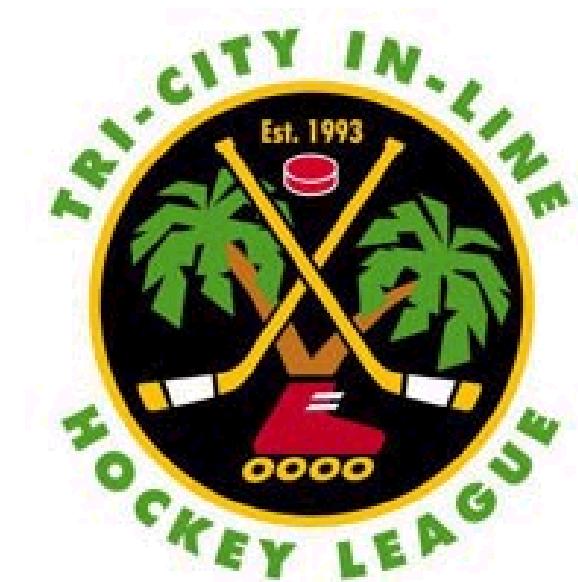


The Tri-City In-Line Hockey League Members Handbook



**The League with a Mission!!
Oceanside, California**

Updated for
2026-27

TCIHL is a non-profit organization for the development of Youth In-line Hockey and are exempt from federal income tax under section 501(a) of the Internal Revenue Code as an organization described in section 501(c)(3). Donors may deduct contributions to TCIHL as provided in section 170 of the Internal Revenue Code.

About This Guide

Information contained in this guide may change at any time at the discretion of TCIHL Board of Directors. Information provided is presumed to be accurate at the time of distribution. This guide is applicable only for the season(s) indicated on the cover.

CONTACT INFORMATION

LEAGUE VOICEMAIL & EMAIL

(760) 283-6805
tricityinlinehockey@gmail.com

RINK LOCATION

4300 Mesa Drive, Oceanside
Located on Mesa Drive (which is North of Oceanside Blvd. off the I-5), East of El Camino Real, West of College Blvd.

MAILING ADDRESS

P.O. Box 1195
Oceanside, CA 92051

CURRENT BOARD OF DIRECTORS & CHAIRPERSONS

Board of Directors

League President	Dmitriy Demidov
League VP	Bridgette Reuther
Secretary	Candace Paulman
Director of Finance	Jesse Fulcher
Director at Large (also apparel)	Bridgette Reuther
Director at Large	Open position

Chairperson(s)

Dir. of Seasonal Play	Jim Franke
League Registrar	Jim Franke
Coaching Director	Dmitriy Demidov
Clinics & Player Development	Dmitriy Demidov
Head Referee	Zachary "Bubba" Renner

The latest staff directory can be found on the website under the "League" tab.

LEAGUE WEBSITE AND SOCIAL MEDIA

The #1 source for information!

TCIHL.COM is the league's preferred method of communication. It is every member's responsibility to check the website weekly during the season. You will find:

- Latest Announcements
- Schedules & schedule changes
- Team rosters and player stats
- League contact information
- Up-coming events
- Player development clinic dates
- Registration dates
- Historical articles & stats from 2005



TCIHL.COM is hosted by HockeyShift and is updated regularly by selected members of our league. Follow our Instagram @tricityinline and Facebook Tri-City Inline.

OVERVIEW

Welcome to TCIHL!!

On behalf of the entire organization, we welcome you and your family to our league. We operate a single outdoor rink offering low-cost games and training to the youth of Oceanside and the surrounding Tri-City area. The program is co-ed and caters to children (ages 5 -18) who have a desire to learn and play the game of in-line hockey.

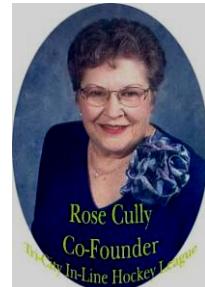
Our mission is to stress the ideals of good sportsmanship, honesty, loyalty, scholastic achievement, integrity, and respect for authority, and to promote the game of In-line hockey in the Tri-City area.

To achieve this objective TCIHL provides a supervised program under the rules and regulations of AAU/USA Roller Sports. All Directors, Officers and Members shall bear in mind that the attainment of exceptional athletic skills or the winning of games is secondary, and the molding of future citizens is of prime importance. TCIHL is a non-profit organization that relies on a dedicated staff of volunteers to carry out its mission.

