



2025-2026 Regular Season **Game Procedures**



- Home team wears WHITE jerseys
- Away team wears DARK jerseys
- Start game on clean ice
- 5 minute warmup - Host site will let you know before the event if pucks are provided for warmups
- Three 17 minute periods for all ages
- Resurface after the first WHISTLE in the second period AFTER the 8:30 minute mark for all ages
- If the game is tied after regulation, there will be a 3v3 5 minute OT period
- If there is no goal in the OT period, the game will go to a 3-man shootout to determine the winning team
- In the shootout, the shooters can repeat after the first 3 players have gone
- Each team has one timeout per game

***All games will use GameSheets for scoring. Please make sure you have accepted the invite code and your roster is accurate including the coaching staff.**

Standings - Regular Season:

Regulation win - 3 points

OT/SO win - 2 points

OT/SO loss - 1 point

***All games against guest teams will count in the regular season standings for the Northeast Pack Hockey League Teams.**