

# KAMLOOPS BRONCOS SAFETY PLAN COVID-19

JAN ANTONS GENERAL MANAGER Kamloops Broncos

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# Kamloops Broncos COVID-19 Safety Plan

The Kamloops Broncos are committed to aligning with the directives of the Provincial Health Office, VIA Sport, BCPFA, local government, and other relevant regulators to provide a safe environment for Athletes to take part in our football programs.

Our safety plan has been developed with consideration of BC's Restart Plan, BCPFA Guidelines For Returning to Sport, and VIASPORT Return To Sport Guidelines For BC.

The purpose of this safety plan is to identify the specific control measures that the Kamloops Broncos will take in order to mitigate the risk of virus transmission while participating in our programs.

#### COVID-19 Athlete Protocol

Reducing the risk of transmission of COVID-19 among athletes, coaches, staff, volunteers and the general public is our top priority. The following protocols will be used while participating in our football programs.

#### Screening Measures

- Team functions (including scaled back practices, workout, throw-arounds, etc) will be limited to the amount of people at each location as outlined by provincial standards and BCPFA Guidelines.
- Coaches and athletes are not permitted to attend if they are sick, even if symptoms resemble a mild cold. Symptoms to look for include: fever, cough, shortness of breath, sore throat, runny nose, nasal congestion, headache and a general feeling of being unwell.
- Coaches, staff and athletes will complete a COVID-19 questionnaire upon arriving at the facility. Any coach or athlete who does not complete the questionnaire will not be able to participate that day.
- Every coach and athlete will receive a thermal temperature check when arriving at the facility. Any coach or athlete with a temperature 38° C (100.4° F) will be asked to go home for the day.
   Temperature will be checked with a contactless thermometer (see safety gear)
- Up-to-date records will be kept and tracked on the Player Questionnaire (see below)

#### Exhibiting Signs of COVID-19

- If an athlete is flagged, that Athlete is not permitted to attend programming. Jan Antons will be in contact with the athlete and their family for follow-up.
- If an athlete is being screened at the facility and answers "yes" to one of the screening questions they will be asked to leave, and Jan Antons will be in contact with the athlete and the family for follow-up.
- If an athlete develops symptoms while at the program, the athlete should be isolated away from others and health authorities will be notified and appropriate testing will be arranged immediately.
- While caring for the athlete coaches or staff shall wear appropriate PPE.
- If a coach develops an illness while at the facility, they should immediately remove themselves from any contact with others, notify Jan Antons and go home.

#### Drop Off and Pick Up Procedures (see Facility Map)

- Designated arrival sites will be established.
- Staggered arrival and exit times will be established to ensure physical distancing.
- Athletes will only be permitted to arrive at their scheduled time. Athletes will not be permitted to be arrive early to "hang around".
- Athletes must leave immediately following their scheduled time. Athletes will not be permitted to "hang around" waiting for a ride.
- At any given time the number of athletes at the facility will not exceed the maximum recommended number of people

### **Facility Protocol**

- Athletes must line up outside the facility according to physical distancing standards laid out for each facility (see map below for hillside stadium Field 1 and 2).
- When approval is given to enter a facility, each athlete will use the sanitizing station provided to sanitize their hands.
- Athletes will head immediately to their station on the field and remain there for further instructions.
- Athletes must practice physical distancing at all times in, outside and around the facility.
- Athletes may use designated washroom.
- Athletes will not be permitted to leave any belongings overnight.
- Athletes will be responsible to take their football gear home at the end of each day and will not have access to the dressing room.
- Athletes will be required to bring their own water bottle to the facility and take it home each night to be sanitized. Sharing of water bottles is strictly prohibited.

#### **Programming**

- All programming will ensure physical distancing measures are in place.
- Program planning must ensure that participation does not violate a public health order. This includes the use of shared equipment, physical distancing, and cleaning procedures.
- Medical services will be limited to emergency services only
- No contact drills will be conducted until guidelines or clearance by health authorities have changed
- Dressing Rooms will not be used during early phases of return.
- Players will wear safety gear as outline under "Safety Gear"

#### Visitors and Volunteers

- Parents, Guardians and Visitors will not be permitted in close proximity to the stadium or field.
- When approval is provided by the Public Health Authority, the City, and physical distancing measures are in place spectators may be permitted in some areas.

Facility Maps

Facility Map Hillside Stadium (Field 1 and 2):



Facility Map Hillside Stadium (Field 3):



Legend for maps



## Player Questionnaire

\*\*\* THIS PAGE HAS BEEN LEFT BLANK ON PURPOSE \*\*\*\*

\*\*\* The questionnaire can be found on the next page \*\*\*

First Name					Λ	31		
Last Name			<del></del>	SP	ORTS & E	NTERTAINN	MENT	
Daily COVID-19 Che	ecks							
Date								
Temperature								
Cough								
Shortness of breath								
Sore throat								
Loss of taste/smell								
Chills								
Headaches								
Nausea Diarrhea								
Vomiting								
Initial Check-In or C  1. In the past 14 days, symptoms or has expended by the symptoms of the	have you bee operienced ar	en in close prox ny of the above	symptoms	since yo	ur contac	eriencing		
<ul><li>3. Have you been test</li><li>☐ YES ☐</li><li>4. Have you have test</li></ul>	NO					ve for CO	VID-19 ba	ased on your
health care provide	r's assessmer NO	nt or your symp	toms?					
5. Is there any reason complications from					_		_	
□ YES □	NO							

### City of Kamloops Approval

From: <a href="mailto:lstride@kamloops.ca">lstride@kamloops.ca</a>
Sent: Tuesday, June 23, 2020 12:46 PM
To: Jan Antons
Cc:
Subject: Re: Kamloops Broncos Return to sport

Hi Jan,
Thank you for submitting your safety plan. You are good to go to book space with Lorena who is cc'd in this email.

Have fun returning to play!
Linda

Linda Stride
Recreation, Health and Wellness Supervisor Community and Protective Services CITY OF KAMLOOPS

Ph:

www.kamloops.ca

### Safety Gear

### Coaches and staff

All coaches and staff will wear CAP Shield Safety shields as shown in Figure 1 or regular safety shields show in Figure 2 when not wearing ball caps (a combination of safety glasses and masks may also be worn)

Figure 1



Figure 2



#### **Players**

- All players will wear upper and lower splash guards as shown in Figure 3
- All players will wear gloves

Figure 3



#### **Contactless Thermometer**

Players temperature will be measured using a JUMPER Contactless Thermometer as shown below.



### **Document Creation**

This document was created by Jan Antons, General Manager of the Kamloops Broncos. Please do not hesitate to contact me if there are any questions.

Jan Antons				
Email:				
Cell:				