Brief History of the League

Back in the early 1990's, former goalie Pro (Blue Gomez) from the NY Rangers farm league and six local kids formed the beginnings of TCIHL. It started on the grounds of the R.B.V. High School, located in the heart of Shadowridge in Vista, CA. The league quickly expanded and migrated to the Boys and Girls Club in Vista. Just as the league began to outgrow that facility, a new home was generously provided on the site of the San Luis Rey Mission in Oceanside, CA. In 1995 the new facility was completed through many long hours from volunteers and parents, and generous donations from families and local businesses. The facility was used through 2012.

The founder and co-founder of the league, Blue Gomez and the late Rose Cully, painstakingly transformed a dream into reality. Blue resigned from the league in 2002 but his legacy continues to touch the lives of many. The original mission statement of the league still holds true. In 1993 TCIHL became the first league sanctioned in the state of California by USA Hockey InLine.



Non-Discriminatory Statement

The Tri-City In-Line Hockey League does not and shall not discriminate based on race, color, religion (creed), gender, gender expression, age, national origin (ancestry), disability, marital status, sexual orientation, or military status, in any of its activities or operations. We are committed to providing an inclusive and welcoming environment for all players, members, coaches, volunteers, and staff.

GENERAL INFORMATION

SCHEDULE OF SEASONS

TCIHL Hosts **TWO** seasons each year.

February SPRING REGISTRATION Check website for dates	March	April	May	June
			S1 SPRING SEASON	
SUMMER BREAK	June	July	August	
	Organized activities only	Organized activities only	Organized activities only	
September FALL REGISTRATION Check website for dates	Sept.	October	November	December
		S2-FALL SEASON		

Spring & fall seasons - 10 weeks of games + play-offs (championship weekend). Teams are drafted and remain the same for the season.

Summer break - Evening clinics, pick-up hockey, and other events are scheduled.

TCIHL BOARD OF DIRECTORS

There are numerous 'behind the scenes' tasks that keep the league functioning season after season and year after year that are the responsibility of the Board of Directors. It is the mission of the Board to provide the best experience possible for the participants while at the same time successfully running the business side of the corporation. The Board meets once monthly; however, special meetings may be called to address urgent items as they arise.

The Board consists of five to eight individuals each serving year-to-year terms. Elections are held each January to fill any vacant seats. Terms begin during the Annual General Meeting of the Members held in January after a majority vote of the current directors. The Tri-City In-Line Hockey League is a 501c3 non-profit organization and therefore is governed by a set of Bylaws. Some Board and staff members have been serving for many, many years.

If you are interested in making a difference in the lives of many and would like to become more involved with the league by coaching, serving on the Board, or helping in some other way, please contact a current Board member (listed in this handbook).

REGISTRATION

Registration for the upcoming season can be done online and takes place starting at the end of the previous season. All registration information is posted well in advance on our website at TCIHL.com.

Cost to Register

1. League Fees:

- Player fees may vary slightly from season to season based on the league's financial standings.
- TCIHL works at keeping fees as low as possible without requiring players to do fundraising.
- After each season an early-bird rate is offered to those that plan to participate in the next upcoming season. It is generally offered the month following the previous season.
- *Other player discounts (only one per player):
 - First time players
 - Full-time goalies
 - 3rd or more sibling
 - Head Coach's kids
 - Active Military
 - Deployed Military
 - Board Member kids
 - Financial hardships (partial or full scholarships)

2. Jersey Fees:

- **Jerseys are included in the league fee** (Players keep the jerseys at the end of the season)

3. AAU Inline Membership

- **\$24 per year**

- Coverage runs from Sep. 1st – Aug. 31st. Regardless of when you purchase your membership
- Registration with AAU is required to participate at TCIHL as a player, coach, or referee & must be obtained through the league prior to participating in the league.
- **Note: TCIHL will collect fees and purchase AAU insurance for you.**

- **Policy**

The AAU policy provides general liability, excess accident, and catastrophic coverage for players, coaches, and referees participating in SANCTIONED activities.

4. Special Requests

- If you have a legitimate carpooling request or practice night conflict, BE SURE to let us know in the designated space on the registration form. We will do our best to accommodate (or inform you if we cannot). Please NOTE that special requests affect the time and effort required to draft and balance teams. Please respect this privilege and please do not abuse it.
- TCIHL is not obligated to honor friend requests and strongly discourages them. However, friend requests for first time players will be considered as an incentive to join the league. Siblings in the same division are automatically placed on the same team.

PLAYER DIVISIONS

TCIHL currently has four player divisions based on age. Age brackets may be slightly altered based on sign-ups to form an even number of teams in each division.

