

PKSA Fall Recreational Division Rules

U6

- Law 1: Field will be rectangular about 20 by 35 yards, with a half line and a goal box. No penalty area. No corner flags. No corner arc. Goals are 5 feet by 12 feet approx.
- Law 2: Ball is a size 3.
- Law 3: Games are played 3 v 3 or 4 v 4 (as the two coaches agree) with no goal keeper. Coaches rotate every player from the bench into the game and out at any stoppage of play.
- Law 4: Uniforms consist of team shirt, knee high socks, shoes, and shin guards, and shorts or sweat pants. Shin guards must be fully covered by the sock. No jewelry, ear rings, watches, bands, hair beads or clips.
- Law 5 and 6: No referees. One coach or assistant coach from each team is on the field directing the players.
- Law 7: Game time is four eight-minute quarters with a two to three minute break between quarters.
- Law 8: Game starts when the ball is placed on the half line and a player kicks the ball. Said player may not touch the ball after the initial kick until touches another player. Opponents must be 4 yards from the ball at the start.
- Law 9: No throw-ins. Every out-of-bounds on the touch line is a kick-in from the spot the ball left the field by the team who did not touch it last. Every out-of-bounds from the end line is a kick-in either from the corner if the defending team kicked it out or from the end line if the attacking team kicked it out.
- Law 10: Scoring. No score is kept in this division. Everyone wins and receives a medal. Players may score from the kickoff, a goal kick, a corner kick, or a kick-in from the touch line.
- Law 11: No offside rule.
- Law 12: Coaches call fouls for pushing, kicking, hitting, jumping at, tripping, holding an opponent, spitting at a player, handling the ball, or sliding near other players. No cards are given to any player. No slide tackles are allowed. Coaches explain each call to the players.
- Law 13: Free kicks. All fouls are direct kicks from spot of the foul or from goal box line if foul occurs inside the goal box. Opponents must be 4 yards from the ball at the time of the kick.
- Law 14: No penalty kicks.
- Law 15-17: Opponents must remain 4 yards from a kick-in, goal kick, and corner kick.
- Other: No intentional heading is allowed. The coach will stop the play, remind the player not to head the ball intentionally, and award a direct free kick to the other team from the spot of the foul or the goal box line if the head occurs in the goal box. Non-intentional heading is ignored.
- Other: Coaches follow concussion protocol.
- All coaches in the recreational and instructional divisions must use positive coaching techniques. Positive coaching techniques means the coach will guide, encourage, correct, and train his/her players with kindness, cheerfulness, and respect. Any coach who displays anger, rudeness, or grouchiness towards a player, coach, or referee may be expelled from the game by any referee or board member. A mistake by a referee, coach, or player does not create an exception to this rule. A coach who is expelled must leave the soccer fields at Clover Dell Park. A coach who repeatedly shows an unwillingness to use positive coaching techniques will be replaced as coach by the PKSA board.

