



INTERNATIONAL BANGKOK 30+ CUP 2026



MARCH 24-29, 2026

Homepage: [Click here](#)

Adult recreational tournament in the capital of Thailand.

Divisions: 30+, 40+ & 50+

Full teams or individual players for our mixed teams can participate.

Rainman All-Stars will sign up in the 40+ & 50+ divisions!!

WhatsApp Group 40+: [Click here](#)

WhatsApp Group 50+: [Click here](#)



TOURNAMENT PROGRAM

March 24, 2026 – Tournament starts around 6 pm.

March 28, 2026 – Tournament ends around 8 pm.

Tournament banquet to follow (free buffet and free beer).

**Please do not arrive in Bangkok later than
Tuesday, March 24th at noon.**

TOURNAMENT FORMAT

(The official 2026 invitation letter hasn't published yet!!)

DIVISIONS	LEVEL OF PLAY
OVER 30	COMPETITIVE (A/B)
OVER 30	RECREATIONAL (C/D)
OVER 40	COMPETITIVE (A/B)
OVER 40	RECREATIONAL (C/D)
OVER 45	RECREATIONAL (C/D)

- Players must be born on or before 1995 to qualify for the Over 30 division, 1985 to qualify for the Over 40 division and 1980 for the Over 45 division.
- No underaged players allowed in any of the divisions – no exceptions
- Goalies will have an exemption of 10 years for the Over 40 and 45 divisions only.
 - Age 30+ can play in Over 40
 - Age 35+ can play in Over45
- Goalies in the Over 30 division MUST be at least 30 years old.
- Players can not play more than 2 divisions and can not play on 2 teams in the same division or age group..
- All rosters must be approved by the organizers.

DIVISIONS – ELIGIBILITY

PLAYERS WILL BE REQUIRED TO CHECK-IN WITH A VALID ID (PASSPORT) TO VERIFY THEIR AGE.



- 5 on 5 (5 players and a goalie)
- Game time – 3 periods of 13 minutes.
- Stop time in the final 2 mins if the score is tied or within 2 goals.
- Each team is permitted one time-out (30 seconds) per game.
- In the round robin, if the game is tied, teams will play a 3-minute overtime period. If still tied after OT, the game will end in a tie.
- In the playoffs, if the game is tied, teams will play a 5-minute overtime period – 3 on 3. Except in the Championship game where a second overtime period will be played.
- If still tied, a 3-player shootout will determine the winner.
- Team standings based on – Most points, most wins, head-to-head, least goals against, higher goals for, least penalty minutes, greater goal difference – if still tied, a puck toss will determine the position.
- Teams should have both a dark and a light set of jerseys and matching socks.
- Additional rules will be announced prior to the start of the tournament.
- Awards presentation after each Final.
- A party for the players at the official hotel will be held at the conclusion of the tournament.
- The format is subject to change – Final confirmation of the Rules and Format will be released prior to the start of the tournament.

GAME FORMAT



TOURNAMENT LOCATIONS

MAIN ARENA

VENUE – TIIHA



Thailand International Ice Hockey Arena

- Olympic Size
- Rama 9 area
- 4 Dressing Rooms
- Spectator Seating
- <https://www.facebook.com/tiiharink>



Thailand International Ice Hockey Arena - Pictures: [Click Here](#)
Olympic size arena (60x30m). Opened at the end of 2022!!


SECOND ARENA

VENUE – Warriors Ice Arena



Warriors Ice Arena

- NHL Size
- Ekkamai area
- 4 Dressing Rooms
- Spectator Seating
- <https://www.facebook.com/twiarink>



Theater of Dream Warriors Ice Arena - Pictures: [Click Here](#)
NHL size arena (59x26m). Opened at the beginning of 2023!!

TOURNAMENT MISCELLANEOUS

The tournament will be a non-checking and non-fighting tournament.

Official IIHF-Rules with minor changes will apply.

Guaranteed four tournament games per team.

Playing time: 3 periods of 13 minutes (running time).

Two official league referees per game.

Ice preparation after every game.

Own locker room just during the games.

Equipment storage in the arena for the whole tournament.

Water for the games.

First aid staff in the arena.

Championship trophies and hats for each division winner.

Medals for the Champions and Finalists.

Champagne for the division champs.

Tournament T-shirts for all players.

Tournament pictures from all games.

Online live scoring and stats.

All games in a free live stream on YouTube.

Saturday night banquet (free buffet and free beer for 2 hours).

TOURNAMENT HOTEL

Will be published later!!

Most teams and players will book their own hotel downtown and won't stay in the tournament hotel. However, if you want to stay in the same hotel as the rest of the RAS players (with shared transfers to and from the arena, joint evening program or leisure activities), let us know and we will send you further information about our booked hotel. We're in same area for a few years. Public transportation, restaurants, shopping malls, massage places and bars all there.

TOURNAMENT FEES

280 EUROS / 290 USD PER PLAYER

(based on a team with at least 10 players!!)

Included in this fee are just the tournament with all the services mentioned above. Not included in this fee are travel costs, transfers, hotel, meals (besides the tournament player party), insurance etc. !!

Notice: We will split the team fee according to the number of players in the team. If there are 10 players, the above-mentioned deposit will work. If there are more than 10 players, it will get cheaper for everyone!!

INDIVIDUAL PLAYER REGISTRATION

We require a deposit of 280 EUROS / 290 USD from each player by the end of December.

TEAM REGISTRATION

We require the full 2.800 EUROS / 2.900 USD from each team by the end of December.

CANCELLATION-POLICY & IMPORTANT NOTE:

FROM JANUARY 1, 2026: NON-REFUNDABLE PAYMENTS!!

TRAVEL CANCELLATION INSURANCE IS RECOMMENDED!!

INTERNATIONAL HEALTH INSURANCE IS NECESSARY!!

PARTICIPATION AT YOUR OWN RESPONSIBILITY AND RISK!!

CONTACT

TOUR-MANAGER: RAINER SCHMID

E-MAIL: office@rainman-allstars.de

WEBSITE: <https://rainman-allstars.de>

WHATSAPP: <https://rainman-allstars.de/wa.me>

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