Mites	Ages 8 & under
Squirts	Ages 10 & under
Peewees	Ages 13 & under
Bantams	Ages 17 & under



Various circumstances are considered each season that may result in assigning a player to a division either above or below their "age appropriate" division. Items for consideration may include player skill level (assessed value), siblings close in age, maturity level, size, and gender. A request to hold a player back or move them up into a higher division may come from a coach, league official, or parent. It is in the discretion of the league to recommend, accept, or deny such requests in the best interest of the player and his/her safety, and the league. Nothing requires the league to grant any request to "play up" or "play down". The Board reserves the right to revoke its' permission at any time should the player have trouble with "playing up" or whenever the player's safety is put in jeopardy because of the "play up" move.

PLAYER ASSESSMENTS

Prior to forming teams for the fall and spring seasons a mandatory player assessment clinic is held to evaluate 1) new players, 2) players that are moving up a division, 3) any player that did not play the previous season. Information is used in the team selection process.

TEAM SELECTION

TCIHL uses assessment data, season stats, and coach's input to rate the overall abilities of each player. At the season draft players with "like" abilities are balanced across teams. There are many factors other than "player's ability" that affect the strength of a team and are difficult to foresee during the team selection process. Some of these factors include team cohesiveness, practice attendance, goaltending performance, player attitude, and coaching style. Other leagues experience the same challenges which are common to the "youth sports experience".

PLAY-OFFS

TCIHL hosts play-offs at the end of each spring and fall season – all teams participate regardless of season record. The determination of “who plays-who” is determined by the number of points a team acquires during the regular season and number of teams in the division. Point totals are based on wins, losses, and ties. If two teams have the same point total at the end of the season a tie-breaking formula is used to determine placement order.

COACHES & OFFICIALS

Coaching & Officiating

All TCIHL coaches, assistants, and referees are required to adhere to the TCIHL Coaches Code of Conduct and attend the annual coaches meeting. Coaches must wear helmets while skating on the playing surface.

Background Checks

All coaches, referees, and other members of the league who work directly with the children are required to have a background check completed each year. This service is provided by AAU.

PLAYER DEVELOPMENT CLINICS & INSTRUCTION

No skills? No gear? No problem! TCIHL offers free beginners' clinics in the month prior to the start of each season where we teach beginners how to skate and play and run drills and scrimmages with the experienced kids to prepare for the season. We have loaner gear available so that any kid can try. No registration is required. See our website for dates and information.

REQUIRED INLINE HOCKEY GEAR CHECKLIST

The protective equipment listed below must be worn at all times while on the playing surface. Players will not be allowed to participate at practices or in games if they are missing equipment.

InLine Skates (InLine type i.e. Mission, CCM, Bauer, Easton, Tour, Nike)

HECC Approved Hockey Helmet with Full Face Protection

Mouthguard (must be colored)

Hockey Shin Guards

Protective Girdle (hip and rear protection)

Athletic Cup or Pelvic Supporter

Hockey Gloves

Elbow Pads

Hockey Pants (to cover all equipment)

Jersey (furnished by the league)

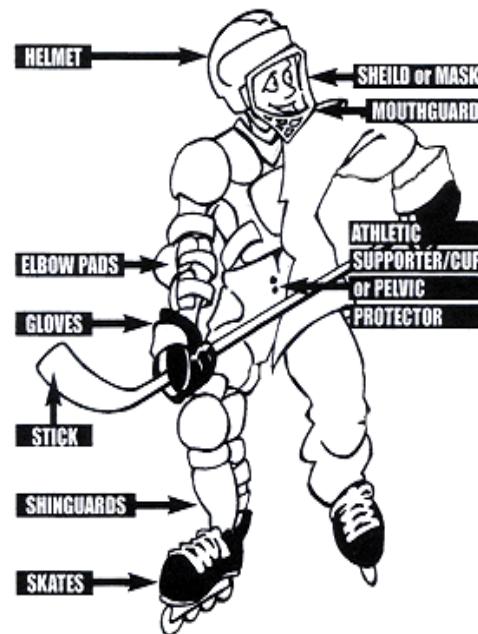
Hockey Stick (no plastic blades or black tape)

***Hockey Equipment Bag**

***Shoulder Pads/Chest Protection** (Especially recommended for girls 12+)

***Water Bottle with Players Name on it** (one with a straw is best)

* Not mandatory but highly recommended



Tips:

- 1) Do not buy equipment hoping the player will grow into it. The child will get discouraged, because equipment that is too big causes discomfort and will hinder performance. *Source: USA Hockey InLine*
- 2) Equipment may be purchased from many retailers including:
 - *HockeyTron.com*
 - *Pure Hockey (San Marcos)*
 - *Play-It-Again Sports (Mira Mesa – no hockey equipment at the Oceanside Location)*
 - *Sideline Swap (online store)*
- 3) Please identify your equipment using a Sharpie marker.
- 4) GOALTENDING equipment is provided by the league. Return after each use.