PKSA Fall Recreational Division Rules

U8

- Law 1: Field will be rectangular about 20 by 35 yards, with a half line and goal box. No penalty area. No corner flags. No corner arc. Goals are 5 feet by 12 feet approx.
- Law 2: Ball is a size 3.
- Law 3: Games are played 5 vs 5. One player is a goal keeper. Coaches rotate every player from the half line into the game and out at any stoppage of play with permission of the referee.
- Law 4: Uniforms consist of team shirt, knee high socks, shoes, and shin guards, and shorts or sweat pants. Shin guards must be fully covered by the sock. No jewelry, ear rings, watches, bands, hair beads or clips.
- Law 5 and 6: One referee is on the field directing the players.
- Law 7: Game time is four ten-minute quarters with a two to three minute break between quarters.
- Law 8: Game starts by one player playing the ball from the half line. Said player may not touch the ball after the initial kick until the ball touches another player. Opponents must be 4 yards from the ball at the start.
- Law 9: Throw-ins from the touch line. Players learn proper throw-in technique. Referee makes players who do it wrong try a second time. Ball is in play the second time whether done right or wrong.
- Law 10: Scoring. No score is kept in this division. Everyone wins and receives a medal. Players may score from the kickoff, a goal kick, a corner kick, or a kick-in from the touch line.
- Law 11: No offside rule.
- Law 12: Referee calls fouls indirect or direct according to the Laws of the Game. The restart is from spot of the foul or from goal box line if foul occurs inside the goal box. If goal keeper touches the ball with his/her hands after a pass from a team mate, the Referee does not call a foul. All sliding with contact, other than the keeper in his own penalty area, is called as a direct free kick. All sliding near other players but without contact, other than the keeper in his own penalty area, is called an indirect free kick. Keeper may not punt, drop kick, or bounce kick the ball. Violation is an indirect free kick to the opponent.
- Law 13: Free kicks. Referee signals whether kick is direct or indirect. Opponents must be 4 yards from the ball at the time of the kick.
- Law 14: No penalty kicks. All fouls inside the goal box are taken from the point on the goal box line nearest the foul.
- Law 15-17: Opponents must remain 4 yards from a kick-in, goal kick, and corner kick.
- Special Laws: No intentional heading is allowed. The referee will stop the play, remind the player not to intentionally head the ball, and award an indirect free kick to the other team from the spot of the foul or the goal box line if the head occurs in the goal box. Non-intentional heading is ignored.
- Other: Coaches follow concussion protocol.
- All coaches in the recreational and instructional divisions must use positive coaching techniques. Positive coaching techniques means the coach will guide, encourage, correct, and train his/her players with kindness, cheerfulness, and respect. Any coach who displays anger, rudeness, or grouchiness towards a player, coach, or referee may be expelled from the game by any referee or board member. A mistake by a referee, coach, or player does not create an exception to this rule. A coach who is expelled must leave the soccer fields at Clover Dell Park. A coach who repeatedly shows an unwillingness to use positive coaching techniques will be replaced as coach by the PKSA board.

PKSA Fall Recreational Division Rules

U10

- Law 1: Field will be rectangular about 45 by 60 yards, with a half line, goal box, penalty box, corner arcs and flags. Goals are 6 feet by 18 feet approx.
- Law 2: Ball is a size 4.
- Law 3: Games are played 7 vs 7. One player is the goal keeper. Coaches rotate every player from the half line into the game and out at any stoppage of play with permission of the referee when the referee believes the substitution will not slow the pace of the game or take an advantage from the team not subbing.
- Law 4: Uniforms consist of team shirt, knee high socks, shoes, and shin guards, and shorts or sweat pants. Shin guards must be fully covered by the sock. No jewelry, ear rings, watches, bands, hair beads or clips.
- Law 5 and 6: One referee and two assistant referees call the game.
- Law 7: Game time is two twenty-five-minute halves with a three to five minute break between halves.
- Law 8: Kickoff per FIFA laws of the game. Game starts by one player playing the ball. Said player may not touch the ball after the initial kick until the ball touches another player or indirect free kick to opponent. Opponents must be 10 yards from the ball at the start.
- Law 9: Throw-ins Per FIFA laws of the game. Incorrect throw-ins result in awarding throw to other team.
- Law 10: Scoring per FIFA laws of the game. Every game will have a winner and loser. If a game ends in a tie, the referee will conduct a quick penalty shootout. Each coach will choose five players each to take one kick and one goal keeper to defend all the kicks. (The goal keeper may also be assigned to take a kick.) If a tie exists at the end of the shootout, then the shootout will become sudden death. Each coach will choose a player to take the next sudden death kick. No player may take a second kick in the shootout until all players have kicked in that round. Team standings are kept and published each week.
- Law 11: Offside rule per FIFA laws of the game.
- Law 12: Referee calls fouls according to FIFA laws of the game, except all sliding with contact, other than the keeper in his own penalty area, is called as a direct free kick. All sliding near other players but without contact, other than the keeper in his own penalty area, is called an indirect free kick. Keeper may not punt, bounce kick, or drop kick the ball. No intentional heading is allowed. The referee will stop the play, remind the player not to intentionally head the ball, and award an indirect free kick to the other team. Non-intentional heading is ignored.
- Referee imposes sanctions per the laws of the game. Player receiving a yellow card must leave the field until next substitution. Player receiving a red card must leave the field and

forfeit the next game. Player receiving two red cards in a season is removed from the league for the remainder of the season. (A penalty may be applied to more than one season at discretion of the board.)

