## Waiver Form

## Consent to Photo Release

To help promote Arrow Express Winter Lacrosse League, pictures of your child will be taken and posted in all forms of advertising (newspaper, website, etc), and you will not hold Arrow Express accountable in any way for any misrepresentation of your child.

## Health Disclosure of Participants

To ensure proper care of participants, it is imperative that Arrow Express Lacrosse personnel are made aware of any current or previous health concerns, allergies, or injuries of each participant. It is the responsibility of the parent/guardian to disclose full and correct information for each minor participant, and/or the participant of legal age.

... for participants under the legal age of majority... the parent/guardian must read and understand this waiver prior to the minor participating in the athletic activities.

## Acknowledgment of Risk and Release of Liability

The following waiver of all claims, release from all liability, assumption of all risks and other terms of this agreement are entered into by me on behalf of the minor participant with and for the benefit of Arrow Express Lacrosse, its directors, officers, employees, volunteers, coaches, officials, business operators, agents and site property owners or occupiers.

- 1. I am the parent/guardian of the minor and am executing this waiver on behalf of the minor in my capacity as parent/guardian and with the intent that this waiver be binding on myself and the minor for all legal purposes.
- 2. Athletic activities include but are not limited to, contact and non-contact sports, fitness activities, personal training instruction and activities, use of facilities, and fitness program and services provided to the minor by the organization.
- 3. I am aware that there are inherent and significant risks associated with the participation in athletic activities. I am aware that those risks include but are not limited to potential for serious personal injury caused by any event or any condition of the facility or equipment where athletic activities are provided by the organization. I understand the risks are relative to the minors state of fitness and health (physical, mental and emotional), and to the awareness, care and skill with which the minor conducts themselves while participating in athletic activities.
- 4. I freely accept and fully assume all responsibility for all risks and possibilities of personal injury, death, property damage or loss resulting from the minors' participation in athletic activities. I agree that although the organization has taken steps to reduce the risks and increase safety of the athletic activities, it is not possible for the organization to make the athletic activities completely safe. I accept these risks and agree to the terms of this waiver even if the organization is found to be negligent or in breach of any duty of care or any obligation to me or the minor in the minors' participation in athletic activities.
- 5. I acknowledge on behalf of the minor, the minors obligation to immediately inform the nearest employee or others of the organization if he or she feels any pain, discomfort, fatigue or other symptoms that he or she may suffer during and immediately after his or her participation in athletic activities. I understand the minor may stop participation at any time and may be requested to stop by an employee or others of the organization who observe any symptoms of distress or abnormal responses.
- 6. In addition to consideration given to the organization for the minors participation in athletic activities, I and heirs, next of kin, executors, administrators, and assigns, as well as the minor and his or her heirs, next of kin, executors, administrators, and assigns agree:
  - a. To waive all claims that I or the minor have or may have in the future against the organization;
  - b. To release and forever discharge the organization from all liability for all personal injury, death, property damage, or loss resulting from the minors participation in the fitness activities due to any cause including by not limited to negligence, breach of any duty imposed by law, breach of contract or mistake or error of judgment of he organization; and
  - c. To be liable for and to hold harmless and indemnify the organization from all actions, proceedings, claims, damages, costs demands including court costs, and costs on a solicitor and own client basis, and liabilities of whatsoever nature or kind arising out of or in any way connected with the minors participation in athletic activities.
- 7. I confirm that I have had sufficient time to read and understand each term in this waiver in its entirety, and have agreed to the terms freely and voluntarily. I understand that this waiver is binding on myself as parent/guardian, the minor participant and our legal representatives.