



Summer Season 2026

All rules from the AT&T Metroplex High School Hockey League are enforced during the Summer with the following exceptions/additions/changes:

- No Pass-No Play is NOT Enforced
- Top 4 teams in each division participate in the playoffs
- Clubs with two Varsity or two JV teams must put one in the Upper Division and one in the Lower Division.
- Your top team must freeze 50% of the roster, and those players may only play for the top team.
- **5-UP Rule** Players may be double-rostered "UP" to the next higher team in your club and may play up a maximum of 4, Summer league games. If a player plays a 5th game "UP" they will move permanently to the upper team for the remainder of the season and not eligible to play on the lower team any longer. Exceptions will be made for goalies on an emergency basis.
- Players may be on a maximum of 2 rosters in your club. Exceptions will be made for goalies on an emergency basis.
- Players who played Varsity, (10 games or more), in the previous 25-26 Fall/Winter season may not play JV this summer. (Exceptions may be made for goalies and clubs on a case-by-case basis)
- JV players must be incoming 7th -10th grade only (minimum 2013 birth year) Exceptions will be made for goalies to play up or down on a case-by-case basis. All players must be at least a 2013 birth year or older & entering 7th grade in the fall of 2026.
- Varsity players must be incoming 9th-12th grade only. No incoming 7th or 8th graders may play Varsity.
- 2026 graduates and/or Seniors from 25-26 are NOT permitted to participate.
- Players who have played DI or DII Junior Hockey in 25-26 are not permitted to participate.
- 12/13 Division is limited to JV players born in 2012 & 2013. The Division is designed for first year players or limited skill second year players who have limited or no body contact experience.
- Players may only play on one team in the summer playoffs and must play 5 of the 10 regular season games to be playoff eligible. (Special accommodation will be made for goalies on a case-by-case basis)
- Players may be added/changed/deleted up until a team's 5th game of the season. After 5 games rosters will be frozen. (Special accommodation will be made for goalies on a case-by-case basis)
- Players wishing to play High School Hockey and reside in an ISD that is not affiliated with a team must contact the league for placement. Clubs may not register/roster players that are not part of their attendance area. If you're not sure where to play, contact kandresen@dallasstars.com

Game Format-All Divisions

- All games will play 13-minute periods and tied games at the end of regulation will be decided by a 3-man shootout. If tied after 3- shooters then each round becomes sudden-death with both teams attempting a shot in each round.
- Teams must turn in a line-up card to the scorekeeper prior to each game indicating the players participating in that game. Line up cards can be printed from the league web site.
- Each team will be allowed one, 1-minute timeout per game.