



Western Open

- Date: Sunday January 18, 2026
- Location: Alumni Hall, Western University, London, Canada.
- Start Time: 9:00 am to conclusion.
- Eligibility: All U Sport eligible wrestlers or members of a club recognized by one's provincial association.
- Entry fee: \$45.00 per wrestler. Make cheque payable to: Western University or your school can be invoiced.
- Draw: Double elimination bracket. Round robin for 5 or fewer
- Medals: 1st, 2nd, and 3rd place
- Weights: U Sport weights with 2.0 kg allowance (use 2.2 lbs. per kg for conversion)
Men: **57, 61, 65, 68, 72, 76, 82, 90, 100, 125** + 2 kg.
Women: **50, 53, 56, 59, 62, 65, 68, 72, 76, 83, 90** + 2 kg
- Weigh-in: Friday January 16, 2026. Email entries to Ashley at wrestlingentries@gmail.com by 8 p.m. use the attached excel entry sheet.

For further information contact:
Scott Proctor
(226) 378-3557 E-mail: Sprocto@uwo.ca