

Start	End	Group & Info	Location
Friday			
9:00 AM	9:45 AM	Fitness Testing - Group 1	Hillside Stadium
10:00 AM	10:45 AM	Fitness Testing - Group 2	Hillside Stadium
11:15 AM	12:15 PM	Player Seminar on Health and Fitness	Coast Hotel & Conference Centre (Columbia room)
12:15 PM	12:45 PM	Player & Staff Meeting	Coast Hotel & Conference Centre (Columbia room)
2:00 PM	3:00 PM	Parent Seminar	Coast Hotel & Conference Centre (Columbia room)
Saturday			
9:00 AM	10:00 AM	Ice Group - 1	McArthur Island Sport & Event Centre (NHL)
10:30 AM	11:30 AM	Ice Group - 2	McArthur Island Sport & Event Centre (NHL)
12:00 PM	1:00 PM	Ice Group - 3	McArthur Island Sport & Event Centre (NHL)
1:30 PM	2:30 PM	Goalie Session	McArthur Island Sport & Event Centre (NHL)
3:00 PM	4:00 PM	Ice Group - 1	McArthur Island Sport & Event Centre (NHL)
4:30 PM	5:30 PM	Ice Group - 2	McArthur Island Sport & Event Centre (NHL)
6:00 PM	7:00 PM	Ice Group - 3	McArthur Island Sport & Event Centre (NHL)
Sunday			
9:00 AM	10:00 AM	Ice Group - 1	McArthur Island Sport & Event Centre (OLY)
10:30 AM	11:30 AM	Ice Group - 2	McArthur Island Sport & Event Centre (OLY)
12:00 PM	1:00 PM	Ice Group - 3	McArthur Island Sport & Event Centre (OLY)
1:30 PM	2:30 PM	Ice Group - 1	McArthur Island Sport & Event Centre (OLY)
3:00 PM	4:00 PM	Ice Group - 2	McArthur Island Sport & Event Centre (OLY)
4:30 PM	5:30 PM	Ice Group - 3	McArthur Island Sport & Event Centre (OLY)