BRAMPTON SPORTS LEAGUE

BASKETBALL

RULE BOOK & REGULATIONS

"Run the City. Earn Your Respect."

General Information

- League Format: 5v5 Full Court
- Game Location: Save Max Centre
- League Operating Software: www.bramptonsportsleagues.ca
- Game Schedule: Weekly games + playoffs
- League Type: Regular Season = Open + Playoffs (2 Divisions – Example: 12 team league, playoffs = top 6 & bottom 6 as two divisions, 1st place & 5th place with an auto placement into semi-final)
- Uniforms: Teams receive BSL-branded reversible jerseys with numbers
- Team Roster:
    - Up to 12 registered players
    - All players must be registered
- Free Agents:
    - Placed on teams by skill level and position, based on registration form

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Player Eligibility

- Minimum age: 18 years upon registration
- Must be officially registered through the City Of Brampton Recreational Website or Recreation App.
- Players must appear in at least 3 regular season games to be eligible for:
    - Playoffs
- No jersey swapping or sharing allowed
- Players must wear team-issued or approved matching jerseys with visible numbers

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Game Format

- 4 Quarters x 12 Minutes (Running Time)
- Stop Time: Final 3 minutes of 4th quarter if the score differential is 10 points or less
- Halftime: 3 minutes
- Quarter Breaks: 1-minute between Q1 & Q3
- Game Start: Begins exactly 5 minutes after scheduled time
- Overtime:
    - 1st OT: 2-minute stop time
    - 2nd OT: Sudden death (first point wins)
- Shot Clock:
    - 24 seconds per possession
- Reset to 14 seconds on offensive rebound

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Game Timing & Late Policy

- Teams must be ready at tip-off
- Grace Period: 2 minutes
- Repeat Late Penalty: Opposing team receives 1 point per late minute AFTER the 2 minute grace period
- Forfeit: If a team has fewer than 5 players by 10-minute mark
- Game may still be played (exhibition) but will be recorded as a forfeit

Timeouts & Substitutions

- Timeouts:
    - 1 timeout per quarter (does not carry over)
    - 1 timeout per overtime period
    - Must be called on dead ball or when in possession
- Substitutions:
    - Allowed during dead ball situations only

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Fouls & Discipline

- 6 personal fouls = player disqualification
- 5 team fouls per quarter = bonus (2 free throws)
- Technical foul:
    - 1 personal + 1 team foul
    - 2 technicals or 1 flagrant 2 = ejection
- Foul Management in Final 2 Minutes of a Half:
    - 2 team fouls = automatic 2 free throws (no bonus required)
- Fighting / Aggressive Behavior:
    - Immediate ejection + league review
    - May result in multi-game suspension or permanent ban

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Gameplay & Defense Rules

- All defensive styles permitted: Man & Zone
- Full court press allowed unless leading by 20+ points
- Jump Balls: Alternating possession rule in effect
- Delay-of-game: May result in a warning or technical foul
- No illegal defenses (e.g., goaltending or 3-second lane violations enforced)

Uniform & Equipment Regulations

- Players must wear matching team jerseys with visible numbers
- No duplicate numbers on the same team
- Facial jewellery **must** be removed or securely taped if it cannot be removed
- Only registered players permitted on the bench
- Spectators must remain in designated areas and not interfere with gameplay

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Playoff Structure & Eligibility

- Single-elimination format unless otherwise noted
- Final seeding based on regular season standings
- Tiebreakers determined by:
    1. Head-to-head record
    2. Point differential
    3. Total points scored
- Use of ineligible player = immediate team disqualification

Final rulings made by BSL League Commissioner

- Use of ineligible player = immediate team disqualification

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Zero Tolerance Policy

Brampton Sports League upholds a strict code of conduct:

- No verbal abuse toward referees, staff, or players
- No fighting, taunting, or threatening behavior
- Any player, coach, or spectator violating these terms may be:
    - Ejected on the spot
    - Suspended or permanently banned
    - Referred to building security if necessary

League Motto

“This isn’t just pickup. It’s a platform.”

We are building a movement — a place where competition meets community, where your team earns its identity, and your performance earns your respect.

Play hard. Play smart. Run the city.