PKSA Fall Recreational Division Rules
U6/U8 (Updated 2026)

- Ball is a size 3.
- Games consist of 3 field players and 1 goalkeeper (4v4). Coaches substitute players at any stoppage of the game (kick in, goal kicks or kick offs). All players should substitute from the half line.
- No jewelry, earrings, watches, bands, hair beads or clips. Shin guards and cleats/shoes MUST be soccer regulated. Baseball or football cleats NOT ALLOWED.
- NO referee for the games, so we ask coaches to manage the game and allow fair and consistent play.
- Game time:
- TWO - 12-minute halves (3-minute halftime)
- Game starts with one player playing the ball from the half line. Said player may not touch the ball after the initial kick until it touches another player. Opponents must be 4 yards from the ball at the start. No goal can be scored from the following restarts of play:
- Kickoff
- Goal Clearance
- Out of bounds (from side)
- Ball out of play restarts:
- No throw-ins. Every out-of-bounds on the touch line is a kick-in from the spot the ball left the field by the team who did not touch it last. Every out-of-bounds from the end line is a kick-in either from the corner if the defending team kicked it out or from the end line if the attacking team kicked it out.
- No offsides rule
- **Coaches call ALL fouls**. The restart is from the spot of the foul or if it occurs in the box, the ball should be placed at the top of the box and placed from there. All sliding with or without contact is called as a free kick.
- All Free kicks. Opponents must be 4 yards from the ball at the time of the kick.
- NO penalty kicks. All fouls inside the goal box are taken from the top of the box.
- Special Laws: No intentional heading is allowed. Free kick for the opposing team is given. Non-intentional heading is ignored.
- Other: Coaches follow concussion protocol.
- All coaches in the recreational and instructional divisions must use positive coaching techniques. Positive coaching techniques means the coach will guide, encourage, correct, and train his/her players with kindness, cheerfulness, and respect. Any coach who displays anger, rudeness, or grouchiness towards a player, coach, or referee may be expelled from the game by any referee or board member. A mistake by a referee, coach, or player does not create an exception to this rule. A coach who is expelled must leave the soccer fields at Clover Dell Park. A coach who repeatedly shows an unwillingness to use positive coaching techniques will be replaced as coach by the PKSA board.

PKSA Fall Recreational Division Rules
U10 (2026)

- Law 1: Field will be rectangular about 40x60 yards, with a half line, goal box, corner arcs and flags. Goals are 6'x18' approx.
- Law 2: Ball is a size 4.
- Law 3: Games are played 7 vs 7. One player is the goalkeeper. Coaches rotate every player from the half line into the game and out at any stoppage of play with permission of the referee when the referee believes the substitution will not slow the pace of the game or take an advantage from the team not subbing.
- Law 4: Uniforms consist of team shirts, shorts, knee high socks, shin guards and shoes/soccer cleats. Shin guards must be fully covered by socks. No jewelry, earrings, watches, bands, hair beads or clips. Cleats MUST be soccer regulated, baseball or football cleats NOT ALLOWED.
- Law 5 and 6: 1-person referee system
- Law 7: Game time is two 20-minute halves with a 3-minute break between halves.
- Law 8: Kickoff per FIFA laws of the game. The game starts with one player playing the ball. Said player may not touch the ball after the initial kick until the ball touches another player or indirect free kick to the opponent. Opponents must be 10 yards from the ball at the start.
- Law 9: Throw-ins Per FIFA laws of the game. Incorrect throw-ins result in awarding throws to other teams.
- Law 10: Scoring per FIFA laws of the game. Team standings are kept and published weekly. Games can end in a tie.
- Law 11: Offside rule per FIFA laws of the game with extension of
- Law 12: Referee calls fouls according to FIFA laws of the game. All sliding with or without contact (except goalkeeper) is called an indirect free kick.
- Referee imposes sanctions per the laws of the game. Players receiving a yellow card must leave the field until the next substitution. Player(s) receiving a red card must leave the field (suspended) and forfeit the next game. A $25 reinstatement fee (red card) will be assessed to the player's parent(s) and paid before the player is able to play again. Players receiving two red cards in a season are removed from the league for the remainder of the season. (A penalty may be applied to more than one season at the discretion of the board.)
- Law 13: Free kicks. Referee signals whether the kick is direct or indirect. Opponents must be 10 yards from the ball at the time of the kick.
- Law 14: Direct free kicks inside the penalty box result in penalty kick per FIFA laws.
- Law 15: Throw-ins per FIFA laws of the game. Opponents must be 2 yards from the thrower.
- Law 16: Goal kicks per FIFA laws of the game. The team taking the goal kick may be in the penalty box, but opponents must be outside the penalty box. The ball is not in play until it leaves the penalty box.
- Law 17. Corner kick per FIFA laws of the game. Opponents must be 10 yards from the ball at the time of the kick.
- Special Laws: No intentional heading is allowed. The referee will stop the play, remind the player not to intentionally head the ball, and award an indirect free kick to the other team from the spot of the foul or the goal box line if the head occurs in the goal box. Non-intentional heading is ignored
- Other: Coaches follow concussion protocol.
- All coaches in the recreational and instructional divisions must use positive coaching techniques. Positive coaching techniques means the coach will guide, encourage, correct, and train his/her players with kindness, cheerfulness, and respect. Any coach who displays anger, rudeness, or grouchiness towards a player, coach, or referee may be expelled from the game by any referee or board member. A mistake by a referee, coach, or player does not create an exception to this rule. A coach who is expelled must leave the soccer fields at Clover Dell Park. A coach who repeatedly shows an unwillingness to use positive coaching techniques will be replaced as coach by the PKSA board.

