



OKANAGAN SUN 2026 SPRING CAMP

Overall Schedule:

Thursday, May 14 (For Signed Okanagan Sun players)

- 2:00pm: Apple Bowl Opens
- 3:00pm: Registration Opens (Front of Locker Room)
- 4:00pm: Signing Event for Signed OKSUN players
- 6:00pm: Practice #1 (Helmets)
- 8:00pm: Practice Ends

Friday, May 15

- 2:00pm: Apple Bowl Opens
- 3:00pm: Registration Opens (Front of Locker Room)
- 5:00pm: Team Meeting in Apple Bowl Stands
- 6:00pm: Practice #1 (Full Pads)
- 8:00pm: Practice Ends

Saturday, May 16

- 7:30am: Apple Bowl Opens
- 8:00am: Taping Begins
- 9:15am: Team Meeting in Apple Bowl Stands
- 10:00am: Practice #2 (Full Pads)
- 12:00pm: Lunch Break
- 2:00pm: Practice #3 (Uppers)
- 4:00pm: End of Practice

Sunday, May 17

- 7:30am: Apple Bowl Opens
- 8:00am: Taping Begins
- 9:15am: Team Meeting in Apple Bowl Stands
- 10:00am: Practice #4 (Helmets)
- 11:15am: Break
- 1:00pm: Scrimmage (Full Pads)
- 4:00pm: End of Spring Camp
- 4:30pm: Team BBQ (Players/Coaches Only)