



2019-2020 Progressive Suspensions for Misconducts and Team Penalty Minutes.

We have revised the suspensions for players and coaches receiving multiple Misconduct penalties during the season. These penalties/suspensions go into effect beginning with regular season games. The league reserves the right to suspend any player during leveling for unsportsmanlike conduct or reckless play.

Game Misconducts for Abuse of an Official.

- 1st offense 2 games
- 2nd offense 3 additional games
- 3rd offense done for the season

10-minute Misconduct/Game Misconducts (includes unsportsmanlike conduct, abuse of an official or any 2+10 penalty)

- 1st offense as per USAH rules-no additional suspension
- 2nd offense no additional suspension (automatic 1-game suspension by USAH if the second misconduct takes place in the same game)
- 3rd offense 1-game suspension
- 4th offense 2-game suspension
- 5th offense suspended until a 410 hearing

- The cumulative total is by team not by club. A player who receives a 10 Minute Misconduct on JV and one on Varsity is considered to have one on each team not 2 total.
- A player receiving a suspension for a penalty received during a Varsity game must serve the suspension in the next game of "that team". If the player is double rostered on another team within that high school club the player may not play on the other team until the penalty is served. Example-A double rostered player receives a Game Misconduct in a Varsity game on Thursday and there is a JV game on Sunday. They player must serve the suspension in the next Varsity game but is also prohibited from playing in the JV game until the suspension is served.
- As is the case with all suspensions, except those received for a MATCH PENALTY, suspensions must be served in games of the team the player was playing for when the penalty was assessed. Suspensions do not transcend teams or leagues except for MATCH PENALTIES. In other words, suspensions received in high school games do not affect travel or house league games. The same is true in reverse. Again, the only exception is a MATCH PENALTY. A player receiving a MATCH PENALTY is immediately suspended from all team activities on all USAH registered teams, including High School, Travel & House.

Team Penalty Minute Thresholds

- Once a team reaches 200 total penalty minutes for the season, the Head Coach for that team will be suspended for 1 game.
 - 250 penalty minutes, 2 games
 - 300 penalty minutes suspended pending a hearing with league representatives.
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- ***The league reserves the right to review TEAMS, PLAYERS and COACHES with excessive PIMS on a case by case basis and assess additional suspensions.***