

Future Stars Volleyball

Winter 6 week Session

This year-round continuation of sessions builds confident athletes, a love for the game, and the technical foundation to grow into future high-level play. Whether your athlete dreams big or just loves to move, there's a place for them here!

Winter Session: Jan 4 - Feb 14

*****off for Spring Break- ask us about camps!***

Spring session: Feb 22-April 4

All Stars (ages 11-12)

**Mon 6:45-8pm MAC Lewisville
Weds 5:30-7pm RYSE FB**

For athletes with prior experience. These sessions focus on technique, building a foundation for healthy movement, and learning to love training with purpose.

Cost: \$35 single session — or
\$195 for the full 6 week session

Super Stars (ages 9-12)

**Mon 5:30-6:30 MAC Lewisville
Tues 5:20-6:20pm RYSE FB**

New to the game? No problem. This session is designed to build confidence and teach proper movement patterns while entertaining the technical foundation in a fun-filled environment.

Cost: \$30 single session- or \$170
for the full 6wk program

scan to register



QUESTIONS?!

vpaszko@tavvolleyball.com

LOCATION:

**RYSE ENERGY STARCENTER MULTISPORT
2400 Pike St Farmers Branch TX 75234**



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Mini Stars: Ages 5-8

Boys and Girls!

Mon 4:30-5:15 MAC Lewisville

Tues 4:30-5:15pm RYSE FB

Sat 10-10:45am MAC Lewisville

A high-energy introduction to volleyball through movement, coordination, and play-based learning. Focus is on athletic confidence, body awareness, and having a blast while building the right habits from the start. They're FUNdamentals for a reason!

Cost: \$25 per session / \$140 full 6-week session (\$10 savings)

Tiny Stars: Boys & Girls ages 2.5 -5

"My favorite grown-up and me!"

Fri 10-10:45am MAC Lewisville or

Sat 9-9:45am MAC Lewisville

This early movement class blends fun with purpose—developing coordination, balance, and motor planning through jumping, rolling, and full-body play. With a trusted adult by their side, children gain confidence in movement, body awareness, and social interaction—all in a fun, structured setting designed just for them!

Cost: \$25 per session / \$140 full 6-week session (\$10 savings)

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