PKSA Fall Recreational Division Rules
U12 (2025)

- Law 1: Field will be rectangular about 40x60 yards, with a half line, goal box, corner arcs and flags. Goals are 6'x18' approx.
- **Law 2: U12 - Ball is a size 4**
- Law 3: Games are played 7 vs 7. One player is the goalkeeper. Coaches rotate every player from the half line into the game and out at any stoppage of play with permission of the referee when the referee believes the substitution will not slow the pace of the game or take an advantage from the team not subbing.
- Law 4: Uniforms consist of team shirts, shorts, knee high socks, shin guards and shoes/soccer cleats. Shin guards must be fully covered by socks. No jewelry, earrings, watches, bands, hair beads or clips. Cleats MUST be soccer regulated, baseball or football cleats NOT ALLOWED.
- Law 5 and 6: Referee 2-person referee system (both able to call the game)
- Law 7: Game time is two 20-minute halves with a 3-minute break between halves.
- Law 8: Kickoff per FIFA laws of the game. The game starts with one player playing the ball. Said player may not touch the ball after the initial kick until the ball touches another player or indirect free kick to the opponent. Opponents must be 10 yards from the ball at the start.
- Law 9: Throw-ins Per FIFA laws of the game. Incorrect throw-ins result in awarding throws to other teams.
- Law 10: Scoring per FIFA laws of the game. Team standings are kept and published weekly. Games can end in a tie.
- Law 11: Offside rule per FIFA laws of the game.
- Law 12: Referee calls fouls according to FIFA laws of the game.
- Referee imposes sanctions per the laws of the game. Players receiving a yellow card must leave the field until the next substitution. Player(s) receiving a red card must leave the field (suspended) and forfeit the next game. A $25 reinstatement fee (red card) will be assessed to the player's parent(s) and paid before the player is able to play again. Players receiving two red cards in a season are removed from the league for the remainder of the season. (A penalty may be applied to more than one season at the discretion of the board.)
- Law 13: Free kicks. Referee signals whether the kick is direct or indirect. Opponents must be 10 yards from the ball at the time of the kick.
- Law 14: Direct free kicks inside the penalty box result in penalty kick per FIFA laws.
- Law 15: Throw-ins per FIFA laws of the game. Opponents must be 2 yards from the thrower.
- Law 16: Goal kicks per FIFA laws of the game. The team taking the goal kick may be in the penalty box, but opponents must be outside the penalty box. The ball is not in play until it leaves the penalty box.
- Law 17. Corner kick per FIFA laws of the game. Opponents must be 10 yards from the ball at the time of the kick.
- Special Laws: No intentional heading is allowed. The referee will stop the play, remind the player not to intentionally head the ball, and award an indirect free kick to the other team from the spot of the foul or the goal box line if the head occurs in the goal box. Non-intentional heading is ignored.
- Other: Coaches follow concussion protocol.
- All coaches in the recreational and instructional divisions must use positive coaching techniques. Positive coaching techniques means the coach will guide, encourage, correct, and train his/her players with kindness, cheerfulness, and respect. Any coach who displays anger, rudeness, or grouchiness towards a player, coach, or referee may be expelled from the game by any referee or board member. A mistake by a referee, coach, or player does not create an exception to this rule. A coach who is expelled must leave the soccer fields at Clover Dell Park. A coach who repeatedly shows an unwillingness to use positive coaching techniques will be replaced as coach by the PKSA board.

