****2025 St. Thomas More**

***More* Wrestling Tournament**

***(BOYS & GIRLS DIVISIONS)***

**DATE:** **Thursday November 27th, 2025**

**VENUE:** St. Thomas More Catholic Secondary School

1045 Upper Paradise Rd, Hamilton, ON L9B 2N4

(There is direct access to the gym halls just past the main entrance of the school- we will have someone outside marshalling you to avoid going through the main building)

**COST: $25/wrestler**

Make cheque payable to: ***St. Thomas More Catholic Secondary School***   
In the memo line please write “Wrestling team”

* This tournament will be limited to only ***250*** wrestlers.
* Please *pre-register* your team with the approximate number of athletes by: ***Thursday November 20th, 2025.*** *Stef Napoleone* *will then confirm your entry and e-mail the Excel entry forms to be used to enter your team on* ***Monday November 24th, 2025.***

Pre-register by Thursday November 20th: e-mail: Stefanie Napoleone - [napoleones@hwcdsb.ca](mailto:napoleones@hwcdsb.ca)**\*We will close registration once we hit 250 wrestlers. So, registering sooner is encouraged. \***

WEIGHT CLASSES: **Boys (kg):** 38, 41, 44, 47.5, 51, 54, 57.5, 61, 64, 67.5, 72, 77, 83, 89, 95, 130, 130+

**Boys Rookie** **(kg):** (1st year wrestler in grade 9 or 10 only - Grouped weight classes send in exact weight in kg)

**Girls (kg):** 38, 41, 44, 47.5, 51, 57.5, 61, 64, 67.5, 72, 77, 83, 89, 95, 115, 115+

* **A red dot system in effect (1 kg allowance at all weight classes)**
* **If there are not enough girls in each weight class, they will be grouped.**
* **Please indicate if your female wrestler is a rookie so they can be separated accordingly.**

Weigh-In Time: *Only those that have* ***pre-registered*** *are asked to e-mail your entries using the* ***Excel entry forms*** *provided by 5:00 pm on* ***Monday 24th, November 2025*** *to:*   
[napoleones@hwcdsb.ca](mailto:napoleones@hwcdsb.ca) *DO NOT CALL OR FAX THE SCHOOL OFFICE (Only e-mail entrees will be accepted)*

***NOTE:***

* ***Any team with wrestlers who do not show at the tournament will still be charged the entry fee.***
* ***Wrestlers* WILL NOT *have access to the main building (washrooms/changerooms are in the gym area) or cafeteria. Coaches are responsible for their athletes.***  Aktion Sports will also be on site in case any of your wrestlers still need gear.

WRESTLING BEGINS: 9:15 am SHARP (please arrive between 8:15 am and 8:30…our parking lot is crazy between 7:55- 8:10!)

CONTACT PERSON: Stefanie Napoleone - [napoleones@hwcdsb.ca](mailto:napoleones@hwcdsb.ca)