



**BRAMPTON
SPORTS LEAGUE**

BASKETBALL

RULE BOOK & REGULATIONS

“Run the City. Earn Your Respect.”

General Information

- League Format: 5v5 Full Court
- Game Location: Save Max Centre
- League Operating Software: www.bramptonsportsleagues.ca
- Game Schedule: Weekly games + playoffs
- League Type: Recreational/Competitive (2 Divisions)
- Uniforms: Teams receive BSL-branded reversible jerseys with numbers
- Team Roster:
 - Up to 10 registered players
 - All players must be registered
- Free Agents:
 - Placed on teams by skill level and position, based on registration form
- Prizes:
 - Championship Trophy + medals for winners
 - Silver/Bronze medals for 2nd and 3rd place



**BRAMPTON
SPORTS LEAGUE**

Player Eligibility

- Minimum age: 18 years by season start date
- Must be officially registered through the BSL platform
- Players must appear in at least 3 regular season games to be eligible for:
 - Playoffs
 - All-Star Game consideration
- No jersey swapping or sharing allowed

Players must wear team-issued or approved matching jerseys with visible numbers



BRAMPTON SPORTS LEAGUE

Game Format

- 4 Quarters x 12 Minutes (Running Time)
- Stop Time: Final 3 minutes of 4th quarter if the score differential is 10 points or less
- Halftime: 3 minutes
- Quarter Breaks: 1-minute between Q1 & Q3
- Game Start: Begins exactly 5 minutes after scheduled time
- Overtime:
 - 1st OT: 2-minute stop time
 - 2nd OT: Sudden death (first point wins)
- Shot Clock:
 - 24 seconds per possession

Reset to 14 seconds on offensive rebound



**BRAMPTON
SPORTS LEAGUE**

Game Timing & Late Policy

- Teams must be ready at tip-off
- Grace Period: 2 minutes
- Late Penalty: Opposing team receives 1 point per late minute AFTER the 2 minute grace period.
- Forfeit: If a team has fewer than 5 players by 10-minute mark
- Game may still be played (exhibition) but will be recorded as a forfeit

Timeouts & Substitutions

- Timeouts:
 - 1 timeout per quarter (does not carry over)
 - 1 timeout per overtime period
 - Must be called on dead ball or when in possession
- Substitutions:

Allowed during dead ball situations only



**BRAMPTON
SPORTS LEAGUE**

Fouls & Discipline

- 6 personal fouls = player disqualification
- 5 team fouls per quarter = bonus (2 free throws)
- Technical foul:
 - 1 personal + 1 team foul
 - 2 technicals or 1 flagrant 2 = ejection
- Foul Management in Final 2 Minutes of a Half:
 - 2 team fouls = automatic 2 free throws (no bonus required)
- Fighting / Aggressive Behavior:
 - Immediate ejection + league review
 - May result in multi-game suspension or permanent ban



**BRAMPTON
SPORTS LEAGUE**

Gameplay & Defense Rules

- All defensive styles permitted: Man & Zone
- Full court press allowed unless leading by 20+ points
- Jump Balls: Alternating possession rule in effect
- Delay-of-game: May result in a warning or technical foul

No illegal defenses (e.g., goaltending or 3-second lane violations enforced)

Uniform & Equipment Regulations

- Players must wear matching team jerseys with visible numbers
- No duplicate numbers on the same team
- No jewelry is allowed (studs, chains, bracelets, etc.)
- Only registered players permitted on the bench
- Spectators must remain in designated areas and not interfere with gameplay



**BRAMPTON
SPORTS LEAGUE**

Playoff Structure & Eligibility

- Single-elimination format unless otherwise noted
- Final seeding based on regular season standings
- Tiebreakers determined by:
 1. Head-to-head record
 2. Point differential
 3. Total points scored
- Use of ineligible player = immediate team disqualification

Final rulings made by BSL League Commissioner



**BRAMPTON
SPORTS LEAGUE**

Player Recognition & League Identity

Player of the Week

- Awarded weekly based on:
 - Statistical performance
 - Leadership & team impact
 - Sportsmanship

All-Star Game (Championship Day Feature)

- Players selected by league staff, peers, and coaches
- Represent Eastern vs. Western Conference
- Selection criteria:
 - Game attendance
 - On-court performance
 - Conduct & attitude



**BRAMPTON
SPORTS LEAGUE**

Conference Format (If applicable)

- Teams divided into East & West
- Standings tracked independently
- All-Star selections made by conference
- All teams still qualify for playoffs

Zero Tolerance Policy

Brampton Sports League upholds a strict code of conduct:

- No verbal abuse toward referees, staff, or players
- No fighting, taunting, or threatening behavior
- Any player, coach, or spectator violating these terms may be:
 - Ejected on the spot
 - Suspended or permanently banned
 - Referred to building security if necessary

Officials and conveners reserve full authority to enforce discipline. No exceptions.



**BRAMPTON
SPORTS LEAGUE**

League Motto

"This isn't just pickup. It's a platform."

We are building a movement — a place where competition meets community, where your team earns its identity, and your performance earns your respect.

Play hard. Play smart. Run the city.



**BRAMPTON
SPORTS LEAGUE**



**BRAMPTON
SPORTS LEAGUE**



**BRAMPTON
SPORTS LEAGUE**