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-DOCTOR IN CHIROPRACTIC  
CMCC CLASS OF 2020

-BACHELOR'S DEGREE IN KINESIOLOGY

-CERTIFIED STRENGTH AND  
CONDITIONING SPECIALIST

-ROCK BLADE SOFT TISSUE THERAPIST

-CERTIFIED IN CUPPING THERAPY

-BAREFOOT TRAINING SPECIALIST

-KINESIOLOGY TAPING CERTIFICATION

-INSTRUCTION FROM PRAGUE SCHOOL  
OF REHABILITATION

**EMAIL:**  
**KYLE.KOTCHIE@GMAIL.COM**

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# DR. KYLE KOTCHIE

D.C. B.SC CSCS

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*Dr. Kyle is a graduate of the Canadian Memorial Chiropractic College where he received his Doctorate in Chiropractic. Kyle has a unique athletic background which influences his movement approach to Chiropractic and human performance as a whole. Kyles' philosophies focus on treating the person as a whole and not just the injury itself. This includes; educating patients, discussing nutrition & lifestyle factors which can impact pain, assessing patient's faulty movement patterns, a progressive program of patients current activity, and of course manual therapy. Kyle had an extensive athletic career where he received a scholarship to play college baseball in Orlando, Florida. He then moved onto play NCAA DI baseball in Texas. He was also was invited to compete with Team Canada in the 2009 World University Games in Tokyo, Japan. Kyle started a Toronto based Corporate Wellness business in 2014 and also is the Owner/Operator of Re+Active Sports Medicine where he currently focuses his attention athletic based performance and rehabilitation.*

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