PLAYER GEAR/EQUIPMENT EXCHANGE

TCIHL has used gear available to try out the sport during our pre-season clinics. Excess gear may also be available for purchase from the league or from other members during the clinics. We accept used gear on an as needed basis. All donations are greatly appreciated, but we ask that you check with us first and please do not leave donations at the rink.

RINK MAINTENANCE & SAFETY

We request your cooperation in keeping the facility clean, safe, and presentable at all times. Please pick up after yourself (and others) and report any unsafe or suspicious conditions to a referee, coach, or Board member. If you see something, say something!

VOLUNTEER OPPORTUNITIES

TCIHL is run entirely by volunteers (except referees) and we rely on exceptional people to fill a multitude of positions within the league.

Acceptable Duties and Positions

1. Head coach or assistant
2. Team manager
3. Time/score keeper
4. Referee
5. Board member or chairperson
6. League statistician
7. Pre-season Clinic helper

GAME DELAYS & POSTPONEMENTS

Rain - excessive heat - or unsafe playing conditions are all valid reasons for delaying or calling off a game. Assume games will take place as scheduled unless you hear or find out otherwise. In some instances, games are simply delayed until playable conditions are met. If there are game delays or cancellations the website and social media will be continuously updated and the coaches informed.



Rescheduling

Not only does rescheduling affect the players, but also the referees, coaches and TCIHL volunteers. The league will try to post any make-up games at least one week in advance.

PARENT AND SPECTATOR BEHAVIOR

When You Are a Spectator

We ask your cooperation in supporting all participants through encouragement, support, and most importantly . . . your actions.

- 1) Please, NO coaching from the stands or sidelines – respect your child's coach by letting them do their job. Coaching is any instruction given to a player telling them what to do or where to go on the rink. Instead, cheer loudly and encourage the players! Way to go! Nice save goalie! Great shot!
- 2) Being a referee is not as easy at it looks . . . and like all of us they are not perfect and will make mistakes. Go easy on them.
- 3) Please show respect towards all players, coaches, parents and officials. Set an example for our children - they are watching and listening.

Inappropriate Behavior

TCIHL will not tolerate inappropriate behavior which may **result** in a team penalty, immediate ejection, suspension, or removal from the premises and/or the league.

Below are a few examples of words or actions that will constitute a violation of the Parent/Players Code of Conduct (contained in full in the next section).

- 1) Openly making derogatory remarks towards any player, coach, spectator or referee during games or any other time is unacceptable. This behavior directly affects the type of play taking place on the rink. Keep negative comments and remarks to yourself.
- 2) Making physical contact with, taunting or threatening any player, coach, official, league representative, or spectator.
- 3) Using profane and/or vulgar language or mannerisms.
- 4) Inappropriately going onto the playing surface or over to the player benches during a game.
- 5) Acts of violence, threats, or intimidation.
- 6) Drug or alcohol use or intoxication at league events.
- 7) Being involved in any activity that would warrant the summoning of law enforcement officials.

PLAYERS/PARENTS CODES OF CONDUCT

PLAYERS:

Will respect their coaches at practices and games. Talking back, inappropriate language and not following directions will not be tolerated. Players will be supportive of their teammates. Negative comments to, or about, other teammates has a detrimental effect on team performance and will not be tolerated. Violence or fighting will result in immediate and permanent dismissal from the league.

CONDUCT

1. **No swearing** or abusive language on the bench, rink, or at any team function.
2. Stick-slammaing, throwing equipment, etc. is **unacceptable behavior**.
3. Anyone who receives a **penalty** will skate directly to the box.
4. **Never argue** with an official's decision.
5. **Fighting** will not be tolerated and will result in an appearance before a Discipline Committee.
6. **Recognize** the value and importance of teamwork and **being a team player**.

ETHICS

1. I agree that I will maintain at least a **2.0 GPA** (C avg.) in school.
2. I will play **in any position** assigned to me by my coach and will do my best for my team.
3. I will treat my coach, officials, & players with **respect** at all times and expect the same from them.
4. I will **attend** every practice & game that is reasonably possible and notify my coach if I cannot attend.
5. I will expect to receive **fair and equal** amount of playing time unless being disciplined. I will respect my coach's decision to bench me.
6. I will do my best to **listen and learn** from my coaches.
7. I deserve to **have fun** during my experience and will alert coaches and/or parents if it stops being fun.
8. I **deserve** to play in an alcohol, tobacco, and **drug free** environment and expect adults to respect that wish.
9. I will not deface any property, building, or equipment on the premises. This includes staying out of unauthorized locations within the facility.

