



SUNDAY, 29 JANUARY 2023 ISSUE #17

Lady Grizz Try Hockey for Free

Saturday, February 18, 2023 10:30am - 11:30am Salt Lake City Sports Complex

(645 South Guardsman Way, Salt Lake City, UT 84108)

The Utah Lady Grizzlies are hosting a Girls Try Hockey for Free event at the Salt Lake City Sports Complex. This special Try Hockey for Free Day offers girls the chance to learn to play the game of hockey for free. It is designed for ages 4-14 with little or no skating or hockey experience.

Sessions are limited to 50 participants.

Session will include:

- Introductory on-ice lesson with professional instruction
- Free rental skates and limited loaner equipment (Please try and borrow gear from a friend or email us)
- Utah Lady Grizzlies coaches and players on hand for instruction

Register through USA Hockey at https://tryhockeyforfree.com/event_detail/1700

Contact Steve Picano spicano@slco.org or Shannon Bennett elevatedpowerskating@gmail.com with questions.

PICTURE MAKE-UP DAY THIS WEDNESDAY

If your player was not able to make it to Picture Day, there is a make up day for individual photos on

1 February at 5:45pm

Player must be dressed and ready for photos at 5:45; the photographers will pack up soon after that time. Please <u>email me</u> if your player is planning to come to this make up day.

**10U Travel Team/Individual photos will begin at 5:30.

mylifetouch.com
Picture Day ID: EVTM6TFKN



Proofs of your player's photos should arrive in about 2 weeks; they will arrive at the Peaks and I will distribute them to each team.

January is over this week, and we only have one more full month of season games and practices before end-of-the-year tournaments. Let's work hard, play hard, have fun, and...

"Let's do that hockey!"



The 12U

Travel team

is off to



Las Vegas for a weekend of friendlies

THIS WEEK'S ACHIEVEMENTS

Hat Trick - 3 goals in one game Playmaker - 3 assists in one game Zero Club - Goaltender Shutout







Braxton Jones Thomas Hickman

Brody Chipman

Mason Beauregard

Gavin Jones Finn Gallacher

PRACTICE Schedule

Link to Practice Schedule

| Monday, Jan 30 | | | | | | |
|------------------|------------------|---------|------------|--|--|--|
| 10U Travel | | 4:30 PM | South Rink | | | |
| 10U D1 | | 4:30 PM | North Rink | | | |
| 12U Travel | | 5:30 PM | South Rink | | | |
| Tuesday, Jan 31 | | | | | | |
| 6U | 8U | 4:15 PM | North Rink | | | |
| 10U D2 Parent | 10U D2 Bailey | 5:30 PM | North Rink | | | |
| Wednesday, Feb 1 | | | | | | |
| 12U D2 Draudt | 12U D2 Gallacher | 4:15 PM | North Rink | | | |
| 12U D1 | | 4:30 PM | South Rink | | | |
| 10U Travel | Picture Make Up | 5:30 PM | North Rink | | | |
| 12U Travel | | 5:45 PM | South Rink | | | |
| 14U D2 | | 7:00 PM | North Rink | | | |
| 14U D1 | | 8:15 PM | North Rink | | | |
| Thursday, Feb 2 | | | | | | |
| 6U | 8U | 4:15 PM | North Rink | | | |
| 10U D1 Parent | 10U D2 Bailey | 5:30 PM | North Rink | | | |
| Friday, Feb 3 | | | | | | |
| 12U D1 | 10U D1 | 4:30 PM | North Rink | | | |
| 12U D2 Draudt | 12U D2 Gallacher | 5:30 PM | South Rink | | | |
| 14U D1 | 14U D2 | 5:45 PM | North Rink | | | |

