

UTAH HIGH SCHOOL HOCKEY BOARD

MEETING MINUTES MAY 10, 2016

SOUTH DAVIS REC. CENTER BOUNTIFUL, UT

ATTENDING in person or conference call: Shannon Woodhall, Eric Allen, Ryan Larsen, Jason Sims, Chris Wendt, Richard Linton, Dana Combs, Jeff Elwell, Mike Maero, Jason Hall, Alisha Hill, Kerry Fain, Brian Blum, Michael Williams, and James Soderborg

PROXY: None

ABSENT: Jennie Jenson, Bill Causse, Chris Lilley, Jared Rutter, Connie Tilk, Matt Prucka, Ally Brickley, Adam Peters, and Bryan Boam

ALSO PRESENT in person or on conference call: Aharon Shulimson -XLNTBrain, Wayne Woodhall, Wes Prime, and Taylor Becraft -Select Team and Anna Erickson-Bountiful

Meeting called to order at 7:00pm by Shannon Woodhall. Chris W. made a motion to approve minutes from 4-16 meeting, James seconded. Approved by all, motion passes.

New Trustees: None

Grizzlies: Not in attendance

WIHOA: Not in attendance

Concussion Testing: Aharon Shulimson introduced us to the XLNTBrain concussion management program. This is a free program that provides preseason testing and follow-up testing within an easy to use app. This can be included with our registration process or teams can do this individually. The preseason testing takes about 30 minutes. He suggested that each team have a concussion coordinator who can monitor players as needed. His information is included at the end of the minutes.

America's Showcase: Shannon and Wayne Woodhall along with Wes Prime and Taylor Becraft reported their feelings and observation of the tournament in Pittsburg. The players suggested that more games and practices need to happen so that the team can get more comfortable playing together. Also, they would like to have seen more support from the High School teams. Wayne reported that all of the players were contacted by scouts from teams. Shannon suggested that we need to make this team more competitive by having tryouts earlier in the year and having they players participate in tournaments throughout the season. The select team would then become like more of a HS travel team. Chris W suggested that we include travel players that could commit the time to the HS team. Also this would be a chance to include the better HS players who might not have the means to participate on travel teams, but do that the talent. A showcase committee was added.

UHSB Board Member Votes: Rachel Fiefer has withdrawn her proposal for Treasurer. Brian made a motion that we resend the RFP for the Treasurer position, Chris W seconded. Approved by all, motion passes. The RFP will be sent to all trustees so they can forward to any interested parties.

A request was also made that we send out an RFP for a new CPA to do our taxes and 1099's.

The ballots for the other positions were passed out and all votes were counted. All positions were reelected. Shannon Woodhall as President. Chris W and Connie Tilk as Vice Presidents, and Dana Combs as Secretary.

June Meeting: Shannon made the motion that we move the June meeting to June 7th, Jeff seconded this motion. All approved, motion passes. **The June meeting will be on June 7th.**

A motion was made to remove from the P&P's section 27.2 A, 2 to be consistent with the change made to the P&P's in the April meeting. "The State Champion of Division II will be required to go to Division I the following season regardless of their upcoming team's composition" Due to the waiting period included in the updated P&P's this will not be finalized until the June meeting.

Committee Reports:

UAHA: Jason warned us not to believe rumors, wait for official word from UAHA on areas that they oversee. UAHA is working with all organizations to try not to overlap important dates. Rocky Mountain District camp went well and Utah players performed well. All current board members were reelected. USA Hockey Annual Congress is coming up. This is a rule change year. Any rule changes made will be implemented in the 2017-18 season.

Finance/Treasurer: Shannon reviewed the monthly information. County overcharged UHSH for ice this season and will provide a credit for next season. Shannon reviewed the budget YTD. We discussed the need to determine a reserve amount that we need to keep in the bank so that we can reinvest the rest into UHSH. We discussed the price difference for more games, or longer games in JV and more games in Varsity, the main concern being can we get the ice. Shannon said the Cami is confident she can get more ice. Mike made the motion that we increase the game time for Varsity to 16 minute periods to better utilize the current ice slots, Jason seconded the motion. Due to the waiting period included in the updated P&P's will not be finalized until the June meeting.

Schedule: As a board, we have provided Cami with a list of league wide blackout dates. Each team can request four additional dates. Each date counts as a day, weekend will count as two dates. The list provided to Cami is included at the end of these minutes.

The idea was discussed again that JV teams be able to combine. The ability for JV teams to combine during the regular season would be a positive for the most part. Any teams that wanted to combine, would need to be reviewed and approved by the board. Brian made a motion that we discuss this in July before we declare teams.

Goalie Clinics/Camps: Chris W will be having the goalie camp again this summer. Dates are pending. He would also like to continue the monthly clinics.

Items from the floor: Jason S. USA Hockey is going to add a goalie coordinator in each area. He also suggested that if we are bringing vendors in to present at our meetings, we should do that in June or July.

Brian B asked about how to include a young man with Downs Syndrome. He can have him register with USA Hockey as volunteer and then can be on the bench or in the penalty box.

Jason H. can get practice shooting mats for \$75, he will email information.

Motion to adjourn at 9:32.

UTAH HIGH SCHOOL HOCKEY

TRUSTEES MEETING

DATE 5-10-16

[illegible]

UTAH HIGH SCHOOL HOCKEY ROLL SHEET

DATE 5-10-16

[illegible]

CONCUSSIONS HAPPEN!

I am a neuropsychologist with over thirty years of experience evaluating and treating people with concussions and traumatic brain injury. My goal is to get an athlete back in the game quickly and safely, using the most current neuroscience-based treatment methods.

As part of my neuropsychology practice, I am offering the XLNTBrain concussion management program *FREE OF CHARGE*. This is what XLNTBrain will do for you:

- Preseason cognitive testing and concussion education
- Cognitive testing at the time of injury, using the XLNTBrain application on your smart phone or tablet. The app compares an athlete's post-injury test scores to his or her preseason scores
- Daily monitoring of the athlete's recovery
- The XLNTBrain app guides the athlete through a five-step progressive exertion protocol
- An email is automatically sent to you every time an athlete uses the app

If an athlete does not recover as quickly as expected, I will invite him or her to have further testing in my office. I then design a personalized treatment program to meet the athlete's specific needs. This testing and treatment is typically covered by health insurance.

To learn more about XLNTBrain go to www.sportpsychutah.com or call me at 801-671-4048.

Aharon D. Shulimson, Ph.D., M.S.C.P.
Licensed Psychologist

UHS 2016-2017 SCHEDULE

LEAGUE START DATES

Practices start – 9/6
JV games start - 9/14
Varsity games start – 9/28

PROPOSED LEAGUE BLACKOUT DATES

Halloween – Mon 10/31
Thanksgiving – 11/23- 11/27
Christmas – 12/22- 1/3
MLK – 1/14-1/16
President's – 2/16-2/20

WEA?

Each team can submit a maximum of 4 blackout dates separate from league blackout dates

PROPOSED ALL-STARS/SKILLS COMPETITION DATES

Division I/Division II games - Wed 1/4/2017
Skills Competition - Friday 1/6/2017
Final All-Star game – Saturday 1/7/2017

Week of 1/9 regular season varsity and JV games resume

PLAYOFF DATES

Playoffs proposed to start on 2/6 and be completed on 2/15
