



Future Stars Code of Conduct and Character Expectations

This document reflects the expectations and standards for all Future Stars participants. As we look at the responsibilities of our organization in our community, we want to be sure that we serve our community as effectively as possible. Our weapon of choice is our value proposition; to teach character development through sports and leadership opportunities.

Below are the Future Stars guidelines, rules and expectations. These apply to all the Future Stars athletes as they form the foundation of what it takes to be a successful student and productive citizen of this great country.

1. We encourage our athletes to be positive. Positive body language, facial expressions and verbal alignment is encouraged. No negativity both verbal and physical.
2. Use only appropriate language. No bad language will be tolerated.
3. Always wear appropriate attire. Clothing with inappropriate language or symbols will not be allowed.
4. We expect respectful and sportsman like conduct and interactions with coaches and referees.
5. We expect positive interaction between athletes.
6. Greeting your coaches and staff. With children, consistently on the tech devices, eye contact and verbal communication is limited these days, we encourage our athletes to greet their coaches, say hello to the fellow Future Stars athletes and ask other children their names.
7. What to do when your coach is talking
 1. We encourage eye contact with your coach when he/she is talking
 2. 'Yes Coach, no coach' are adequate responses when conversing with coaches.
 3. Hold your ball while your coach is talking.
8. What to do during drills
 1. Watch the leader of the group and emulate what they are doing to insure limited mistakes.
 2. We encourage visualization, meaning when a child is listening to a coach explain a drill, we ask the kiddos to visualize themselves doing the actual drill or practice in line.
 3. Continued positive interaction with each other especially during drills. Watch each other as we are doing drills. We encourage athletes to talk to each other in drills and help other athletes. If you see your fellow athletes making mistakes, have a conversation about what they can improve.
 4. Be ready to work. No leaning on walls or sitting down unless instructed.
 5. Effort is key, if you make a mistake do not dwell on it, focus on the next play.
9. We always break at the end of practices with a short talk and then a group chant or break down.
10. No child should leave the gym after practice without their parents/guardian or responsible parent being present.
11. Leave the gym better than how you found it, clean up your trash, grab you water bottles and clothing items.
12. Put ball in the baskets carefully. Do not throw balls in the baskets.
13. Try to arrive to practice 10 minutes early, the coaches take pride to start on time.
14. We encourage our Future Stars athletes to be leaders and uphold these standards in their school environment or any other activity they are involved in.
15. Be attentive to your parents, say thank you to them and help around the house where you can. Do your chores and keep your space clean and tidy, this is a great way to show gratitude.
16. Tell your parents and siblings you love them as much as you can.