

U15 Women Game Format and Policies

2022-2024 World Lacrosse Women's International Official Playing Rules will be used for the 2023/2024 BCLA Field Lacrosse Season

- **All games are to be played under the BCLA "Fair Play Code of Conduct", meaning that all players are required to receive equal playing time.**
- All players including goalkeepers are required to wear mouth guards (**not clear or white**) and goggles. Goggles & mouthguards must be *properly* worn when on the field of play.
- Players may only use World Lacrosse (WL) approved crosses.
- All parents and fans must be on the opposite side of the field from the players benches.
- Each team must have 1 head coach and may have up to 3 assistants in the team bench area and must remain in the 'coaches walk'.
- Trainers are permitted in the bench area but are NOT permitted in the Coaches Walk.
- The game sheet must be verified/signed by the team manager or head coach as well as the officials.

Game format summary and equipment:

- A pre-game stick check will be completed on all sticks in play for the game. There will be NO stick check after each scored goal.
- 10 players on the field (1 goalkeeper, 3 defenders, 3 midfielders and 3 attackers)
- Traditional Women's field size used.

Length of game:

- 4 x 15-minute quarters
 - 2 minutes between 1st & 2nd quarter
 - Last 30 seconds of 1st & 2nd quarter will be stop time
 - 2 minutes between 3rd & 4th quarter
 - Last 30 seconds of 3rd quarter will be stop time
 - Last 2 minutes of the 4th quarter will be stop time if goal spread is 5 goals or less.
 - 5 minutes at half time (between 2nd & 3rd quarter)
 - Goalkeepers will switch ends at the end of each quarter

8 on 8 Player Game Allowance - OPTION

- A team must have a maximum of 9 players to play an 8 on 8 game. Each 8-player team will consist of 1 goalie, 2 defenders, 3 midfielders, 2 attackers. Coaches cannot mutually decide to play a 10 on 10 player game if one team has less than the minimum number of players stated above.
- A team that has more than the minimum required players does not have to agree and is not required to play an 8 on 8 player game. The head official, prior to the start of the game, will ask each head coach individually what their preferred game configuration preference is (i.e., 8 on 8, or 10 on 10). If both head coaches agree to an 8 on 8 player game, the officials will do a physical count of each player bench to confirm that the minimum player requirements have been met by both teams. The officials will indicate on the game sheet, under the "Game Report" header "8 on 8 Player Game", this will be considered confirmation of player numbers. If one team does not consent to 8 on 8 play, then the game will be played as 10 on 10 play.

Note: The BCLA reserves the right to change these rules at any time if safety or fair game play are deemed an issue. There will be a review of the rules and on field game play regularly to see if these rules fit the target age group.