

Future Stars Youth Volleyball Rules

REGISTRATION OVERVIEW & POLICIES

- Divisions will be co-ed 8U, 10U, 12U, and 14U
- Uniforms included in the registration fee.
- Division age and gender can be combined or separated at league discretion (up to 1 grade level).
 - Divisions will be separated by experience level.

Coaching Requirements

In order to be on the court or bench, coaches must have met the following criteria:

1. Passed the AAU Sports Background Check
2. An active non-athlete Individual AAU Membership **with extended benefit**

Playing Time/Attendance- All players should receive equal/fair playing time during games, as long as the player is committed to the team and attends games on a regular basis. The League is for players to have fun, develop a passion for the game and improve their individual and team skills. Developing individual and team skill require regular attendance from all players

Refund Policy: \$45 Administrative Fee charge prior to registration closing. After registration closes, **no refunds for any reason; including, but not limited to any delays, postponements or cancellations due to public health reasons. Refunds will not be given for a participating team that did not get the division they requested.

- The Future Stars leadership reserves the right to modify, change or add rules at any time if it is deemed in the best interest of the Future Stars League. These rules include, but are not limited to, playing rules, eligibility rules and rosters.
- Future Stars leadership has the right to align teams or change teams in any skill level, as well as suspend players that are not displaying the appropriate behavior that reflects the image of the Future Stars League.

Team standings and season schedule will be posted here <https://starcentermultisport.com> and will be updated regularly.

Length of Game

- All matches are played in one-hour increments
- Matches will start at the scheduled match time, unless both teams agree to begin earlier (if the court is available).
- Regulation match play will consist of best 2 out of 3
- 12U-14U, the first two sets in a match will be played using rally scoring to 25. The third set, if necessary, will be played to 11 using rally scoring.

- 8U-10U teams, the first two sets to 21; the third set will be played to 7.
- Sets must be won by a two-point advantage.
- 12U-14U, the first two games are played to a cap of 28 points, at which point the two-point advantage is no longer in effect. The third game will be played to a cap of 13.
- 8U-10U, first two sets , 24 point cap, win by 1. The third set, 10 point cap.
- Time between sets, no more than 1 minute.
- If a team does not have the required number of athletes on the court (at least 4) by the beginning of the first match there will be a 5-minute wait period. After that 5-minute wait period, the team will forfeit first set. If same team still does not have enough athletes to being second set, and a team still does not have 4 athletes, the match is forfeited. The teams can scrimmage.

Ball Handling Faults

- Hitting the ball 4 times
- Lifting/Carrying/Throwing the ball
- Faults will be called only when there is a blatant violation. Referees will be lenient to allow for rallies to continue.
- 8U – 10U division: a player may have two attempts at their first serve to put the ball in play.
- Service line is 10 ft. from the back line for 8U – 10U.
- Service line is 3 ft. from the back line for 12U - 14U (the first line from the baseline).
- Servers can serve a max of 3 points in a row. After 3 points, that team will keep possession and rotate servers.

Substitutions

- Substitutions can only be made after a side out or on a dead ball.
- Continuous substitution is not enforced and is up to the coach's discretion.

Timeouts

- Each team is allowed two 30-second timeouts per game

Officials

- StarCenters will provide an official for all league games.
- Coin toss or rock, paper, scissors between the captains of the teams to determine which serve / receive for both first set and possible third set.

- The officials will briefly go over the rules and regulations for the game with the team captains and the coaches.
- The official's decision on any given call is final and will not be contested or appealed.
- Parents/Spectators are prohibited from approaching the ref stand and speaking to an official.
- Please remember, you are setting an example for your team. Do not argue or contest calls in a recreational game. If you have a question, please ask in a polite and professional manner. If there are any issues, please get the Future Stars StarCenter manager to address the issue.

Line Judges

- Both teams are required to provide 1 line judge for 12U and older games.
- The referee has the right to overrule a line judge at any time.

Equipment

- Volley-lite volleyball will be used.
- A game ball will be provided by StarCenter Multisport along with a cart of volleyballs for warm up before each match.

INCLEMENT WEATHER POLICY

It is the goal of all StarCenter and Multisport facilities to remain open and hold all programming as scheduled if it is deemed safe for all customers and staff to do so.

In the event of severe weather, all facilities under StarCenter Properties will follow the delayed start schedule of the ISD in which the facility is located. (For example, if Farmers Branch ISD has a delayed start and opens at 10:00AM, the StarCenter Multisport Farmers Branch will open at 10:00AM.)

If ISD's schools are closed for the day, StarCenter Multisport facilities will be closed for all AM programming and will re-assess the current conditions at 12:00PM to make a determination on programming for the duration of the afternoon and early evening. We will then re-assess conditions again at 5:00PM and make a determination on all nightly programming that is scheduled to begin after 7:00PM.

For all morning events on non-school days, we will assess the conditions before 9:00PM on the day before. We will reassess again in the morning and make a determination before 12:00PM on all afternoon events.

Delayed opening and closing announcements will be posted on the following social channels and websites:

StarCenter website - <https://www.nhl.com/stars/starcenters/>

X - [Children's Health StarCenters](#)

Facebook - [Children's Health StarCenters](#)

Instagram - [Children's Health StarCenters](#)

StarCenter Properties may change and/or adjust this policy in response to individual circumstances, as necessary.

Questions or Comments? Contact:

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