

Opening Guidelines



Approved On Date: 5/30/2020

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To Club Players:

UPSL Krajisnik Football Club Inc. wants to make it clear. These are just Guidelines that all club members have the choice to choose if they want to participate in club activities. These Guidelines that the Krajisnik FC Governing Body has produced to start training and games back up for the Men's UPSL team. Each Member that includes the coach, players and parents will decide if they are willing to participate in this summer season. All Guidelines must be followed during club activities.

- Krajisnik FC UPSL Board



UPSL LATEST UPDATE

UPSL ANNOUNCES JUNE 20 AS THE START OF THE SPRING SEASON

THE UPSL SPRING 2020 SEASON WILL COMMENCE IN A CONDENSED FORMAT STARTING SATURDAY, JUNE 20, AND INCORPORATING ONLY THE STATES, COUNTIES AND MUNICIPALITIES WHERE ORGANIZED SOCCER IS ALLOWED. WE ARE OPTIMISTIC THAT PLAY WILL BE PERMITTED IN FLORIDA, TEXAS, GEORGIA, ARIZONA, COLORADO, UTAH, IDAHO, AND SOUTH CAROLINA. OTHER STATES WILL BE SUBJECT TO ONGOING DEVELOPMENTS AND ALL LOCATIONS ARE SUBJECT TO CHANGE AT VERY SHORT NOTICE.

VISIT WWW.UPSL.COM FOR MORE INFORMATION







A. If our soccer governed body does not extend the band further than May 31st.

- B. Get the approval of using of a facility for games and practices (Herkimer College)
- C. Our Club Guidelines get approved by Oneida and Herkimer counties.



- D. The Club has acquired surgical masks and gloves for everyday use.
- E. The Club has acquired reusable polyester masks for training use.
- F. Hand sanitizer will be provided for all players at training and games.
- G. All items listed above will replenished throughout the UPSL season.
- H. Only authorized club members are allowed to attend practices and games.



Equipment Check

(2) Non-Contact Temperature Check To Be Used On Everyone That Enters The Soccer Stadium

5 Bottles Of Air Sanitizer For The Vans & Rooms



20 Packs Of 6, 8oz Hand Sanitizer For Use For Players & Staff Before Entering The Field



20 Bottles Of Disinfected Sprays For Soccer Equipment Or Any other Surface That A Player Will Be In Contact With.





10 Packs of 200 PCS Of Gloves For Players & Staff

Player Practice Guidelines

- A. Practice time 6:00pm to 8:00pm, No entry after 6:30pm.
- B. Practice will be scheduled twice a week.
- c. If player feel unwell it will be mandatory for that player to stay home
- D. Players & Staff will be temperature checked at the gate anyone over 100 *F degree will not enter.
- E. All players and staff must wear masks while the training session is still going on.
- F. Players will apply hand sanitizer before entering the field and after the training session is over.
- G. All lock rooms and bathrooms will be closed.
- H. Bench area and soccer equipment will be disaffected by coaching staff before & after practice.
- I. No Hugging or stacking hands.
- J. No Family members or friends will be allowed in.



Player Game Guidelines

- A. All Players will have to arrive 1hr early to both home and away games.
- B. All Players including the away team will be temperature checked at the gate for a home game, also checked before for an away game. Anyone over 100 *F degree will not be able to participate.
- C. All players and staff must wear masks while traveling to an away game.
- D. Players will apply hand sanitizer before entering the field or vans.
- E. Bench area and soccer equipment will be disaffected by coaching staff.
- F. Masks will be on during warm-ups.
- G. All Subs will be 6 feet apart while sitting on the bench.
- H. No Hugging or stacking hands or walk out will be allowed.
- I. Only 18 players will be allowed to be dressed for home & away games.
- J. No Fans will be allowed into any home games



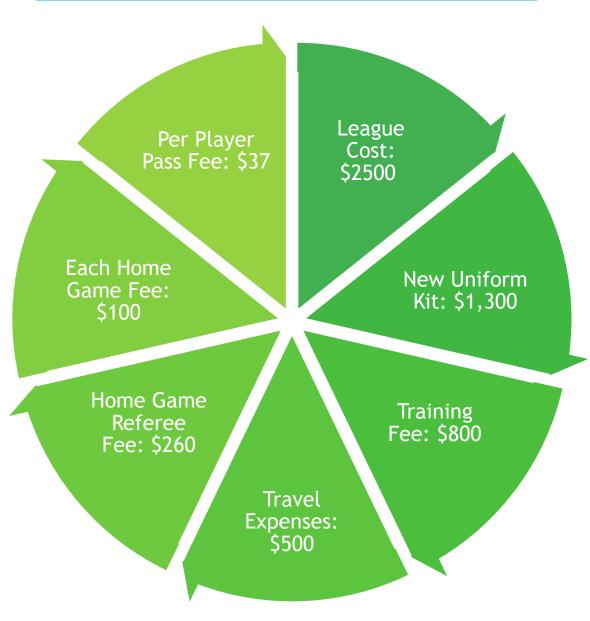
UPSL Western New York Teams

All Teams that we will be playing this upcoming 2020 season. Are located in Upstate New York, where COVID-19 Cases are Low.





UPSL Season Costs





<u>Krajisnik F.C</u> <u>Contact List</u>

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