Dear Coach ABC,

I am a rising junior at XXX High School preparing for my third year on our varsity team, and I believe I possess qualities needed to be a part of your program. My goals and aspirations for college coincide with the wonderful opportunities University Name Here has to offer both on and off the lacrosse field.

I have discovered through my lacrosse experiences that I have the drive and discipline to be pushed to that next level of lacrosse. After receiving feedback from my coach, I take that as a challenge to turn my weaknesses into strengths by working harder outside of practice to be a better team player.

I will be traveling with my club team, Cyclones Lacrosse, to the President’s Cup Tournament in Naples, Florida November 19th-21st. If you are going to be in attendance I would be honored if you would take the time to watch one of my games.

I look forward to learning more about your lacrosse and academic programs at University Name Here through both phone calls and a visit to your campus. Please let me know if you require any additional information. I will send you updates as my high school career progresses.

Thank you for your time and consideration.

Sincerely,

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Jane Doe