



THL Roster Rules

(These Rules are incorporated into the THL Policies, Game Rules, and Procedures by reference therein)

Updated September 2025

All Players and Team Officials must be USA Hockey (USAH) registered each season at the appropriate level.

Association Registrars

Association Registrars are responsible for submitting **1-T's and Supplementals** to the appropriate USAH Texas Associate Registrar (Mark Servaes for DFW & Oklahoma Associations or Tanya Brewer for Out of Metro Associations) for USAH approval. **Once USAH has granted the approval, it is the responsibility of the association registrar to submit the approved 1-T via link with details of what is being submitted to the Texas Hockey League Registrar (Stephan Spencer) for league approval.** Roster will be stamped by the THL registrar and returned to the association registrar once approved. It is then the **responsibility of the association registrar to forward a copy of the league-approved roster to the respective team manager for their records as the current league roster.** In addition, Association registrars are responsible for verifying that all his/her Member Association Coaches' credentials and certifications are valid. Any and all **updates to players, coaches, team managers, or volunteers throughout the season** must be updated on the official 1-T and provided **to the THL registrar to adjust the league roster.**

League Rosters

- A Player may only be rostered on one (1) League team at any time (as outlined in the THL Policies, Games, Rules, and Procedures) except for League-approved emergency goalie situations.
- All players must be rostered in their respective age divisions. 8U players on 8U teams, 12U players on 12U teams, 14U players on 14U teams, 16U players on 16U teams and 18U players on 18U teams. Any exception must be THL board-approved.

- The League must approve the use of emergency goalies before they can play in any League game.
- As of December 31st of each calendar year, League rosters are frozen and final with the following exceptions:
 - In the event of a season-ending event to a goalie, provided, however, that the team has only one (1) goalie.
 - Team Official additions will be permitted at any time during the regular season play with League and USAH approval.
- Team Official alterations and emergency goalie situations will be reviewed and approved by the League on a case-by-case basis.
- **League rosters may not deviate from and must match USAH 1-Ts and USAH Supplementals-unless a player or coach is not approved at the league level.** Documentation will be provided to the Association from the League as to the player/coach who is not LEAGUE-approved.

League Roster Changes

- The only person from any Member Association authorized to request roster changes is the **Association Registrar**.
- All League roster changes/requests are to be made by the **Association Registrar to the League Registrar**.
- Allow up to **seventy-two (72) hours** for a player move/change to become effective in Hockey Shift. Normally, it does not take that amount of time, but it is possible. Basically, for a change to be considered for weekend play, all needed documentation and a approved copy of 1-T must be to the league registration by **Thursday** of that week. No changes will be made on game day, except for emergency goalie issues (as per league rules).
- **Players that are added to the 1-T Roster are not automatically added to the League (THL) roster.**
- **It is the responsibility of the Association Registrar to provide copies of all signed 1-T's and Supplementals to the League Registrar as roster changes transpire.**

Responsibilities of the Association Registrar for Roster Changes

Send an email (**written**) request to the **League Registrar**, including the following:

- Name of the team EXACTLY as it is shown in Hockey Shift
- Name of the Player or Team Official involved.
- Release/Transfer documents (if applicable) as designated herein.
- **Designation of jersey number and date of birth for any added player.**
- **Player status with regard to skater or goalie.**
- The USAH-approved (received from USAH Associate Registrar) 1-T or Supplemental roster.

It is the **responsibility of the Association Registrar** to see that the **League Registrar gets copies of all documents for the League change to be considered and made effective.**

All above items must be submitted to, validated by, AND approved by the League Registrar in accordance with herein-established requirements before the League roster is changed. Once approved by the league registrar, the 1-T will be stamped, dated, and returned to the association registrar by email. It is then the **responsibility of the association registrar to confirm/verify the changes that were made and to send the league-approved 1-T to the appropriate team manager for their team book**. This is proof that the player(s)/coach(es) listed is approved for league play. 1-T's/changes are not approved by the league until a LEAGUE stamped 1-T has been returned to the association registrar showing the league approval date. Hockey Shift will be updated with the respective changes at this time by the League Registrar.

Player Release/Transfer

Players may not transfer from one organization to another organization without a written Release from the organization the Player is leaving. Players will not be considered legally rostered on the new team's League roster until the following has transpired.

- Player is released by the original team.
- Player is added to the new team via USAH 1-T Supplemental (**Note: adding a Player to your USAH 1-T does NOT automatically add them to the THL roster. This is a separate transaction and must be done through the League Registrar.**)
- Player is deleted from the original team's League roster.
- Player is added to the new team's League roster.

Add/Drops

Adds -No Player may be added to Hockey Shift at game time or by an Association Hockey Shift Point of Contact; ONLY the League Registrar or League Statistician may add players to League Rosters in Hockey Shift in accordance with league rules. The only exception would be approval given by an Executive Board Member. Hockey Shift information will be the final determination of where a player is eligible to compete in a particular game based on an approved roster change being in place with USAH. The addition of Player(s) at game time or by an Association Hockey Shift Point of Contact will result in further action by the League.

Drops – A detailed email (including reason for removal) should be sent to the League Registrar when a player or team official is removed from the team. A USAH supplemental roster should be attached showing that said player or coach has been dropped from the official 1-T roster.

Team Managers should submit their changes to their Association Registrar, who will request roster changes and send proper documentation to the League Registrar. Approved changes will be returned to the association registrar, who MUST send the league-approved 1-T to the appropriate team manager. This is proof that the player(s)/coach(es) listed are approved for league play. 1-T's/changes are not approved by the league until a "League-stamped 1-T" has been returned to the association registrar.

Minimum Roster

At any time a roster drops below the established Player or coach minimum, the League will review the roster and may result in further action by the League.

10U – Ten (10) skaters and one (1) goalie

12U – Eleven (11) skaters and one (1) goalie

14U – Fourteen (14) skaters and one (1) goalie

16U – Fifteen (15) skaters and one (1) goalie

18U – Fifteen (15) skaters and one (1) goalie

Coaches – minimum of three (3) certified coaches on a roster, with a maximum of five (5) on a roster. The maximum number of coaches on the bench during a game is 4, as set forth by USA Hockey rules.

Other

All other League rules apply as outlined in the **THL Policies, Game Rules and Procedures**.