

# Adult Co-ed Volleyball Rules

## REGISTRATION OVERVIEW & POLICIES

- Divisions separated by skill level
- Teams must have one “team captain” to be the primary organizer/communicator for the team
- Games will be played 6v6

\*\*Refund Policy: Refunds will be provided prior to team placement and scheduling. Refund requests after teams are built and schedules are posted will not be available. After registration closes, ***no refunds for any reason***; including, but not limited to any delays, postponements or cancellations due to public health reasons. Refunds will not be given for a participating team that did not get the division they requested.

- The league leadership reserves the right to modify, change or add rules at any time if it is deemed in the best interest of the League. These rules include, but are not limited to, playing rules, eligibility rules and rosters.
- The league leadership has the right to align teams or change teams in any skill level, as well as suspend players that are not displaying the appropriate behavior that reflects the image of the League.

Team standings and season schedule will be posted here <https://starcentermultisport.com> and will be updated regularly.

## Length of Game

- All matches are played in one-hour increments
- Matches will start at the scheduled match time, unless both teams agree to begin earlier (if the court is available).
- Regulation match play will consist of best 2 out of 3
- the first two sets in a match will be played using rally scoring to 25. The third set, if necessary, will be played to 11 using rally scoring.
- Sets must be won by a two-point advantage.
- the first two games are played to a cap of 28 points, at which point the two-point advantage is no longer in effect. The third game will be played to a cap of 13.
- Time between sets, no more than 1 minute.
- If a team does not have the required number of athletes on the court (at least 4) by the beginning of the first match there will be a 5-minute wait period. After that 5-minute wait period, the team will forfeit first set. If same team still does not have enough athletes to being second set, and a team still does not have 4 athletes, the match is forfeited. The teams can scrimmage.

## Ball Handling Faults

- Hitting the ball 4 times
- Lifting/Carrying/Throwing the ball
- Service line is 3 ft. from the back line (the first line from the baseline).
- Servers can serve a max of 3 points in a row. After 3 points, that team will keep possession and rotate servers from right front.

## Service faults

- 1. The ball passes under the net
- 2. The ball touches a player of the serving team or any object before entering the opponent's playing area
- 3. The ball lands outside the limits of the opponent's playing side
- 4. The server serves from outside the service area or commits a foot fault
- 5. The player serves with two hands
- 6. Improper rotation order
- 7. \*A served ball that contacts the net and goes into the opponent's half is live, provided that the net contact occurred between the antennas

## Back Row Players

1. A back-row player (on or in front of the attack line) cannot contact the ball completely above the height of the net and complete an attack
2. A back-row player may attack the ball from behind the attack line and may land on or in front of the attack line providing the takeoff was clearly behind the attack line
3. Any attack by a back-row player in which they takeoff on or in front of the attack line will result in a side-out and a point for the opposing team

## Substitutions

- Substitutions can only be made after a side out or on a dead ball.
- Continuous substitution is not enforced.

## Timeouts

- Each team is allowed two 30-second timeouts per game
- Only the team captain may call for a timeout

## Officials

- StarCenters will provide an official for all league games.

- Coin toss or rock, paper, scissors between the captains of the teams to determine which serve / receive for both first set and possible third set.
- The officials will briefly go over the rules and regulations for the game with the team captains.
- The official's decision on any given call is final and will not be contested or appealed.
- Players/Spectators are prohibited from approaching the ref stand and speaking to an official.
- Please remember, you are setting an example for your team. Do not argue or contest calls in a recreational game. If you have a question, please ask in a polite and professional manner. If there are any issues, please get the Future Stars StarCenter manager to address the issue.

### **Equipment**

- A game ball will be provided by StarCenter Multisport along with a cart of volleyballs for warm up before each match.

### **Sportsmanship policy**

Players must show good sportsmanship at all times toward members of opposing teams, spectators, referees, and league organizers. Team captains are responsible for the behavior of their team members. Violations will be assessed by the league organizer and may result in disqualification, removal, or suspension from the league and facility.

### **INCLEMENT WEATHER POLICY**

It is the goal of all StarCenter and Multisport facilities to remain open and hold all programming as scheduled if it is deemed safe for all customers and staff to do so.

In the event of severe weather, all facilities under StarCenter Properties will follow the delayed start schedule of the ISD in which the facility is located. (For example, if Farmers Branch ISD has a delayed start and opens at 10:00AM, the StarCenter Multisport Farmers Branch will open at 10:00AM.)

If ISD's schools are closed for the day, StarCenter Multisport facilities will be closed for all AM programming and will re-assess the current conditions at 12:00PM to make a determination on programming for the duration of the afternoon and early evening. We will then re-assess conditions again at 5:00PM and make a determination on all nightly programming that is scheduled to begin after 7:00PM.

For all morning events on non-school days, we will assess the conditions before 9:00PM on the day before. We will reassess again in the morning and make a determination before 12:00PM on all afternoon events.

Delayed opening and closing announcements will be posted on the following social channels and websites:

StarCenter website - <https://www.nhl.com/stars/starcenters/>

X - [Children's Health StarCenters](#)

Facebook - [Children's Health StarCenters](#)

Instagram - [Children's Health StarCenters](#)

StarCenter Properties may change and/or adjust this policy in response to individual circumstances, as necessary.

Questions or Comments? Contact:

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