PKSA Fall Recreational Division Rules
U15 (2026)

- Law 1: Field will be rectangular about 40x60 yards, with a half line, goal box, corner arcs and flags. Goals are 6'x18' approx.
- **Law 2: Ball is a size 5**
- Law 3: Games are played 7 vs 7. One player is the goalkeeper. Coaches rotate every player from the half line into the game and out at any stoppage of play with permission of the referee when the referee believes the substitution will not slow the pace of the game or take an advantage from the team not subbing.
- Law 4: Uniforms consist of team shirts, shorts, knee high socks, shin guards and shoes/soccer cleats. Shin guards must be fully covered by socks. No jewelry, earrings, watches, bands, hair beads or clips. Cleats MUST be soccer regulated, baseball or football cleats NOT ALLOWED.
- Law 5 and 6: Referee 2-person referee system (both able to call the game)
- Law 7: Game time is two 20-minute halves with a 3-minute break between halves.
- Law 8: Kickoff per FIFA laws of the game. The game starts with one player playing the ball. Said player may not touch the ball after the initial kick until the ball touches another player or indirect free kick to the opponent. Opponents must be 10 yards from the ball at the start.
- Law 9: Throw-ins Per FIFA laws of the game. Incorrect throw-ins result in awarding throws to other teams.
- Law 10: Scoring per FIFA laws of the game. Team standings are kept and published weekly. Games can end in a tie.
- Law 11: Offside rule per FIFA laws of the game.
- Law 12: Referee calls fouls according to FIFA laws of the game.
- Referee imposes sanctions per the laws of the game. Players receiving a yellow card must leave the field until the next substitution. Player(s) receiving a red card must leave the field (suspended) and forfeit the next game. A $25 reinstatement fee (red card) will be assessed to the player's parent(s) and paid before the player is able to play again. Players receiving two red cards in a season are removed from the league for the remainder of the season. (A penalty may be applied to more than one season at the discretion of the board.)
- Law 13: Free kicks. Referee signals whether the kick is direct or indirect. Opponents must be 10 yards from the ball at the time of the kick.
- Law 14: Direct free kicks inside the penalty box result in penalty kick per FIFA laws.
- Law 15: Throw-ins per FIFA laws of the game. Opponents must be 2 yards from the thrower.
- Law 16: Goal kicks per FIFA laws of the game. The team taking the goal kick may be in the penalty box, but opponents must be outside the penalty box. The ball is not in play until it leaves the penalty box.
- Law 17. Corner kick per FIFA laws of the game. Opponents must be 10 yards from the ball at the time of the kick.
- Special Laws: No intentional heading is allowed. The referee will stop the play, remind the player not to intentionally head the ball, and award an indirect free kick to the other team from the spot of the foul or the goal box line if the head occurs in the goal box. Non-intentional heading is ignored.
- Other: Coaches follow concussion protocol.
- All coaches in the recreational and instructional divisions must use positive coaching techniques. Positive coaching techniques means the coach will guide, encourage, correct, and train his/her players with kindness, cheerfulness, and respect. Any coach who displays anger, rudeness, or grouchiness towards a player, coach, or referee may be expelled from the game by any referee or board member. A mistake by a referee, coach, or player does not create an exception to this rule. A coach who is expelled must leave the soccer fields at Clover Dell Park. A coach who repeatedly shows an unwillingness to use positive coaching techniques will be replaced as coach by the PKSA board.