Public Skate Schedule

GENERAL (3-59) \$6 **SENIOR (60+) \$5** TODDLER (0-3) FREE Public Skate Rules

SKATE RENTAL \$4 WALKER RENTAL \$5 **Public Skate** Calendar

| Monday, Jan 30 | | | | | |
|------------------|------------------|------------|--|--|--|
| Public Skate | 11:30 - 1:30PM | South Rink | | | |
| Public Skate | 7:00 - 9:00 PM | South Rink | | | |
| Tuesday, Jan 31 | | | | | |
| Adult Skate | 11:00 - 12:00 PM | South Rink | | | |
| Public Skate | 7:00 - 9:00 PM | South Rink | | | |
| Wednesday, Feb 1 | | | | | |
| Public Skate | 11:30 - 1:30 PM | South Rink | | | |
| Public Skate | 7:00 - 9:00 PM | South Rink | | | |
| Thursday, Feb 2 | | | | | |
| Public Skate | 7:00 - 9:00 PM | South Rink | | | |
| Friday, Feb 3 | | | | | |
| Public Skate | 11:30 - 1:30 PM | South Rink | | | |
| Public Skate | 7:00 - 9:00 PM | South Rink | | | |
| Saturday, Feb 4 | | | | | |
| Public Skate | 2:30 - 4:30 PM | South Rink | | | |
| Public Skate | 7:00 - 9:00 PM | South Rink | | | |

GAME Schedule

Link to Game Schedule

| Saturday, February 4 | | | | | |
|-------------------------------|---------------------------|----------------------------------|----------|--|--|
| Provo Predators 10U D1 | VS Logan Jr Aggies 10U D1 | | 7:00 AM | | |
| Peaks Ice Arena - North Rink | | | | | |
| DC Wind 12U D2 Red | VS | Provo Predators 12U D2 Gallacher | 8:00 AM | | |
| South | Davi: | s Recreation Center | | | |
| Provo Predators 12U D2 Draudt | VS | SL Lightning 12U D2 | 8:20 AM | | |
| Peaks Ice Arena - North Rink | | | | | |
| Provo Predators 10U D1 | VS | Logan Jr Aggies 10U D1 | 9:40 AM | | |
| Peaks Ice Arena - North Rink | | | | | |
| Provo Predators 14U D2 | VS | Ogden Jr Mustangs 14U D2 | 11:00 AM | | |
| Peaks Ice Arena - North Rink | | | | | |
| DC Wind 12U D2 Blue | VS | Provo Predators 12U D2 Gallacher | 11:00 AM | | |
| South Davis Recreation Center | | | | | |
| Provo Predators 12U D1 | VS | Oval Dawgs 12U D1 Columbia | 12:20 PM | | |
| Peaks Ice Arena - North Rink | | | | | |
| Provo Predators 10U D2 Parent | VS | DC Wind 10U D2 Blue | 1:15 PM | | |
| Peaks Ice Arena - South Rink | | | | | |
| Provo Predators 14U D1 | VS | Oval Dawgs 14U D1 Black | 1:40 PM | | |
| Peaks Ice Arena - North Rink | | | | | |
| | | | | | |

Last Week's FINAL Scores

| Park City 12U Travel | 5 - 1 | Provo Predators 12U Travel | |
|----------------------------------|--------|----------------------------------|--|
| Park City 12U D2 | 3 - 2 | Provo Predators 12U D2 Gallacher | |
| Provo Predators 10U Travel | 3 - 3 | SL Lightning 12U D1 | |
| Provo Predators 14U D2 | 1 - 3 | Logan Jr Aggies 14U D2 | |
| Logan Jr Aggies 10U D2 | 2 - 1 | Provo Predators 10U D2 Bailey | |
| Provo Predators 14U D1 | 12 - 0 | DC Wind 14U D2 Blue | |
| Provo Predators 14U D2 | 2 - 7 | Logan Jr Aggies 14U D2 | |
| Logan Jr Aggies 10U D2 | 1-6 | Provo Predators 10U D2 Bailey | |
| SL Lightning 10U D1 | 10 - 3 | Provo Predators 10U D1 | |
| Provo Predators 12U D2 Draudt | 2 - 1 | Logan Jr Aggies 12U D2 | |
| Provo Predators 12U D1 | 1 - 3 | Park City 12U D1 | |
| Provo Predators 12U D2 Draudt | 2 - 9 | Ogden Jr Mustangs 12U D2 Red | |
| Provo Predators 12U D2 Gallacher | 4 - 0 | Logan Jr Aggies 12U D2 | |
| Provo Predators 10U D1 | 3 - 4 | SL Lightning 10U D1 | |

YOUTH STICKTIME Schedule

What is Youth Sticktime? Reserve a Youth Sticktime timeslot \$6/session **Sticktime Calendar**

| Monday | 3:00 - 4:00 PM | North Rink |
|-----------|----------------|------------|
| Wednesday | 3:00 - 4:00 PM | North Rink |
| Friday | 3:00 - 4:00 PM | North Rink |











