hardship exemption must meet the minimum coaching certification levels by July 1st of the following year. Extension of the hardship exemption will be considered for extenuating circumstances. This must be forwarded in writing to the Commissioner or designate by July 1st.

#### Sanctions:

- (a) Failure to file a certification list by the designated time will result in a \$100.00 fine.
- (b) Coaches that do not meet the minimum certification levels and had been granted a previous hardship exemption will not be eligible to coach in the CJFL
- (c) Coaches without the minimum coaching certification will not be eligible for CJFL Awards
- (d) Teams who controvert the coaching guidelines under this section shall be suspended from Conference play until the said individual(s) meet the requirements