- Law 13: Free kicks. Referee signals whether kick is direct or indirect. Opponents must be 10 yards from the ball at the time of the kick.
- Law 14: Direct free kicks inside the penalty box result in penalty kick per FIFA laws.
- Law 15: Throw-ins per FIFA laws of the game. Opponents must be 2 yards from thrower.
- Law 16: Goal kicks per FIFA laws of the game. Team taking the goal kick may be in the penalty box, but opponents must be outside the penalty box. Ball is in play when it is touched and clearly moves. (It does not have to leave the penalty box anymore.)
- Law 17. Corner kick per FIFA laws of the game. Opponents must be 10 yards from the ball at the time of the kick.
- Other: Coaches follow concussion protocol.
- All coaches in the recreational and instructional divisions must use positive coaching techniques. Positive coaching techniques means the coach will guide, encourage, correct, and train his/her players with kindness, cheerfulness, and respect. Any coach who displays anger, rudeness, or grouchiness towards a player, coach, or referee may be expelled from the game by any referee or board member. A mistake by a referee, coach, or player does not create an exception to this rule. A coach who is expelled must leave the soccer fields at Clover Dell Park. A coach who repeatedly shows an unwillingness to use positive coaching techniques will be replaced as coach by the PKSA board.

PKSA Fall Recreational Division Rules

U13

- Law 1: Field will be rectangular about 60 by 80 yards, with a half line, goal box, penalty box, corner arcs and flags. Goals are 6 feet by 18 feet approx.
- Law 2: Ball is a size 5.
- Law 3: Games are played 7 vs 7. One player is the goal keeper. Coaches rotate every player from the half line into the game and out at any stoppage of play with permission of the referee when the referee believes the substitution will not slow the pace of the game or take an advantage from the team not subbing.
- Law 4: Uniforms consist of team shirt, knee high socks, shoes, and shin guards, and shorts or sweat pants. Shin guards must be fully covered by the sock. No jewelry, ear rings, watches, bands, hair beads or clips.
- Law 5 and 6: One referee and two assistant referees call the game.
- Law 7: Game time is two thirty-minute halves with a three to five minute break between halves.
- Law 8: Kick off per FIFA laws of the game. Game starts by one player playing the ball. Said player may not touch the ball after the initial kick until it touches another player or referee awards an indirect free kick to opponent. Opponents must be 10 yards from the ball at the start.
- Law 9: Throw-ins Per FIFA laws of the game. Incorrect throw-ins result in awarding throw to other team.
- Law 10: Scoring per FIFA laws of the game. Every game will have a winner and loser. If a game ends in a tie, the referee will conduct a quick penalty shootout. Each coach will choose five players each to take one kick and one goal keeper to defend all the kicks. (The goal keeper may also be assigned to take a kick.) If a tie exists at the end of the shootout, then the shootout will become sudden death. Each coach will choose a player to take the next sudden death kick. No player may take a second kick in the shootout until all players have kicked in that round. Results are kept and division winner awarded.
- Law 11: Offside rule per FIFA laws of the game.
- Law 12: Referee calls fouls according to FIFA laws of the game, except all sliding with contact, other than the keeper in his own penalty area, is called as a direct free kick. All sliding near other players but without contact, other than the keeper in his own penalty area, is called an indirect free kick. Keeper may not punt or drop kick the ball. No intentional heading is allowed. The referee will stop the play, remind the player not to intentionally head the ball, and award an indirect free kick to the other team from the spot of the foul or the goal box line if the head occurs in the goal box. Non-intentional heading is ignored.
- Referee imposes sanctions per the laws of the game. Player receiving a yellow card must leave the field until next substitution. Player receiving a red card must leave the field and

forfeit the next game. Player receiving two red cards in a season is removed from the league for the remainder of the season. (A penalty may be applied to more than one season.)