I UNDERSTAND THAT A VIOLATION OF THIS CODE OF CONDUCT OR ANY ACTION THAT IS DETRIMENTAL TO THE LEAGUE MAY BE BROUGHT TO THE LEAGUE DIRECTOR FOR ACTION AND MAY RESULT IN MY SUSPENSION OR TERMINATION FROM ANY OR ALL TCIHL ACTIVITIES.

Player name (print): _____

Player signature: _____ Date: _____

PARENTS:**CONDUCT**

- (1) Encourage your child to play by the rules. Remember, children learn best by example, so applaud the good plays by both teams. The opponents are necessary friends. Without them your child could not participate.
- (2) There shall be NO coaching from the sidelines other than by the Coach. Please respect the coach by letting them do their job.
- (3) Be kind to your child's coach. They are volunteers giving of their time to provide a recreational activity for your child. Any concerns with the coach, should be communicated in a private manner after 24 hours have passed, never during a game.
- (4) There is to be NO dissent with the referees. Please do not be critical of their efforts. Being a referee is not as easy as it looks, and like all of us they are not perfect and will make mistakes. Your children are watching you and will model your behavior.
- (5) Accept the results of each game. Encourage your child to be gracious in both victory and defeat.
- (6) You are responsible for your behavior and that of all friends and relatives accompanying you. Coaching from the sidelines, dissent with the referees, the use of profanity, derisive or threatening language directed at anyone will simply not be tolerated.
- (7) Disagreements, comments, and complaints can be directed to the TCIHL Board of Directors for resolution.

ETHICS

As the parent or guardian, I hereby consent to abide by and ensure that my child will abide by all the rules & policies established by the Tri-City In-Line Hockey League (TCIHL). Additionally, to the best of my ability, attempt to ensure that my associates who may be directly or indirectly participating in TCIHL activities will also abide by all the rules, & policies of TCIHL. I understand that I may be asked to leave the premises of a TCIHL activity and/or my child may be suspended or expelled from TCIHL if in the judgment of a TCIHL official my behavior is deemed to be:

- (1) Inconsistent with this contract and/or the goals and philosophies of the TCIHL.
- (2) Not in the best interest of the children, parents, spectators, etc, who are participating in a TCIHL activity.
- (3) Abusive or degrading and/or may cause harm or injury to people around me.

I further agree to the following,

- (1) I will NOT criticize, belittle, or question the ability or authority of any official, coach, or volunteer of the TCIHL.
- (2) I will in no way criticize, demean, belittle, mock, taunt, or attempt to communicate with any TCIHL referee before, during, or after a game or TCIHL activity. However, I may offer genuine praise and thanks for a referee's performance.
- (3) I will control my emotions at games and events. I will not yell at or criticize other players, coaches, parents, or officials.
- (4) I will not use foul language.
- (5) I will not use tobacco products, drugs or alcohol on the premises of a TCIHL activity. I will never attend a TCIHL activity under the influence.
- (6) Coach/parent relationship:
 - (A) I will not put pressure on a coach to:
 - (1) Play my child at a certain position. I will support the decision of my child's coach to play my child at any position the coach sees fit.
 - (2) Play my child more than is determined necessary by the coach. Coaches will make every effort to ensure that playing time is fair, equal, and reinforces good sportsmanship of the player.
 - (3) Alter his/her coaching style, technique, or philosophy.
 - (4) Question a referee's judgment or overall officiating ability.
 - (B) I will:
 - (1) Ensure that my child is on time for all games, practices, and team activities.
 - (2) Attempt to control any negative behavior of my child as pointed out by any of his/her coach or TCIHL official.
- (7) All grievances, problems, questions, etc. to be discussed with a TCIHL official will be carried on outside the presence of children after 24 hours have passed. I will respect a TCIHL official's right NOT to communicate with me "on the spur of the moment" about issues that may be potentially controversial, or under the circumstances, not in the immediate best interest of participants.
- (8) I understand that all TCIHL games, practices and activities function under a "Recreational Philosophy" stressing sports as FUN, healthy activity to be participated in for enjoyment and not for competitive advantage or personal achievement.
- (9) I will support the method and result of team formations within the TCIHL and understand that some teams may be "Stronger" or "weaker" than others and I recognize this circumstance as being common to the "youth sports experience" itself a preparatory subset of the "adult life experience".
- (10) Respect all traffic rules in the parking lot and adjacent streets.

Parent name (print): _____

Parent signature: _____ **Date:** _____