



# ONTARIO WRESTLING

## Super Weekend 2019 Overview



Coaches are invited to take part in the 2019 OAWA Super Weekend.

**October 19 – 20, 2019**

**All workshops take place at Bishop Ryan CSS Hamilton**

Whether you are starting your NCCP training, continuing it or are already a certified coach looking to continue to enhance your skills and earn PD points, we have something for you!

Lunch is provided Saturday for all coaches in attendance. Coaches are responsible for their own lunch Sunday (there are places nearby).

**Competition/Introduction NCCP A Course: \$200.00 (\$150.00 for OAWA Members)**

- Runs Saturday Oct. 19<sup>th</sup> 9:00 am – 5:00 pm and Sunday Oct. 20<sup>th</sup> 9:00 am – 4:00 pm.
- Includes Technical (on-mat) training, please come ready to work in!
- This is a complete course including Introduction to the NCCP, Make Ethical Decisions, Planning a Practice, Nutrition, and Technical (on-mat) Skills.
- Cost includes all resource materials – please bring a binder, some notepaper, pens and a water bottle (there are re-filling stations in the school).

**Competition/Introduction NCCP B Course: \$250.00 (\$175.00 for OAWA Members)**

- Runs Saturday Oct. 19<sup>th</sup> 9:00 am – 5:00 pm and Sunday Oct. 20<sup>th</sup> 9:00 am – 4:00 pm.
- Includes Technical (on-mat) training, please come ready to work in!
- This is a complete course including Design a Basic Sport Program, Teaching and Learning, Basic Mental Skills, Technical (on-mat) Skills.
- Cost includes all resource materials – please bring a binder, some notepaper, pens and a water bottle (there are re-filling stations in the school).

### **Professional Development Opportunities:**

#### ***NCCP Competition/Development or Professional Development Module***

**Managing Conflict \$85.00 (\$55.00 for OAWA Members)**

- Saturday Oct. 19<sup>th</sup> Only 9:00 am – 2:00 pm
- See full course overview below
- **Earn 5 Professional Development (PD) points**
- For Coaches pursuing Comp/Dev or Comp/Int. certified coaches needing PD points
- See the detailed course description on this great course below!

#### ***OHP Fall mini-camp:***

- Sunday Oct. 20<sup>th</sup> 10:00 am – 12:00 pm and 1:00 – 3:00 pm **\$25.00 \***
- Work with a great Clinician (TBA)
- Coaches attending will earn Professional Development (PD) points (amount TBD)

*\* This is the Coaches' Fee. Athletes will pay a different fee to be in the camp.*

**To register:**  
**e-mail OAWA Program Coordinator *Chris Stefopoulos* at:**

**[OHPwrestling@gmail.com](mailto:OHPwrestling@gmail.com)**

## **NCCP Managing Conflict**

**Comp/Dev Module earns 5 PD points!**

Course Length: 5 hrs PD Points: 5

Note: This is an NCCP Competition/Development Workshop. In addition to being a great course to increase your coaching skills, it is valuable if you are:

1. An NCCP Competition/Introduction certified coach who needs to obtain Professional Development (PD) points to maintain your certification.

or:

2. Are interested in pursuing Competition Development training/certification.

Suitable for Instructors and Competition Coaches.

The NCCP Managing Conflict module will allow you to:

- Identify common sources of conflict in sport;
- Determine which individuals or groups are most likely to find themselves in situations involving conflict;
- Learn important skills that will help you prevent and solve conflict resulting from misinformation, miscommunication or misunderstanding;
- Develop skills that will empower you to listen and speak effectively in conflict situations while maintaining positive relationships with athletes, parents, officials and other coaches,