- Law 13: Free kicks per FIFA laws of the game. Referee signals whether kick is direct or indirect. Opponents must be 10 yards from the ball at the time of the kick.
- Law 14: Direct free kicks inside the penalty box result in penalty kick per FIFA laws.
- Law 15: Throw-ins per FIFA laws of the game. Opponents must be 2 yards from thrower.
- Law 16: Goal kicks per FIFA laws of the game. Opponents must be outside the penalty box. Ball is in play when it is touched and clearly moves. (It does not have to leave the penalty box anymore.)
- Law 17. Corner kick per FIFA laws of the game. Opponents must be 10 yards from the ball at the time of the kick.
- Other: Coaches follow new concussion protocol.
- All coaches in the recreational and instructional divisions must use positive coaching techniques. Positive coaching techniques means the coach will guide, encourage, correct, and train his/her players with kindness, cheerfulness, and respect. Any coach who displays anger, rudeness, or grouchiness towards a player, coach, or referee may be expelled from the game by any referee or board member. A mistake by a referee, coach, or player does not create an exception to this rule. A coach who is expelled must leave the soccer fields at Clover Dell Park. A coach who repeatedly shows an unwillingness to use positive coaching techniques will be replaced as coach by the PKSA board.

PKSA Fall Recreational Division Rules
Upper Class Academy (UCA)

- Law 1: Field will be rectangular about 60 by 80 yards, with a half line, goal box, penalty box, corner arcs and flags. Goals are 6 feet by 18 feet approx.
- Law 2: Ball is a size 5.
- Law 3: Games are played 6 vs 6. One player is the goal keeper. Coaches rotate every player from the half line into the game and out at any stoppage of play with permission of the referee when the referee believes the substitution will not slow the pace of the game or take an advantage from the team not subbing.
- Law 4: Uniforms consist of team shirt, knee high socks, shoes, and shin guards, and shorts or sweat pants. Shin guards must be fully covered by the sock. No jewelry, ear rings, watches, bands, hair beads or clips.
- Law 5 and 6: One referee and two assistant referees call the game.
- Law 7: Game time is two thirty-five-minute halves with a three to five minute break between halves.
- Law 8: Kick off per FIFA laws of the game. Game starts by one player playing the ball. Said player may not touch the ball after the initial kick until touches another player. Opponents must be 10 yards from the ball at the start. Incorrect kick-off results in indirect free kick to opponent.
- Law 9: Throw-ins Per FIFA laws of the game. Incorrect throw-ins result in awarding throw to other team.
- Law 10: Scoring per FIFA laws of the game. Every game will have a winner and loser. If a game ends in a tie, the referee will conduct a quick penalty shootout. Each coach will choose five players each to take one kick and one goal keeper to defend all the kicks. (The goal keeper may also be assigned to take a kick.) If a tie exists at the end of the shootout, then the shootout will become sudden death. Each coach will choose a player to take the next sudden death kick. No player may take a second kick in the shootout until all players have kicked in that round. Game results are kept and division winner awarded.
- Law 11: Offside rule per FIFA laws of the game.
- Law 12: Referee calls fouls according to FIFA laws of the game, except all sliding, other than the keeper in his own penalty area, with contact is called as a direct free kick. All sliding near other players but without contact, other than the keeper in his own penalty area, is called as an indirect free kick. Keeper may not punt or drop kick the ball. Referee imposes sanctions per the laws of the game. Player receiving a yellow card must leave the field until next substitution. Player receiving a red card must leave the field and forfeit the next game. Player receiving two red cards in a season is removed from the league for the remainder of the season. (A serious penalty may apply to more than one season.)

- Law 13: Free kicks per FIFA laws of the game. Referee signals whether kick is direct or indirect. Opponents must be 10 yards from the ball at the time of the kick.
- Law 14: Direct free kicks inside the penalty box result in penalty kick per FIFA laws of the game.
- Law 15: Throw-ins per FIFA laws of the game. Opponents must be 2 yards from thrower.
- Law 16: Goal kicks per FIFA laws of the game. Opponents must be outside the penalty box. Ball is in play when it is touched and clearly moves. (It does not have to leave the penalty box anymore.)
- Law 17. Corner kick per FIFA laws of the game. Opponents must be 10 yards from the ball at the time of the kick.
- Other: Coaches follow the concussion protocol.
- All coaches in the recreational and instructional divisions must use positive coaching techniques. Positive coaching techniques means the coach will guide, encourage, correct, and train his/her players with kindness, cheerfulness, and respect. Any coach who displays anger, rudeness, or grouchiness towards a player, coach, or referee may be expelled from the game by any referee or board member. A mistake by a referee, coach, or player does not create an exception to this rule. A coach who is expelled must leave the soccer fields at Clover Dell Park. A coach who repeatedly shows an unwillingness to use positive coaching techniques will be replaced as coach by the PKSA board.