

JEREMY BLUMES

HEAD COACH

Jeremy Blumes B.A., B.Ed. has been involved in hockey for over twenty years in a number of roles: Player, Coach (Junior A, B, Midget AAA, AA), General Manager, Scout, Mentor, Coach Coordinator, Board Member, Consultant, Web Developer, as well as Commissioner of the Calgary Summer Hockey League.

Coach Blumes joins the Ontario Jr. Reign after a year as an Assistant Coach with Nipawin in the SJHL. Before Nipawin, Coach Blumes was in Golden, BC (KIJHL) as Head Coach and General Manager. While in Golden, BC, he engineered a remarkable turn-around for the franchise. Blumes recruited a team consisting of 20 rookies that would win more games in their first season than the previous three years - combined. The franchise also made the playoffs for the first time in four seasons. Coach Blumes would then go on; to help advance more than a third of those athletes to a higher level.

TOMAS KAPUSTA

GENERAL MANAGER

Tomas was selected by the Edmonton Oilers in round 5 (No.104 overall) of the 1985 NHL Entry Draft and also had the opportunity to play at three Junior World Championships from 1985-87.

During his professional career, which spans more than 20 years, Tomas represented the Czech Republic in the 1994 Olympics in Lillehammer, Norway, and the World Championship in Germany in 1993. That same year he also won the scoring title in the Elite Finnish League while also participating in three championship teams in the Czech Republic Extra League.

For the last ten years, Tomas has coached youth hockey for the Junior Kings organization and is also coaching currently for the Junior Reign and St. John Bosco HS. After Tomas earned his BA and teaching credentials in social science at CSULA, he took the position of Teacher of Record at Excel Academy Charter School.



RINK ADDRESS:

ONTARIO CENTER ICE ARENA
201 S PLUM AVE, ONTARIO, CA 91761

CONTACT:

TOMAS KAPUSTA
GENERAL MANAGER

TOMAS@JRREIGN.COM
(562) 284-6733



**THE ONTARIO JR REIGN IS LOCATED
IN ONTARIO, CA AND COMPETES IN
THE PACIFIC DIVISION OF THE
UNITED STATES PREMIER HOCKEY
LEAGUE AT ONTARIO CENTER ICE
ARENA. THE ONTARIO JR REIGN'S
MAIN FOCUS IS ON ATHLETE DE-
VELOPMENT AND ADVANCEMENT.**

ONTARIOJRREIGN.COM





OUR MISSION

The Ontario Jr Reign is committed to the personal, academic, and hockey development of our athletes. We provide athletes a unique opportunity to play high-level junior hockey in California while preparing them for a collegiate and professional career.

The Ontario Jr. Reign belongs to the Pacific Division of the United States Premier Hockey League (USPHL), which operates in 24 of the 50 United States. The league is currently the largest amateur ice hockey league in the United States. The USPHL has more than 600 teams with athletes in the USPHL Premier who are 16 to 21 years of age. Overall, the USPHL has had over 2,500 athletes advance to the collegiate level and NHL.

OVERVIEW

The Jr. Reign will play a 44 regular-season game schedule with a college showcase in Boston, MA, and Las Vegas, NV. During these showcases, the vast majority of the NCDL, Premier, and Elite teams join together for an exciting competition. These tournaments are a great way for various scouts representing colleges at the NCAA Division 1, 3, and ACHA D1 levels to recruit talent. All home and away games, including the showcases, will be broadcasted on HockeyTV and feature play-by-play announcing.

The Ontario Jr. Reign home games will be at the beautiful Center Ice Arena located in Ontario, California - a city often referred to as the heart of Southern California. The Greater Ontario area hosts some of the very best in extreme sports, quiet retreats, and spas. Ontario is also home to some of California's ultimate shopping and dining opportunities.

Athletes can experience mountain resorts near Big Bear Lake or take on the thrill of NASCAR at Auto Club Speedway in Fontana. And a short drive brings visitors to the biggest and the best of entertainment with California's premier theme parks, such as Disneyland, waiting to be explored.

When not exploring the surrounding areas, athletes will be practicing at the rink Monday thru Thursday. After each practice, our certified strength and conditioning coaches take the athletes to complete their workout programs at the gym located inside the rink. The gym also includes a small rink surface with shooting options.

TRAVEL & EQUIPMENT

At away games, athletes can expect to explore much of Southern California, the Central Valley, and the Sierra Nevada Mountains while traveling on the official team bus. Our local rivals include the Long Beach Shredders and San Diego Sabers, both within an hour's drive from Center Ice Arena. The Fresno Monsters, Lake Tahoe Lakers, and Las Vegas Thunderbirds make up the remaining USPHL Pacific Division. All travel costs associated with away games and travel, including lodge and food, are paid for by the Ontario Jr. Reign.

Equipment provided by the Ontario Jr Reign includes: practice jersey, game jerseys, socks, shells, workout shirt, polo shirt, and travel bag.

HOST FAMILIES

When not on the road or at the rink, athletes can expect to live with our host families, better known as billet families. Our billet coordinator and host families have been involved for several years with other Ontario-based junior programs. Our nurturing host families provide a stable and secure home-away-from-home to help student-athletes realize their potential.

EDUCATION

The Ontario Jr. Reign also prides itself on providing student-athletes exposure to elite educational programs while pursuing their hockey careers. All athletes are encouraged to attend classes at the local community college, Santiago Canyon College. While our younger student-athletes can study either at a local public school, Wesley College Prep Private school, Excel Academy Charter School, or the Apex Academy Virtual School.



SUPPORT STAFF

The Ontario Jr. Reign employs Compete Sports, owned by Chris Phillips, a former NHL trainer, for injury rehab and game days.

Compete Sports takes an evidence based approach to training, sports science, and individualized programming. At Compete, they use some of the most effective training tools that help athletes get to that next level. Among them are:

- Power Plate Vibration Training
- TRX Suspension Training
- TRX Rip Trainer
- Crosscore Suspension Training
- Recovery Pump
- Core X Training System

The team also employs a dietician, a team psychologist/therapist, and a team photographer.

COMMUNITY

The Ontario Jr. Reign is proud to be an integral part of the Inland Empire community, both on and off the ice. Jr. Reign community outreach is focused on enhancing educational, recreational and health-related programs for the youth of the Inland Empire area. Jr. Reign players and members of the Jr. Reign family actively work with local youth organizations and community groups to increase awareness and raise funds to support the Jr. Reign community signature initiatives.

Our mission in the community is to harness the passion and excitement that the Ontario Jr. Reign's dedicated fans have for the Jr. Reign and channel that to enhance the health, education, and recreational opportunities for youth and families within the Inland Empire.